

# GlobalHealth

ASIA-PACIFIC

## GLOBALHEALTH ASIA-PACIFIC HEALTHCARE & HOSPITAL AWARDS 2023



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### Sunfert @ Ipoh

No. 2-35 & 2-36, Festival Walk@Ipoh,  
Jalan Medan Ipoh 1, Medan Ipoh Bistari,  
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☎ +603 7622 8633  
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### Sunfert @ Seremban

525, Jalan Haruan 4/6,  
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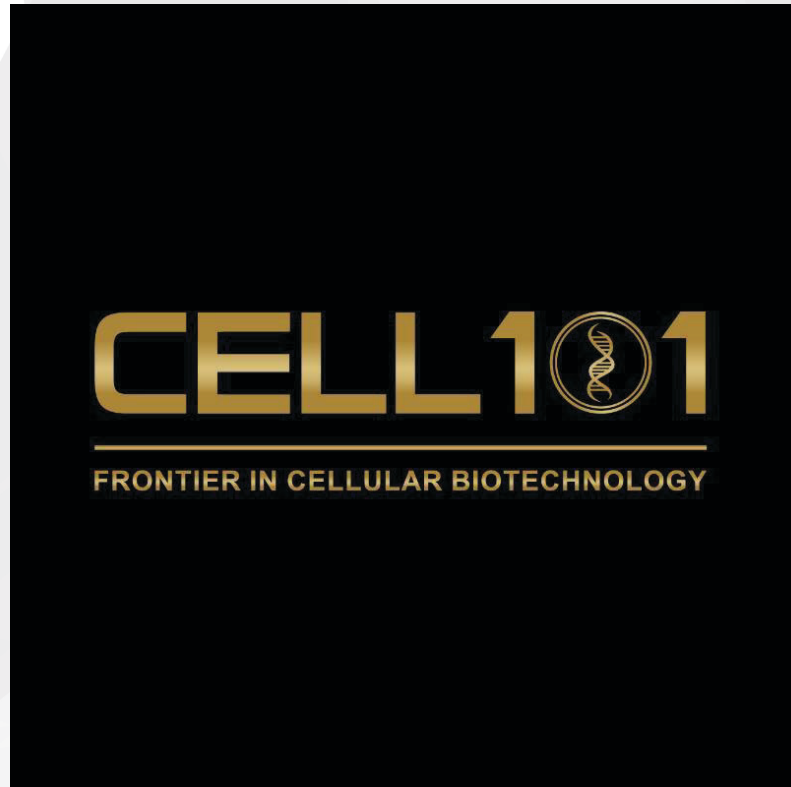
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✉ seremban@sunfert.com

### Sunfert @ Kuching

Level 1, Lot 39 & 40, Block A2,  
Saradise Kuching, Off Jalan Stutong,  
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### Clinic Accreditation

With specialist clinics taking on an increasingly critical role in the patient journey, the accreditation serves as a tool to help clinics communicate their commitment to care excellence.



### The Centre of Excellence

Accreditation is a global first-to-market initiative allowing GHQIA members to undertake accreditation in areas of clinical expertise.



## Founders

Narender Panjwani & Thomas Masterson

## Publisher & Managing Director

Narender Panjwani narender@ghapac.com

## Chief Executive Officer and President

Varun Panjwani varun@ghapac.com

## Editor

Gabriele Bettinazzi gabriele@ghapac.com

## Editorial Director (Aesthetics),

Branding and Communication Manager

Drishti Panjwani drishti@ghapac.com

## General Manager, Asia-Pacific

SK WONG sk@ghapac.com

## Operations Manager

Zye Ramli zyeramli@ghapac.com

## Business Development & Account Manager

Rhainna Natasha rhainna@ghapac.com

## Digital Marketing Manager

Karin Sandhu karin@ghapac.com

## Design

Noel de Guzman/Artmazing!

## Creative / Production Director

Harivarmaa Perumal (Hust) hust@ghapac.com

## Thailand Office

Pakapuree Samart fin@ghapac.com

Orathai Rupporm orathai@ghapac.com

Pitchayada Kullamart kate@ghapac.com

## Canada Office

Anjika Sabhani anjika@ghapac.com

## Kishor Sabhani

kishor@ghapac.com

900 Rice Road, Edmonton T6R 1A2, Alberta

Canada, Tel. 1-780-4999011

## Dubai Office

Anil Dadlani Anil@leouae.com

2207 Regal Tower, Business Bay, PO BOX 126161,

Dubai, UAE Tel. 97150-2149000

## Malaysia Office

GHT Malaysia Sdn Bhd

Level 18, WeWork, Plaza Equatorial,

Jalan Sultan Ismail, 50250 Kuala Lumpur

## Singapore Office Narender Panjwani

Narender@ghapac.com

15 Scotts Road, #04-08

Thong Teck Building (15 Scotts),

Room No. 12, Singapore 228218

## Cambodia Office

Pin Netra pin.netra@asiahealthnetwork.com

144 & 116, St. C01, PhengHouth The Star Diamond

Hun Sen Blv, Sangkat Chak Angrae Kraom,

Kh mean Chey, Phnom Penh, 120602 Cambodia

Tel. 023 424 518-19 012 55 20 02

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## LETTER FROM THE EDITOR

In this issue, we cover the annual conference organised by Global Health Asia-Pacific and the 2023 GlobalHealth Asia-Pacific Healthcare & Hospital Awards.

The conference revolved around promising innovations that could significantly improve clinical care such as artificial intelligence (AI) and liquid biopsy.

Dr Ravi Shrestha, General Manager and Senior Director of Global Healthcare IT at Canon Medical System

Corporation, explained how AI is shaping the future of the healthcare.

Indeed, the technology has already proved it can outperform physicians in diagnosing several conditions thanks to its superior ability to analyse imaging test results. In addition, AI could also play a key role in drug discovery by processing massive amounts of data.

Dr Brian Supawut Kunakom, a naturopathic consultant at Esperance Integrative Cancer Clinic in Thailand, touted the benefits of innovative blood tests to detect several types of cancer early. A technique called liquid biopsy, it promises to speed up cancer diagnosis by providing a simple and minimally invasive way to detect cancer cells in the bloodstream.

The gala night saw some of the top hospitals in the Asia-Pacific region receive awards for the quality of their services in a wide range of categories, from oncology and cardiology to fertility and ophthalmology.

Mount Elizabeth Hospital and Subang Jaya Medical Centre were crowned as Hospital of the Year in Asia-Pacific and Standout Jury Award - Hospital of the Year in Asia-Pacific for their comprehensive medical services.

A special mention goes to the Thomas Masterson Healthcare Pioneer of the Year in Asia-Pacific, which was awarded to Dr Jacob Thomas for his significant contribution to the development of the healthcare in Malaysia. The new award honours the memory of Thomas Masterson, the late founder of Global Health Asia-Pacific magazine, whose vision helped us get that far. Thank you Tom!

Gabriele Bettinazzi

Editor

gabriele@ghapac.com



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15 Scotts Road, #04-08

Thong Teck Building (15 Scotts), Room No. 12,

Singapore 228218

For circulation enquiries please contact

narender@ghapac.com

or call +65 8126 2615

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# Stretta

The New Paradigm in Gastroesophageal Reflux Disease

## GERD TREATMENT

Reflux is very common and occur when stomach content back up or regurgitate, into the esophagus.

### SYMPTOMS

- Bloating
- Chest pain
- Excessive salivation
- Gassy
- Heartburn
- Regurgitation
- Sensitive to some foods and liquids
- Trouble sleeping

### TREATMENTS

However, if you experience severe reflux symptoms that cannot be resolved with medication, there is an **alternative** treatment.

1. Endoscopy treatment
2. Lifestyle intervention
3. Medication
4. Surgery

ENDOSCOPIC  
APPROACH

Stretta



**Dr Prabhjot Singh Sidhu**  
Consultant Gastroenterologist,  
Hepatologist and Physician



**Dr Loong Yik Yee**  
Consultant Physician  
and Gastroenterologist

### OUTCOME & RESULTS

The new Meta-Analysis of 28 Studies Shows Stretta® Therapy for GERD. Consistently and Significantly Improves Outcomes, with the following results:

- Significant improvement in health-related quality of life.
- Significant reduction in heartburn symptoms.
- Overall, 55-83% patients have reported reduced in PPI usage.
- The majority of patients off PPIs.
- The rate of PPI use was lower in patients who underwent radio frequency treatment compared with rate of pre-procedure PPI use (49 vs 97%).
- Significant healing of erosive esophagitis.
- Significant reduction in esophageal acid exposure.
- Low adverse event rate of <1%.

## WHAT IS STRETTA?

Stretta is a minimally invasive endoscopic procedure for the treatment of Gastroesophageal Reflux Disease (GERD). A catheter is inserted through one of the Gastroscope channels and it delivers radiofrequency energy to the Lower esophageal sphincter (LES) and the Gastric Cardia ( just below the LES). Radiofrequency energy is delivered to strengthen the muscle of LES to prevent reflux.

### ADVANTAGES

- Middle option fits between medication and surgery
- Non-surgical
- Low complication rate
- Does not alter patient anatomy
- Widely studied with long term follow up
- Cost effective when compared to long term medications or surgery

### EVIDENCE

More than 40 studies show that **STRETTA** is safe and effective with durability of treatment effect of

## 10 YEARS

- More than 20,000 STRETTA procedure performed
- Low complication rate < 1% similar to OGDS

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A multidisciplinary team of experts to ensure best care for our patients

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- Day Care Surgery - Endoscopy
- General, Gastrointestinal & Hepatobiliary Surgery
- Pharmacy Service
- X-ray and Biomedical Imaging (Radiology) - Diagnostic & Interventional Radiology
- Comprehensive on-Site Laboratory Service

- Comprehensive on-Site Laboratory Service
- Histopathology
- Dietetics
- Physiotherapy
- Gastrointestinal Oncology Service

- Ambulance Service
- Health Screening Service
- Colorectal Surgery
- Urology
- Cardiology



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Centre for Gastrointestinal and Liver Diseases



GlobalHealth Awards  
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I Sin Chew



2023 Gastroenterology Medical Centre of the Year In Asia Pacific  
(Awarded in 2019 & 2022 too)



2023 Colorectal Medical Centre of the Year In Asia Pacific



2023 Bariatric Medical Centre of the Year In Asia Pacific  
(Awarded in 2021 & 2022 too)

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### GHQIA Quality Improvement Programs



#### Hospital Accreditation

GHQIA provides hospitals access to the well-established standards of ACHS International, with notable added advantages to the accreditation process:

- Assignment of a local partner who can offer accurate, localised feedback and continuous guidance.
- Option to conduct regular mock assessments and readiness diagnostics of processes, procedures, and outcomes to gear up for the actual audit.
- Overall cost-effectiveness through a localised engagement structure.



#### CoE Accreditation

The Centre of Excellence (CoE) Accreditation is a first-to-market initiative allowing GHQIA members to undertake accreditation in niche areas of clinical expertise.

GHQIA will apply the ACHS International standards in a focused manner, conducting a deep-dive assessment of the organisation on those selected fronts.

As part of the excellence requirements and to ensure stand-out achievements in the identified specialty, the organisation is required to participate in the ACHS International Clinical Indicator Program (CIP) to benchmark themselves against best-in-class providers and strive for continuous improvements during the time they are accredited.



#### Clinic Accreditation

With specialist clinics taking on an increasingly critical role in the patient journey, the accreditation serves as a tool to help clinics communicate their commitment to care excellence and differentiate themselves in a saturated market.

Through the accreditation program, members can tap on the expertise of industry experts for advice and guidance on all aspects of clinical operations, including digital health adoption and other innovative healthcare practices.

The GHQIA member network also offers a platform to facilitate knowledge and best practice sharing amongst fellow providers, opening doors to potential creative collaborations.



# Who Should Get Accredited?

Hospitals, Medical Centres, Centres of Excellence, Day Surgery Centres, Chronic Care Facilities, Alternative Care, Imaging and Radiology, Diagnostics and Laboratory, and Specialist Clinics across all spectrums of medical care:

**Aesthetics | Dentistry | Cardiology | ENT | Fertility and IVF | OB-GYN | Gastroenterology**  
**| Neurology | Oncology | Ophthalmology | Orthopedics | Psychiatrist | Urology ...and more**



Hospitals



Medical Centres



CoE



Specialist Clinics



Day Surgery Centres



Chronic Care Facilities



Alternative Care



Imaging and Radiology



Diagnostic and Laboratory

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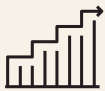
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## Why ACHS International?

With our strong focus on partnership, ACHS International is unique in our approach to quality improvement and offer the following benefits to our member organisations:



### Continuous quality improvement offers methodology

Evaluating your service and constantly improving your performance.



### Value for Money

Pricing includes all membership benefits and support services to be paid in instalments over the membership period.



### Clinical Indicator Program

Complimentary access to the world's largest clinical indicator program (CIP) and data benchmarking.



### Leading Customer Service

Complimentary access to a Coach, Quality Improvement Partner, Member Link organisation, and a comprehensive Member Portal.



### Sustainable Improvements

Standards focus on safety culture and change management to make long lasting improvements within your organisation.



### More Descriptive, Less Prescriptive

Standards include descriptive guidance with the flexibility to implement based on service needs.



### More Connection

Our quality programs have an annual activity to maintain connection with you on your quality improvement journey.



### Flexible & Collaborative

There are multiple models such as Short Notice and Cluster accreditation to meet your organisational needs.



### Contextualised & Localised

Our resources and standards include local guides and a growing international assessor cohort.



### More Options for More Organisations

Our quality programs are designed for all types of organisations based on their readiness in the quality journey.

# Large Gallstones Linked to Increased Risk of Gallbladder Cancer: Act Promptly for Effective Treatment

By Dr Thamarai Velan, Consultant General and Hepatobiliary Surgeon from Bukit Tinggi Medical Centre (BTMC)

**“Generally, gallstones are more commonly found in women who are over the age of 40, had multiple pregnancies, lead a sedentary lifestyle, are obese, and prefer a high-fat diet intake.”**

**C**an gallstones be effectively treated by consuming apple cider vinegar or is it just a myth? It is noted that large gallstones can potentially lead to the development of gallbladder cancer.

In fact, individuals who frequently experience symptoms of gallstones are typically advised to undergo elective gallbladder surgery. However, for patients with gallstones who do not exhibit any symptoms, treatment is not necessary with a few exemptions such as gallbladder with large polyps and calcified gallbladder wall.

Gallstones refer to the formation of stones or concretion of sludge within the biliary system including the gallbladder or bile ducts. The shape, size, and colour of the stones can vary.

According to Dr Thamarai Velan, a consultant general and hepatobiliary surgeon at Bukit Tinggi Medical Centre (BTMC), gallstones are the most common disease affecting the biliary system.

Gallstones can be divided into cholesterol stones, mixed stones, and pigment stones. Cholesterol stones and mixed stones are often caused by a sedentary lifestyle.

“Black pigment stones are more common in patients with liver cirrhosis or blood disorders such as thalassemia or sickle cell anemia whereas the formation of brown pigment stones is due to bacterial infection in the bile duct.”

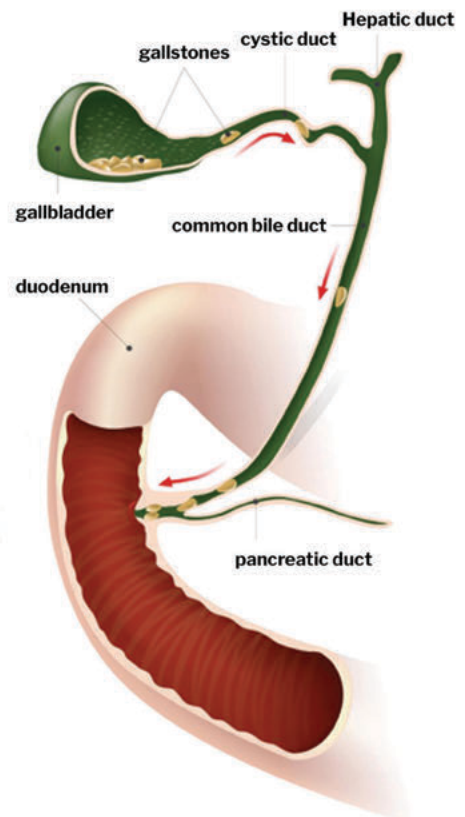
“Generally, gallstones are more commonly found in women who are over the age of 40, had multiple pregnancies, lead a sedentary lifestyle, are obese, and prefer a high-fat diet intake.”

“However, due to an unhealthy modern lifestyle, lack of exercise, inadequate water intake, and the rising number of individuals affected by obesity, this condition is becoming more prevalent among younger individuals. Currently, patients diagnosed with gallstones range from 25 and 40 of age.”

## Easily Confused with Gastric Problems

Dr Velan emphasised that the most common symptom of gallstones is biliary colic, characterised by upper right abdomen pain that can radiate to the tip of the right scapula.

“When individuals experience stomach pain or bloating, many tend to self-diagnose with gastric problems, especially if the symptoms subside after taking gastric medications, leading them to assume it is related to gastric pain.”



However, he cautioned that in gallstone patients, the pain will return after a while, especially after consuming high-fat foods. This pain can persist for as short as 5 minutes or a few hours.

“If the pain reoccurs or becomes regular, it should not be disregarded as typical stomach pain, as it could be due to gallstones, heart conditions, or other upper abdominal condition.”

Furthermore, frequent belching after meals, feeling nauseous or experiencing the urge to vomit after consuming fatty foods are also common symptoms associated with gallstones.

## Diagnosis Through Ultrasound Scanning

Dr Velan revealed that a simple and non-invasive technique, ultrasound examination, can be used to confirm the presence of gallstones.

Other diagnostic methods include computed

tomography (CT) scans or more comprehensive magnetic resonance imaging (MRI) examinations.

“Besides imaging tests, blood tests can also be performed unless the bile duct is not obstructed, it becomes challenging to identify any abnormalities in the blood especially Liver Function Test (LFT).”

### Gallbladder Removal Surgery for a Permanent Solution to Gallstones

The presence of symptomatic gallstones signifies an issue with the gallbladder and therefore gallbladder surgery is necessary to eliminate the gallstones from the gallbladder.

Despite various remedies circulating online, such as consuming apple cider vinegar or green apples, Dr Velan believes that these remedies are ineffective as the gallstones tend to reoccur over time. And it only provides temporary relief.

### All Symptomatic Patients Require Surgery

Not all patients with gallstones require surgery. “A small portion of patients with gallstones who experience symptoms will require surgery. “For those who are asymptomatic would only require regular ultrasound scans to monitor the growth of the stones,” stressed Dr Velan.

### Gold Standard: Laparoscopic Cholecystectomy

Laparoscopic cholecystectomy is the gold standard for treating gallstones.

The surgery typically lasts for about 45 minutes to one hour. Throughout the procedure, the surgeon utilises small incisions to insert a miniature camera and surgical instruments, enabling them to observe the abdomen and remove the gallbladder.

Gallbladder removal surgery is a safe procedure with a minimal risk of complications. While there are potential minor risks such as bleeding, infection, bile duct injury, or postprandial diarrhoea, the chances of experiencing these complications are exceedingly low when performed by an experienced surgeon.

### Gallstones as a Risk Factor for Gallbladder Cancer

Dr Velan cautioned about the association between gallstones and an increased risk of gallbladder cancer especially if the gallstone is more than two centimeters.

“When the size of the stone reaches approximately two to three centimeters, chronic inflammation can lead to the malignant transformation of the gallbladder mucosa.”

### Larger Stones and Older Age Increase the Risk of Malignant Transformation

The probability of developing gallbladder cancer increases with larger stones and older age, particularly after reaching the age of 50.

However, Dr Velan emphasised that only a very small portion of patients with gallstones disease will develop cancer. Generally, symptoms of cancer transformation



Dr Thamarai Velan

include more frequent upper abdominal pain, discomfort, and weight loss.

To determine if cancer cells have spread to nearby organs such as the pancreas, bile duct, or lymph nodes, doctors employ diagnostic tools like computed tomography (CT) scans, endoscopic ultrasound (EUS), and other examinations. The treatment options depend on the stage of gallbladder cancer. In cases of early-stage cancer, gallbladder removal alone is usually sufficient. In advanced stages, a radical gallbladder operation may be required, involving the resection of adjacent parts of the liver.

However, for cases deemed not suitable for operation, palliative care is provided, often involving biliary stenting to alleviate pain and jaundice.

### Maintaining a Healthy Lifestyle to Prevent Gallstones

“While enjoying life, it is crucial to practice moderation. Limit the consumption of excessive high-fat and greasy foods, engage in regular physical activity, maintain a consistent sleep routine, stay adequately hydrated, and undergo regular physical check-ups.” He advised not to rely solely on blood tests and stressed the importance of undergoing ultrasound scans at regular interval.

On follow up ultrasound, if there is an increase in size or the onset of symptoms, immediate medical advice should be sought for appropriate treatment.

To mitigate the risk of developing gallbladder cancer, he advised individuals above the age of 40 to undergo regular ultrasound scans. If polyps are detected and the size is more than one centimeter, it is advisable to undergo surgical removal as they pose as a risk factor for gallbladder cancer.

“When the size of the stone reaches approximately two to three centimeters, chronic inflammation can lead to the malignant transformation of the gallbladder mucosa.”

# A New Paradigm in Early-Stage Breast Cancer Treatment



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## Dr. Anil George Sirimanne

Consultant Clinical Oncologist

*MB BCh BAO (Ireland), MCO (UM)*



In recent years, a groundbreaking development has emerged in the treatment landscape for early-stage breast cancer. Traditionally, women post-primary surgery have been recommended a standard 3-week radiotherapy course. However, emerging research suggests that an ultra-short 1-week radiotherapy regimen can achieve equivalent results. This article explores the findings of the pioneering FAST-Forward trial conducted in the United Kingdom, shedding light on the safety, efficacy, and benefits of the 1-week radiotherapy option for post-surgery early-stage breast cancer patients.

The FAST-Forward trial, a multicenter, randomised, non-inferiority study, aimed to compare the effectiveness of the new 1-week fast-forward radiotherapy course to the traditional 3-week regimen for early-stage breast cancer patients. Over 4,000 patients who had undergone lumpectomy or mastectomy participated in this landmark study, which evaluated the efficacy of both treatment durations.

After a meticulous 5-year follow-up period, the outcomes of the study were published in *The Lancet*, revealing that a hypofractionated or accelerated radiotherapy schedule spanning just 1 week was as safe and effective as the standard 3-week course. The 1-week radiotherapy option, delivering 5 fractions in a week, demonstrated its ability to prevent cancer recurrence at a level equivalent to the longer 3-week treatment.

The introduction of the 1-week radiotherapy option has revolutionised the landscape of early-stage breast cancer treatment. This condensed treatment condenses the efficiency and impact of the traditional 3-week radiotherapy regimen into a single, focused week. Not only does it offer equivalent efficacy but also presents several major benefits for patients.

One of the significant advantages of the 1-week radiotherapy option is the reduction in cost. With fewer fractions required compared to the standard 3-week course, the 1-week treatment provides cost savings, alleviating the financial burden for patients. Additionally, the shorter treatment duration translates to fewer hospital visits, saving patients time and reducing the hassle of frequent travel. Patients can now complete their adjuvant treatment for early-stage breast cancer in a significantly shorter time frame without compromising their safety or outcomes.

The advent of the 1-week radiotherapy option represents a remarkable breakthrough in early-stage breast cancer care. Its proven efficacy, improved convenience, and cost-effectiveness make it the new standard of care for post-surgery early-stage breast cancer. Patients seeking a high-quality and affordable treatment option can now benefit from this groundbreaking approach.

In conclusion, the findings from the FAST-Forward trial have reshaped our understanding of early-stage breast cancer treatment. The 1-week radiotherapy option has emerged as a viable and effective alternative to the traditional 3-week regimen. Delivering the same level of safety and efficacy within a shorter timeframe, it offers patients significant advantages such as reduced costs, improved convenience, and optimised patient experience. The 1-week radiotherapy treatment is a testament to the continuous advancements in oncology, providing hope and better treatment options for those affected by early-stage breast cancer.



Prince Court Medical Centre  
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  - IORT (Intra Operative Radiotherapy) for Breast Cancers
- **HIPEC (Hyperthermic Intraperitoneal Chemotherapy) Surgery**
- **PIPAC (Pressurised Intraperitoneal Aerosol Chemotherapy) Surgery**
- **Immunotherapy and Targeted Therapy**
- **Chemotherapy Daycare**
- **Haemato-Oncology Services**
  - Treatment of blood diseases such as iron deficiency anaemia, haemophilia, sickle cell disease and thalassemia
  - Treatment of blood cancers such as leukaemia and lymphoma
  - Bone Marrow Transplant
- **Palliative Care**
- **Service enhancement supported by :**
  - Our in-house Dietitian for dietary assessments
  - Cancer support groups

### Speak to our Consultants



Dr. Muhammad  
Azrif Ahmad  
Annuar



Dr. Arnil George  
Sirimanne



Dr. Zabedah  
Othman



Dr. Muhd Zanapiah  
Zakaria



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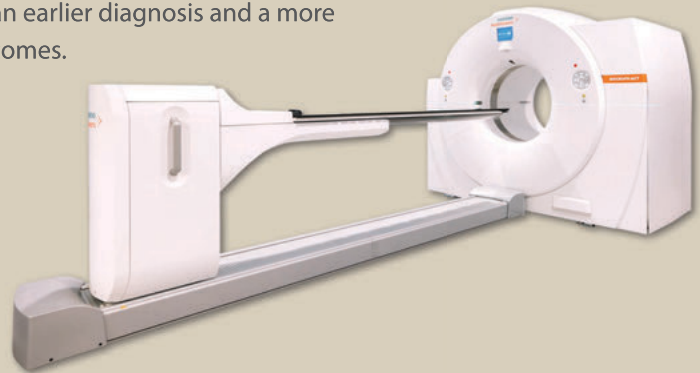
## Siemens Biograph mCT PET/CT Scanner

# Life-saving outcome: it's in the

# DETAILS

In healthcare, the value of any imaging scan is in the details. More details means more precise information, leading to greater potential for an earlier diagnosis and a more definitive treatment strategy to improve patient outcomes.

Our Nuclear Medicine Centre's Siemens Biograph mCT is the standard bearer for PET/CT scanners today, enabling our medical team to diagnose and monitor diseases such as cancer, heart disease, dementia, and other neurological disorders with higher precision and accuracy.



### Benefits of Biograph mCT PET/CT Scanner



#### Accurate

Sharper high-resolution images with consistently reproducible results reduces the need for repeat scans.



#### Speed

Whole-body PET scans done quickly shortens overall length of examination, providing better diagnosis outcomes.



#### Comfort

Wide table with wide opening, and shorter tunnel, giving a less claustrophobic experience.



#### Safe

Less exposure to radiation, yet with more accurate results, reducing the need for repeated scans.

Varian TrueBeam® Advanced Radiotherapy System

# Fight cancer faster, smarter and with precision



Island Hospital's TrueBeam® radiotherapy system is the latest advancement in radiotherapy technology, developed to deliver cancer treatments with pinpoint accuracy and precision - opening the door to better treatment options for some of the most complex cancers in the head and neck, lung, prostate, breast, abdomen and liver.

The TrueBeam system's powerful features and functions offer improved overall patient experience with the following benefits:



#### Fast & Flexible

Treatment can be completed in minutes with a variety of treatment techniques to address a broad range of cancer cases.



#### Targeted & Precise

Accurate imaging and surface guidance system to guide high precision radiation therapy to any site, also supported by respiratory gating system for moving targets such as lung and liver cancer.



#### Safe & Tattoo-Free

Developed to address patient comfort with built-in patient safety features as well as leaving no permanent markings on the body after treatment.

“Singapore Paincare shall be the last stop for those suffering from chronic pain, and we treat all difficult pain conditions.”

**Dr. Bernard Lee Mun Kam**

Consultant Pain Specialist  
Singapore Paincare Center

When thinking about getting old, we almost automatically associate it with pain. Millions of people suffer from different kinds of chronic pain, yet current practices and medical access do not solve all related problems effectively.

Led by Dr. Bernard Lee Mun Kam, Singapore Paincare Center's team of highly trained healthcare specialists in pain medicine and interventional pain procedures comprises consultant pain specialists, sports medicine specialists, physiotherapists and pain psychologists.

Through our understanding of pain mechanism and proprietary treatment know-how, we provide effective pain resolution to patients suffering from distressing conditions.

### “How Are Minimally Invasive Procedures Used For Pain Management?”

Modern medicine has led to the availability of many interventional options that do not require open surgery. We use Minimally Invasive Procedures (MIPs) as an alternative to open surgery which may entail higher risks and longer recovery periods, and conservative physical therapies which fail to provide long-term relief.



### “What Are The Common Pain Conditions That Can Be Treated?”

#### **Pain Conditions We Treat:**

- Nerve Pain
- Lower Back Pain (Slipped Disc, Spinal Stenosis)
- Neck Pain
- Shoulder Pain
- Knee Arthritis/ Leg Pain
- Post Injury Persistent Pain
- Cancer Pain
- Generalised Body Ache

**Singapore Paincare Center**

(A brand of Singapore Paincare Holdings Ltd.)

Location: Paragon Medical Centre | Mt Elizabeth Novena Specialist Centre





## “ What Are The Procedures For Minimally Invasive Treatment?”



Platelet-Rich  
Plasma (PRP)



Neuroplasty

**Myospan™ injections** target muscles, ligaments, tendons, joints, and nerves to reduce inflammation. Depending on the painful condition, different injections may be utilised to either remove pain generator or stop pain signals.

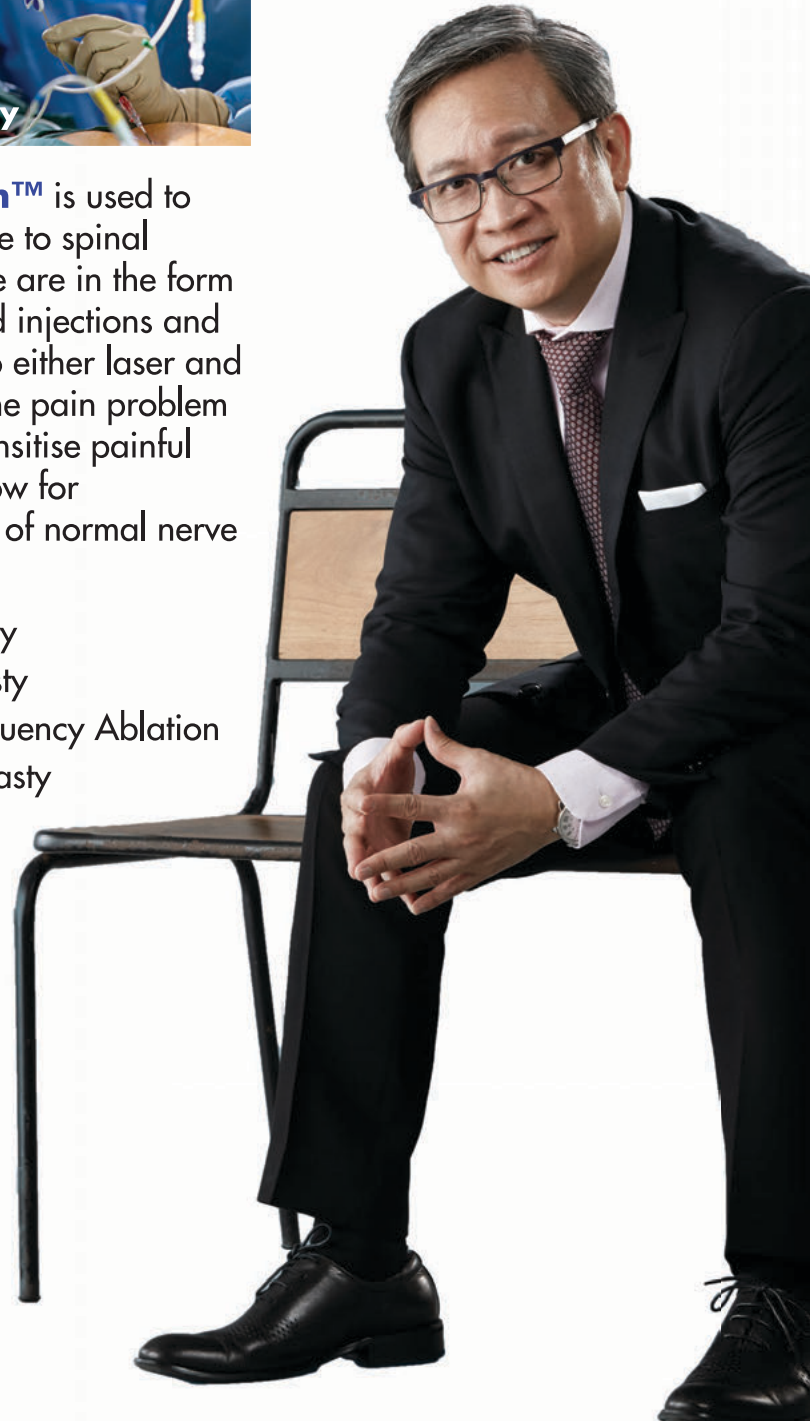
- Coreflex Injections
- Platelet-Rich Plasma (PRP) Injections
- Intra-Articular Injections
- Peripheral Nerve Block

**Neurospan™** is used to treat pain due to spinal causes. These are in the form of specialised injections and small ports to either laser and burn away the pain problem and/or desensitise painful nerves to allow for regeneration of normal nerve function.

- Neuroplasty
- Nucleoplasty
- Radio Frequency Ablation
- Vertebroplasty

### Benefits Of Our Pain Care Treatment

- ✔ Non-Surgical Approach To Pain Management
- ✔ Using Minimally-Invasive Procedures & Specialised Injections
- ✔ Multi-Dimensional Pain Diagnosis
- ✔ Day Surgery or Outpatient Treatments
- ✔ Sustained Long-Lasting Pain Relief



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EXPERIENCED SPECIALISTS HAVE  
ONLY ONE GOAL IN MIND

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# GLOBALHEALTH ASIA-PACIFIC CONFERENCE HIGHLIGHTS INNOVATION IN HEALTHCARE



Syarifah Liza Munira

The yearly conference organised by Global Health Asia-Pacific that took place in Bali last May saw several healthcare experts discuss promising developments in the medical industry.

Dr Ravi Shrestha, General Manager and Senior Director of Global Healthcare IT at Canon Medical System Corporation, explained how artificial intelligence is shaping the future of the healthcare.

While some studies have shown AI can outperform physicians in diagnosing several conditions by improving the analysis of imaging test results, the advanced technology also promises to streamline the drug discovery process. For example, an AI-powered system has allowed researchers to identify a novel antibiotic that can eliminate common bacteria causing several hard-to-treat infections by processing massive amounts of data.

Dr Shrestha said AI could also play an important role in preventing



Dr Ravi Shrestha



Varun Panjwani

diseases. Indeed, Hong Kong and US researchers recently developed an algorithm to predict diabetic kidney disease risk, thus helping physicians optimise treatment and prevent the condition.

In addition to improving care, AI could also provide massive financial benefits, said Dr Shrestha. Several studies suggest that the widespread adoption of AI in the medical industry



Dr Wanviput Sanphasitvong

could significantly reduce healthcare costs, with yearly savings amounting to billions of dollars.

But he added that there are also several risks around the use of AI in healthcare. The World Health Organization (WHO) warned that “the precipitous adoption of untested systems could lead to errors by healthcare workers, cause harm to patients, erode trust in AI and thereby



Paul Collier

undermine (or delay) the potential long-term benefits and uses of such technologies around the world.” One key concern is the use of biased data to train AI, leading to inaccurate information that could cause health risks. As a result, the WHO calls for the safe and ethical use of AI in healthcare.

Cancer is another theme widely discussed at the conference. Dr Brian Supawut Kunakom, a naturopathic consultant at Esperance Integrative Cancer Clinic in Thailand, touted the benefits of innovative blood tests to detect several types of cancer early.

In a recent clinical trial conducted at the National Health Service (NHS) in the UK, for instance, the Galleri blood test showed the potential to spot more than 50 types of cancer in people with symptoms, speeding up diagnosis and treatment. “It could well be useful in the future to fast-track patients into rapid-access clinics, and especially in people where imaging findings are uncertain,” Professor Nick Turner, a medical oncologist at The Institute of Cancer Research, told the *Guardian*.

Dr Kunakom said that in some cases cancer blood tests could be positive but subsequent examinations like imaging scans might not confirm the diagnosis. Some doctors believe this could cause patients more harm than good, he added, but “if we can detect a sign of cancer before there’s an actual tumour, we can actually do prevention” by



Nurhadi Yudiyantho

recommending healthy ways of living.

Indeed, lifestyle choices can either increase or reduce the risk of developing cancer. A good cancer prevention strategy involves eating healthy foods, doing exercise, avoiding smoking and alcohol as much as possible.

In particular, exercise increases the ability of the immune system to fight cancer. Indeed, several studies have shown that the most physically active women have a 12 to 21 percent lower risk of breast cancer than those who are least physically active. Similar results were observed in other malignancies like colon, stomach, and bladder cancers.

#### The Awards gala

At the 2023 GlobalHealth Asia-Pacific Healthcare and Hospital Awards some of the leading healthcare providers in the region received recognition for the quality and safety of their services.

Mount Elizabeth Hospital was crowned as Hospital of the Year in Asia-Pacific for offering high-quality and advanced care in a wide range of medical specialities in Singapore.

Malaysia-based Subang Jaya Medical Centre received the Standout Jury Award - Hospital of the Year in Asia-Pacific for its strong track record of providing excellent medical services in multiple areas including oncology, interventional radiology, and



Dr Brian Supawut Kunakom

gastroenterology.

The Outstanding Leadership in Healthcare Travel Award was given to the Malaysia Healthcare Travel Council, which has played a key role in helping the country become a popular healthcare travel destination among overseas patients from all around the world.

A special mention goes to the Thomas Masterson Healthcare Pioneer of the Year in Asia-Pacific, which was awarded to Dr Jacob Thomas for his significant contribution to the development of the healthcare in Malaysia, which also led the country to boost its credentials in health travel.

Thomas Masterson was a man of similar vision as he believed that health travel would flourish in Southeast Asia at a time when the industry was still in its infancy. This led him to found Global Health and Travel with Narender Panjwani to provide readers with a reputable media outlet that could cover trends and developments in medical tourism. Since then, the magazine has been renamed Global Health Asia-Pacific and has started to cover the whole spectrum of medical news along with the conferences and awards ceremonies organised by its team. As a publisher, Tom was approachable and he often offered plenty of good advice. We’d like to thank him for helping us get that far.

# LIST OF WINNERS

**Advanced Genetics Service Provider of the Year in Asia-Pacific**  
**Subang Jaya Medical Centre**

**Advanced Cardiology Service Provider of the Year in Asia-Pacific**  
**Mount Elizabeth Hospital**

**Advanced Paediatrics Service Provider of the Year in Asia-Pacific**  
**Thomson Hospital Kota Damansara**

**Agile-Living Elderly Service Provider of the Year in Asia-Pacific**  
**Farrer Park Hospital**

**Air Ambulance Service of the Year in Asia-Pacific**  
**ASH-Charter**

**Ambulance Service Provider of the Year in Asia-Pacific**  
**Lifesaver Ambulance Service**

**Bariatric Service Provider of the Year in Asia-Pacific**  
**Regency Specialist Hospital**

**Brain and Spine Service Provider of the Year in Asia-Pacific**  
**KPJ Ampang Puteri Specialist Hospital**

**Cardiology Service Provider of the Year in Asia-Pacific**  
**Institut Jantung Negara**

**Customer Care Service Provider of the Year in Asia-Pacific**  
**Gleneagles Hospital Kuala Lumpur**

**Child Development and Paediatric Service Provider of the Year in Asia-Pacific**  
**ParkCity Medical Centre**

**Comprehensive Hand and Microsurgery Service Provider of the Year in Asia-Pacific**  
**Pantai Hospital Kuala Lumpur**

**Comprehensive Medical and Surgical Specialist Service Provider of the Year in Asia-Pacific**  
**ParkCity Medical Centre**

**Dental Service Provider of the Year in Asia-Pacific**  
**Bangkok International Dental Hospital (BIDH)**

**Diabetes Service Provider of the Year in Asia-Pacific**  
**Institut Jantung Negara**

**Diagnostic Imaging Centre of the Year in Asia-Pacific**  
**Island Hospital**

**Digestive Health Service Provider of the Year in Asia-Pacific**  
**Subang Jaya Medical Centre**

**Dementia Service Provider of the year in Asia-Pacific**  
**Bumrungrad International Hospital**

**Emergency Care Service Provider of the Year in Asia-Pacific**  
**Institut Jantung Negara**

**Endocrinology Service Provider of the Year in Asia-Pacific**  
**Gleneagles Hospital Kuala Lumpur**

**ENT Service Provider of the Year in Asia-Pacific**  
**Avisena Specialist Hospital**

**Fertility Service Provider of the Year in Asia-Pacific**  
**TMC Fertility**

**Gastroenterology Service Provider of the Year in Asia-Pacific**  
**Gleneagles Hospital Kuala Lumpur**

**Genomic and Lifestyle Medicine Service Provider of the Year in Asia-Pacific**  
**Samitivej Hospital**

**Heart and Vascular Service Provider of the Year in Asia-Pacific**  
**Pantai Hospital Kuala Lumpur**

**Health Screening Service Provider of the Year in Asia-Pacific**  
**Island Hospital**

**Health AI Service Provider of the Year in Asia-Pacific**  
**Farrer Park Hospital**

**Healthcare Automation Provider of the Year in Asia-Pacific**  
**Omni-Health**

**Hospital Designer of the Year in Malaysia**  
**Shahnaz Interior**

**ICU Service Provider of the Year in Asia-Pacific**  
**Gleneagles Hospital Kuala Lumpur**

**IVF Service Provider of the Year in Asia-Pacific**  
**Alpha IVF Group**

**Integrated Healthcare Ecosystem Centre of the Year in Asia-Pacific**  
**Bunda Hospital**

**Interventional Cardiology Service Provider of the Year in Asia-Pacific**  
**Farrer Park Hospital**

**Interventional Radiology Service Provider of the Year in Asia-Pacific**  
**Subang Jaya Medical Centre**

**Leader in Aesthetic Breast Surgery of the Year in Asia-Pacific**  
**SLC Hospital**

**Leader in Cosmetic and Plastic Surgery of the Year in Asia-Pacific**  
**SLC Hospital**

**Leading Day Hospital of the Year in Asia-Pacific**  
**StarMed Specialist Centre**

**Most Sustainable Healthcare Institution of the Year in Asia-Pacific**  
**KPJ Healthcare Berhad**

**Oncology (Medical) Service Provider of the Year in Asia-Pacific**  
**KPJ Johor Specialist Hospital**

**Nephrology & Urology Service Provider of the Year in Asia-Pacific**  
**Bumrungrad International Hospital**

**Neurology Service Provider of the Year in Asia-Pacific**  
**Gleneagles Hospital Kuala Lumpur**

**Nuclear Medicine Service Provider of the Year in Asia-Pacific**  
**Penang Adventist Hospital**

**Obstetrics and Gynaecology Service Provider of the Year in Asia-Pacific**  
**Avisena Women's & Children's Specialist Hospital**

**Multi Disciplinary Oncology Service Provider of the Year in Asia-Pacific**  
**Subang Jaya Medical Centre**

**Cancer Centre of the Year in Asia-Pacific**  
**Pantai Hospital Kuala Lumpur**

**Ophthalmology Service Provider of the Year in Asia-Pacific**  
**Eagle Eye Centre**

**Orthopaedic Service Provider of the Year in Asia-Pacific**  
**Prince Court Medical Centre**

**Complex Paediatric Service Provider of the Year in Asia-Pacific**  
**Mount Elizabeth Hospital**

**New Paediatric Hospital of the Year in Cambodia**  
**Maxicare Hospital**

**Paediatric Service Provider of the Year in Asia-Pacific**  
**KPJ Puteri Specialist Hospital**

**Paediatric Cardiology Service Provider of the Year in Asia-Pacific**  
**Institut Jantung Negara**

**Paediatric Ophthalmology Service Provider of the Year in Asia-Pacific**  
**Eagle Eye Centre**

**Paediatric Oncology Service Provider of the year in Asia-Pacific**  
**Subang Jaya Medical Centre**

**Prostate Care Service Provider of the Year in Asia-Pacific**  
**Gleneagles Hospital Kuala Lumpur**

**Respiratory Medicine Service Provider of the Year in Asia-Pacific**  
**Pantai Hospital Kuala Lumpur**

**Robotic Rehabilitation Service Provider of the Year in Asia-Pacific**  
**Pantai Hospital Kuala Lumpur**

**Spine Care Service Provider of the Year in Asia-Pacific**  
**Gleneagles Hospital Singapore**

**Sports Rehabilitation and Physiotherapy Service Provider of the Year in Asia-Pacific**  
**Ara Damansara Medical Centre**

**Stroke Centre of the Year in Asia-Pacific**  
**Mount Elizabeth Hospital**

**Transplant Service Provider of the Year in Asia-Pacific**  
**Mount Elizabeth Hospital**

**Most Innovative Hospital of the Year in Asia-Pacific**  
**Institut Jantung Negara**

**Women's Health & Wellness Service Provider of the Year in Asia-Pacific**  
**KPJ Damansara Specialist Hospital**

**Women & Children Service Provider of the Year in Asia-Pacific**  
**Thomson Medical Singapore**

**Women Fertility and Parenting of the Year in Asia-Pacific**  
**Bunda Morula Nusa Dua**

**Smart Hospital of the Year in Asia-Pacific**  
**Island Hospital**

**Specialist Hospital of the Year in Asia-Pacific**  
**Thomson Hospital Kota Damansara**

**New Hospital of the Year in Asia-Pacific**  
**KPJ Damansara Specialist Hospital 2**

**New Hospital of the Year in Indonesia**  
**Murni Teguh Hospital**

**Value Based Hospital of the Year in Asia-Pacific**  
**Island Hospital**

**Hospital of the Year in Indonesia**  
**RS Premier Jatinegara**

**Hospital of the Year in Malaysia**  
**Gleneagles Hospital Kuala Lumpur**

**Hospital of the Year in Singapore**  
**Mount Elizabeth Hospital**

**Hospital of the Year in Thailand**  
**Samitivej Hospital**

**Medical Tourism Hospital of the Year in Asia-Pacific**  
**Mahkota Medical Centre**  
**Gleneagles Hospital Penang**

**Outstanding Leadership in Healthcare Travel**  
**Malaysia Healthcare Travel Council**

**Hospital of the Year in Asia-Pacific**  
**Mount Elizabeth Hospital**

**Standout Jury Award - Hospital of the Year in Asia-Pacific**  
**Subang Jaya Medical Centre**

**Healthcare Group of the Year in Asia-Pacific**  
**IHH Healthcare Malaysia**

**Thomas Masterson Healthcare Pioneer of the Year in Asia-Pacific**  
**Dato Dr Jacob Thomas**

**Oncology Medical Centre of the Year in Asia-Pacific**  
**ARC Hospitals**

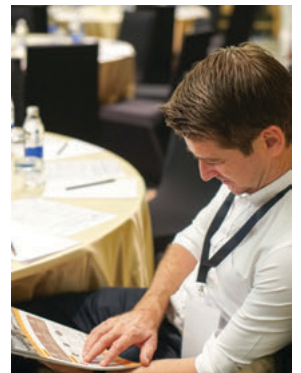
# A photo gallery of the event











# Subang Jaya Medical Centre Recognised for Pioneering Breakthroughs in Healthcare



Subang Jaya Medical Centre Chief Executive Officer (CEO) Bryan Lin (second from left) shares this proud moment with his senior leadership team comprising of (left – right) - Dr Vasuhi Murugiah, Director of Medical Services; Rachel Woo, Chief Operating Officer (COO); and Ng Ching See, Director of Nursing.

**S**ubang Jaya Medical Centre's (SJMC) long history of clinical excellence, service excellence and medical excellence in areas like Oncology, Interventional Radiology, and other specialties has been recognised internationally, helping the hospital clinch TWO major awards - the **Frost & Sullivan Malaysian Best Company of the Year 2023 for its third consecutive time and also the Stand-Out Jury Award Hospital of the Year in Asia-Pacific at the GlobalHealth Asia-Pacific Awards 2023 for its second consecutive time.**

Each year, Frost & Sullivan presents a Company of the Year Award to the organization that demonstrates excellence, in terms of growth strategy and implementation in its field. The

award recognizes a high degree of innovation with products and technologies and the resulting leadership, in terms of customer value and market penetration.

The GlobalHealth Asia-Pacific Awards on the other hand celebrates healthcare institutions that set the highest standards in the delivery of care across the Asia-Pacific region.

"Subang Jaya Medical Centre is poised for its next phase of growth, and these awards are a testament of our people's dedication to providing the best possible patient care. As the country's leading multidisciplinary hospital, I'm proud of the collaborative spirit shown by our medical teams, their abilities to take on complex cases and backed by strong clinical research," said Bryan Lin, Chief Executive Officer (CEO) of SJMC.

SJMC has received numerous accreditations to stamp its clinical excellence in niche specialties for high patient care and safety standards. The hospital is internationally accredited by Joint Commission International (JCI) and the Malaysian Society for Quality in Health (MSQH). At the same time, to stay committed to providing patients with excellent patient-centred care, Lin shares that they have adopted various operational management solutions and purposefully used digital technology to increase efficiencies across the entire hospital workflow.

"These improvements have been thoughtfully implemented to ensure our operations are more seamless from end-to-end, at the same time improving overall patient experience and reduce waiting time," Lin adds.

## Solidifying Its Position as a Leading Cancer & Radiosurgery Centre

SJMC's Cancer & Radiosurgery Centre has been gaining a strong reputation since 2002 and has evolved to become a leader in regional cancer care. The centre offers a full complement of services designed to address all aspects of cancer treatment for both adult and paediatric patients through a multidisciplinary and integrated approach.

The centre's use of advanced technology from diagnosis to



SJMC's Cancer & Radiosurgery Centre Director, Catherine Lee receiving the Paediatric Oncology Service Provider of the Year in Asia-Pacific at the GHAPAC Awards 2023.



Dr Alex Tang, Consultant Vascular and Interventional Radiologist and his radiology team at SJMC's state-of-the-art VIR suite.

treatment has won them these awards from the GlobalHealth Asia-Pacific Awards 2023: **Multi-Disciplinary Oncology Service Provider of the Year in Asia-Pacific** for the fifth consecutive year, **the Paediatric Oncology Service Provider of the Year in Asia-Pacific** and **Advanced Genetics Service Provider of the Year in Asia-Pacific awards** for the second and third consecutive years respectively.

“Despite having won this award in the previous years, we are constantly looking to improve our services to stay on top in the industry. We’re glad our efforts in improving the medical technology and patient experience has given us the edge to win these awards once again,” shares Catherine Lee, Director of Cancer & Radiosurgery Centre in SJMC.

Among the latest medical technology that SJMC was the first to acquire were:

• **Radixact-X9 with Synchrony**

The first in Malaysia, this technology provides synchronised and continuous delivery of precise radiation treatment to tumours in motion. The precise delivery of radiation also reduces the number of treatment sessions required by patients to reach the same outcome.

• **Discovery MI Gen2**

A digital PET/CT scanner with advanced imaging technology for cancer diagnosis that allows for 30% faster scans, 30% lower radiation dose, high sensitivity, and exceptional quality in detecting small lesions for better patient comfort.

In addition to their cutting-edge technology, SJMC offers support for cancer patients through a dedicated patients navigator program and an active patient support group, making the treatment journey more holistic and empowering patients to make informed decisions.

**Recognised in Pioneering Niche Specialties**

SJMC made its mark for the first time as the Interventional

Radiology Provider of the Year in Asia-Pacific from the GlobalHealth Asia-Pacific Awards 2023. This award is significant as it was the first private hospital to set up a Vascular and Interventional Radiology (VIR) Centre in 2002, equipped with a full fledged advanced vascular and interventional angiography suite.

VIR is a cutting-edge medical specialty that utilises image-guidance to perform minimally invasive, vascular and non-vascular procedures to diagnose and treat a wide range of diseases, including:

- Cancer & tumour management
- Liver and biliary disease
- Aneurysm
- Stroke
- Uterine fibroids and adenomyosis
- Blood clots



The skilled Gastroenterologists and Hepatologists from SJMC consisting of (left-right) Dr Maylene Kok, Dr Chen Harn Chin, Dr Wong Chee Sing, Datin Dr Sharmila Sachithanandan, Dr Ganesalingam Kanagasabai, Dr C K Ranjeev Prabhakaran, and Dr Tan Soon Seng.



Subang Jaya Medical Centre (SJMC) Chief Executive Officer Mr Bryan Lin receiving the Flagship Medical Tourism Hospital plaque from the Minister of Health, Yang Berhormat Dr. Zaliha Mustafa.

The state-of-the-art hybrid angio-CT system has allowed SJMC to perform over 50,000 VIR and interventional oncology procedures to date, allowing patients to experience benefits like:

- Smaller incisions
- Less pain and scarring
- Reduced risk of infection and complications
- Shorter hospital stays
- Faster recovery times

“Interventional Radiology procedures, namely Transarterial Chemoembolisation (TACE), which is a procedure done to treat end stage liver cancer and also microablation for lung and liver cancers is something we find lacking in Malaysia and we’re glad to have a team led by Dr Alex Tang who is able to provide this niche service to local and international patients,” says Catherine Lee, Director of Cancer & Radiosurgery Centre in SJMC.

Besides VIR, SJMC also received the award for **Digestive Health Service Provider of the Year in Asia-Pacific** for the first time at the GlobalHealth Asia-Pacific Awards 2023, a proud achievement for their team of experienced and skilled gastroenterologists and hepatologists.

#### A Global Ambassador for Malaysian Healthcare

Moving forward, SJMC looks to grow its services beyond Malaysian shores. In March this year, the hospital was shortlisted as one of the four finalists for the first-of-its-kind flagship medical tourism hospital programme by Malaysia Healthcare Travel Council (MHTC) from 2023 – 2025.

The programme aims to establish Malaysia as a globally

renowned destination for healthcare travel, delivering exceptional end-to-end patient experiences anchored in medical and service excellence as well as international branding.

SJMC was tasked as a participant in this programme to direct investments in healthcare of up to RM250 million per hospital and increasing Malaysia’s revenue from healthcare travellers by 30% over the next three years.

“The hospital has seen a double-digit growth rate with regard to medical tourists, which is higher than the national average. It currently receives local patients from all over Malaysia and international patients across the Asia-Pacific, including Indonesia, Cambodia and Bangladesh as well,” shares Rachel Woo, Chief Operating Officer (COO) of SJMC.

Traveling abroad for medical treatment can be a critical decision, this is why SJMC has a dedicated International Patient Centre with a care team that looks after patients’ needs. This includes finding the right consultants, booking appointments, arranging for accommodations, assisting in admissions, and providing guidance during these patients’ time in SJMC.

“I would like to introduce new technology and new ways of delivering healthcare services — mainly value-based healthcare where we have an integrated system that treats patients holistically. It also means helping them beyond their initial diagnosis and ensuring they have adequate follow-up to help them prevent a recurrence of the disease,” Bryan Lin summarises.

Lin hopes to establish a few patient touch points with his strong team of staff at SJMC in order to realise these ambitions, and to provide top-notch service to those who walk through its doors.



Subang Jaya Medical Centre

# Made for Healthcare Excellence



BEST PRACTICES AWARD  
MALAYSIA HOSPITAL  
COMPANY OF THE YEAR



STAND-OUT  
JURY HOSPITAL  
OF THE YEAR  
IN ASIA-PACIFIC



ADVANCED GENETICS  
SERVICE PROVIDER  
OF THE YEAR  
IN ASIA-PACIFIC



DIGESTIVE HEALTH  
SERVICE PROVIDER  
OF THE YEAR  
IN ASIA-PACIFIC



INTERVENTIONAL  
RADIOLOGY  
SERVICE PROVIDER  
OF THE YEAR  
IN ASIA-PACIFIC



MULTI-DISCIPLINARY  
ONCOLOGY  
SERVICE PROVIDER  
OF THE YEAR  
IN ASIA-PACIFIC



PAEDIATRIC ONCOLOGY  
SERVICE PROVIDER  
OF THE YEAR  
IN ASIA-PACIFIC

## The Senior Leadership Team of SJMC

**Dr. Vasuhi Murugiah**  
Director,  
Medical Services

**Bryan Lin**  
Chief Executive  
Officer

**Rachel Woo**  
Chief Operating  
Officer

**Ng Ching See**  
Director,  
Nursing Services



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Gleneagles Hospital  
KUALA LUMPUR

# GLENEAGLES HOSPITAL

## KUALA LUMPUR

“ Celebrating Healthcare Excellence ”

Gleneagles Hospital Kuala Lumpur is one of Malaysia's premier private healthcare providers and has been delivering exceptional patient care since 1996. As the largest healthcare facility of the 16 hospitals under IHH Healthcare Malaysia, one of the leading private healthcare providers in the country, the hospital has earned a commendable reputation for achieving exceptional clinical outcomes.

**Yearly, the hospital treats more than 50,000 international patients from over 120 countries, encompassing 40 medical and surgical specialties.**

[www.gleneagles.com.my/kuala-lumpur](http://www.gleneagles.com.my/kuala-lumpur)





“ Its mission is simple yet significant; “To take exemplary care of our patients, anchored around our people who strive to continuously raise the bar in clinical, operational and service excellence”.

This is put into practice every day at the hospital, where their staff embody powerful principles, centred on core values that drives their mission: putting patients first, embracing integrity, fostering empathy, celebrating teamwork, and striving for excellence.

Relentless in its pursuit of excellence and always pushing boundaries to set new standards in healthcare, it believes that its patients deserve nothing less than the best. **Together, these values form the bedrock of the hospital's identity, shaping a vibrant culture of care and compassion that enriches the lives of all who walk through their doors.**

## Clinical and Service Excellence: Putting Patients at the Heart of All We Do

As a patient-centric healthcare institution, Gleneagles Hospital Kuala Lumpur takes pride in its trackable clinical pathways, known as Value Driven Outcome (VDO) initiatives. With more than 50 clinical indicators across various specialties, including:

- Cardiology
- Gastroenterology
- General Surgery
- Orthopaedic
- Obstetrics
- Gynaecology

The hospital continually monitors and benchmarks its clinical outcomes against world-class standards. By analysing and sharing this data with clinicians and supporting staff, the hospital ensures that any gaps in clinical outcomes are identified and addressed, ultimately striving to **provide higher quality care to its patients.**



Excellent customer service is also an integral part of its patient's healthcare journey. **Excellence is a continuous journey, not just a destination.** To ensure exceptional service, its employees undergo training in carefully crafted service modules and receive incentives to exceed expectations, resulting in greater patient satisfaction.

## Caring Beyond Medical Treatment: Our Commitment to Being a People-Centered Hospital

Truly, **people are the greatest asset of a patient-centric hospital, going above and beyond to ensure the best care possible is delivered.** This altruistic culture has expanded into its community engagement programmes, which have grown over the years to meet the expectations of all our stakeholders.

The hospital's CSR initiatives are carried out through the Sincerely Gleneagles Hospital Kuala Lumpur programme, representing the hospital's collective commitment to **building and maintaining a positive relationship with its surrounding community.** Few of the initiatives under the programme include A-Heart for A-Heart, GlenBuddy, GlenFestive Relief and Sebakul Kasih Project.



### “ A-Heart for A-Heart

**Among the hospital's numerous initiatives, its most cherished accomplishment is the "A-Heart for A-Heart" charity program.** This remarkable undertaking provides medical intervention to children from low-income families affected by congenital heart disease, the most prevalent birth defect globally. The funds raised are dedicated to supporting underprivileged families who lack the means to afford essential corrective surgeries. Over the past 27 years, this heartwarming program has touched the lives of over

**+1500**  
children



showcasing the hospital's unwavering commitment to making a difference in the lives of those in need.



# Embracing Technological Revolutions in Healthcare

Over the past decade, medical technology has taken great strides, opening new possibilities for patients. With increased accessibility, early detection and superior treatment options are now within reach, greatly enhancing the chances of successful recovery.

Ms Hoo Ling Lee, CEO of Gleneagles Hospital Kuala Lumpur said, **"AI technology in healthcare is booming, and it's no wonder! We embrace this cutting-edge innovation to uplift patient care to new heights. By carefully integrating AI into our services, we ensure the best possible outcomes and experiences for our**



patients. It's all part of our commitment to staying at the forefront of healthcare advancements."

The hospital recognises the importance of regularly evaluating new treatments, services, technologies, and data to provide value-based care for patients. With this in mind, **it has been successfully integrating AI technology into ophthalmology, cardiology, and radiology departments, enabling seamless service and increased accuracy in diagnosis.** In eye care alone, AI screened over 500 patients in the first two months of its adoption, accurately identifying five cases of diabetic retinopathy for immediate treatment. Additionally, the hospital continues to prioritise telemedicine services, with Psychiatry, Endocrinology, and Obstetrics & Gynaecology being the top three disciplines it serves.



## Excellence in Every Facet

Adhering to stringent quality and safety standards, the hospital has also earned accreditations from reputable organisations, showcasing their steadfast commitment to maintaining the highest levels of healthcare quality and safety.

**“ This year marks a significant milestone as the hospital completes its 5th accreditation with Joint Commission International (JCI), further underscoring our dedication to quality patient care. ”**



## A Moment of Humility and Pride with Seven Prestigious Awards

The GlobalHealth Asia-Pacific Healthcare and Hospital Awards 2023 ceremony was an exceptionally humbling experience for every doctor and team member of Gleneagles Hospital Kuala Lumpur.

**The hospital takes immense pride in the recognition it has received, as it reflects the collective efforts of the entire team and the steadfast support of its valued patients.**

Amongst numerous remarkable achievements by industry players at the award ceremony, Gleneagles Hospital Kuala Lumpur has received an incredible seven prestigious awards, including the illustrious **"Hospital of the Year" award for the second year in a row.** This recognition serves as a validation of its continuous pursuit of excellence and commitment to delivering unparalleled healthcare services to the community it serves. List of all awards received by Gleneagles Hospital Kuala Lumpur:

- ★ Hospital of the Year in Malaysia
- ★ Customer Care Service Provider of the Year in Asia-Pacific
- ★ Endocrinology Service Provider of the Year in Asia-Pacific
- ★ Gastroenterology Service Provider of the Year in Asia-Pacific
- ★ ICU Service Provider of the Year in Asia-Pacific
- ★ Neurology Service Provider of the Year in Asia-Pacific
- ★ Prostate Care Service Provider of the Year in Asia-Pacific

Their dedication to medical advancement and unwavering commitment to delivering the utmost patient satisfaction contribute to their well-deserved recognition.

The hospital's consistent commitment to high-quality healthcare across a wide and diverse range of medical specialties and procedures, coupled with unwavering dedication to patient satisfaction, has played a pivotal role in securing these awards. From the dedicated medical and support staff to state-of-the-art technologies, the hospital continuously strives to deliver exceptional care and service to its patients.

**The awards received encompass various aspects of the hospital's operations and reflect the committed focus on excellence.** It reinforces this hospital's dedication to providing exceptional patient care, innovative medical advancements, compassionate services, and unparalleled patient experiences.

**Central to our appreciation lies the esteemed title of "Hospital of the Year,"** which holds a profound significance in our hearts, as it recognises the unwavering dedication and commitment exhibited by every doctor and healthcare professional within the hospital. Their tireless efforts in delivering exceptional patient care truly embody the essence of the saying, **"The biggest reward for a job well done is to have done it."**

## Customer Care Service Provider of the Year in APAC:

Receiving this award demonstrates that **Gleneagles Hospital Kuala Lumpur excels in meeting and surpassing the expectations of its patients, resulting in high levels of satisfaction and positive feedback.** It highlights the hospital's ability to understand and respond to the unique needs of each patient, fostering a trusting and caring relationship.

**"Ultimately, this award reflects our dedication to excellence, compassion, and overall commitment to delivering the best possible care to our patients, reaffirming our position as a top choice in the healthcare industry,"** noted Ms Hoo.

This is not the only recognition that the hospital has received for its relentless efforts in enhancing the patient experience and delivering exceptional customer value. In May 2023, Gleneagles Hospital Kuala Lumpur was honoured with the Customer Value Leadership Award 2023 by Frost & Sullivan, further cementing the hospital's commitment to delivering compassionate, personalised and outstanding healthcare services.

## “Crowning Achievement: Hospital of the Year Award

**Winning the esteemed "Hospital of the Year" award for two consecutive years holds profound significance for the hospital and is a testament to the consistent efforts and extraordinary achievements of its entire team.** This recognition reaffirms the hospital's commitment to providing exceptional patient care, innovative medical advancements, and unparalleled service quality while reflecting the trust and confidence placed in them by their valued patients and the wider community.

In addition, the hospital's relentless pursuit of excellence, state-of-the-art facilities, cutting-edge technologies, and highly skilled medical staff earned it this coveted title. Its commitment to continuous improvement and collaborations with national and international experts sets us apart as a healthcare leader in Malaysia. With a strong emphasis on patient satisfaction and safety, **the hospital prioritises a patient-centric approach, offering personalised attention, empathy, and compassion throughout the healthcare**

**journey, creating a comfortable and supportive environment for patients and their families.**

Winning this award consecutively showcases the hospital's ability to sustain and build upon its high standards, continuously raising the bar in clinical, operational, and service excellence. It is a testament to the hospital's enduring mission to be at the forefront of healthcare innovation and compassion, as we continue to redefine the benchmark for superior healthcare services.

**Ms Hoo shared her thoughts on the hospital's performance at the GlobalHealth Asia-Pacific Healthcare and Hospital Awards 2023.** "I am immensely proud and humbled by the recognition bestowed upon us through winning seven Global Health Awards. It really is all about our incredible team! They're the ones fuelling our success, always pushing for the best in clinical care, operations, and service excellence. Together, we're dedicated to delivering top-notch healthcare, ensuring our patients get the absolute best on their path to healing and wellness. **Winning these awards spurs us on to do even better, driving innovation as we continue our mission to lead the way in exceptional healthcare with heart.**"



## ICU Service Provider of the Year in APAC:

Gleneagles Hospital Kuala Lumpur's Intensive Care Unit (ICU) has received praise for its outstanding critical care services, cutting-edge equipment and experienced dedicated healthcare professionals. This prestigious award is a result of its ICU's ability to deliver high-quality, round-the-clock care to critically ill patients, emphasising advanced life-support systems and continuous staff training.

Ms Hoo noted, "ICU departments are the heart and soul of any hospital, providing critical care that can make all the difference in a patient's life and care. This significant award for our Intensive Care Unit highlights the pivotal role our ICU plays in ensuring the highest standard of care for our patients during their most vulnerable moments. This recognition reinforces our commitment to excellence and motivates us to continue pushing boundaries in providing exceptional critical care services to our community."

With a 20-bed capacity and high dependency unit (HDU) beds adjoining eight operation theatres and two catheterisation labs, the ICU's strategic layout facilitates seamless patient transfer and coordination between different departments, particularly for patients requiring immediate post-operative monitoring and support.

The commitment to excellence extends to all age groups, including infants, as the hospital features dedicated units like the Neonatal Intensive Care Unit (NICU) and Neonatal High Dependency Unit (NHDU) to provide intensive care for newborns. These specialised units showcase the hospital's commitment to offering comprehensive care for patients of all ages and medical conditions. Other features of the ICU include:

- Medical officers support in ICU 24-hours daily.
- 1-to-1 care for ventilated and critically ill patients.
- Exceeding MOH's requirement of at least 40% post-basic ICU-trained nurses.
- Regular structured competency-based training for nurses.



## Endocrinology Service Provider of the Year in APAC:

Gleneagles Hospital Kuala Lumpur's comprehensive endocrine service, equipped with all related specialties on a single hospital site, allows the hospital to deliver top-notch consultant care and groundbreaking research across diabetes, thyroid disorders, metabolic issues, menopause, osteoporosis, hypertension and cholesterol disorders. Emphasising a multi-tiered approach, the hospital is dedicated to evaluating, managing, and educating patients with diabetes of all types, ensuring effortless adaptation and exceptional care. The concentration of advanced clinical facilities and highly qualified specialists further enhances our care for complex endocrine cases.

“We're ecstatic to earn the prestigious title of Endocrinology Service Provider of the Year for the second year running,” said Ms Hoo.

She added, “We're proud of our collaborative network, linking specialists and colleagues worldwide, facilitating seamless referrals and peripheral management of various Endocrine conditions.”

## Gastroenterology Service Provider of the Year in APAC:

Gleneagles Hospital Kuala Lumpur is also well-regarded for its comprehensive and advanced gastroenterology services. The hospital's gastroenterology department boasts a team of highly qualified and experienced gastroenterologists specializing in diagnosing and treating various gastrointestinal conditions. Equipped with modern diagnostic tools, including endoscopy and colonoscopy, the hospital ensures precise and accurate assessments of the digestive tract. They offer a wide range of treatment options for gastrointestinal conditions, encompassing medical management, minimally-invasive procedures, and, if necessary, surgical interventions.

The hospital excels in providing specialised care for liver diseases, such as viral hepatitis, fatty liver disease, cirrhosis, and liver cancer. Additionally, their expertise extends to the management of inflammatory bowel diseases (IBD) like Crohn's disease and ulcerative colitis. Patients receive nutritional counselling and support, particularly those with digestive disorders, demonstrating a holistic approach to patient care.

The gastroenterology team at Gleneagles Hospital Kuala Lumpur collaborates closely with other specialists and healthcare professionals to ensure comprehensive and integrated care for patients with complex medical needs. Patient comfort, safety, and satisfaction remain paramount throughout the treatment process, reflecting their patient-centred approach.

## + Prostate Care Service Provider of the Year in APAC:

The hospital's position as a leader in prostate care within the Asia Pacific region is attributed to its adoption of advanced technologies, expertise in minimally-invasive procedures and a team of experienced urologists. **Building on this legacy of excellence, the hospital proudly utilises the da Vinci Si Surgical System to further elevate the quality of care and precision in urological surgeries.** This state-of-the-art robotic technology enables our skilled urologists to perform intricate procedures with unmatched precision, promoting faster recovery and improved patient outcomes.

“ The da Vinci Si Surgical System is a game-changer in surgery, providing surgeons the power to perform intricate surgeries with mind-blowing precision, leading to fewer complications, quicker recovery and an all-around better surgical experience,” explained Ms Hoo.



As the epitome of minimally invasive surgery, **da Vinci robotic surgery allows surgeons to perform delicate procedures with unmatched precision**, yielding superior outcomes for patients.

## Leading the Way: Pioneering Excellence Across the Asia Pacific Region

The GlobalHealth Asia-Pacific Healthcare and Hospital Awards 2023 bring significant benefits to both patients and Gleneagles Hospital Kuala Lumpur. **Patients gain confidence, knowing they are in the hands of an award-winning healthcare institution committed to excellence and the highest standards of care.** These accolades solidify the hospital's position as a leading private hospital in Malaysia, attracting top medical talent, building trust with patients as well as partners and inspiring ongoing quality improvement initiatives. **The hospital looks toward an ambitious future, aiming to become a regional healthcare hub, investing in cutting-edge technology, research collaborations and partnerships to provide comprehensive, multidisciplinary care to patients across the Asia Pacific region.**

To learn more about Gleneagles Hospital Kuala Lumpur, visit:  
<https://gleneagles.com.my/kuala-lumpur>



## “ Neurology Service Provider of the Year in APAC:

At the forefront of cutting-edge neurodiagnostic techniques, advanced treatments and patient-centred care stands the hospital's neurology department. With a steadfast commitment to continuous medical education, research collaborations and a multidisciplinary approach, the department consistently strives to achieve the best possible outcomes for patients grappling with neurological conditions. **Complementing their dedication to excellence, the hospital proudly utilises the groundbreaking Gamma Knife Radiosurgery, a non-invasive neurosurgical procedure that leverages precise radiation beams to treat diseased brain tissue while preserving surrounding healthy tissue.**

**Gamma Knife Radiosurgery, with its remarkable precision and innovative technology, opens new doors for patients facing brain tumours, vascular malformations and functional disorders, offering a potential path to improved well-being without the need for traditional open surgery.**”





# GlobalHealth ASIA-PACIFIC AWARDS 2023

Always **On Your Side,**  
every step of the way



Hospital of the Year  
in Malaysia



Customer Care Service  
Provider of the Year  
in Asia-Pacific



ICU Service  
Provider of the Year  
in Asia-Pacific



Endocrinology Service  
Provider of the Year  
in Asia-Pacific



Neurology Service  
Provider of the Year  
in Asia-Pacific



Prostate Care Service  
Provider of the Year  
in Asia-Pacific



Gastroenterology Service  
Provider of the Year  
in Asia-Pacific



Hospital of the Year  
in Malaysia



Value-based  
Hospital of the Year  
in Asia-Pacific



Bariatric Service  
Provider of the Year  
in Asia-Pacific



Endocrinology Service  
Provider of the Year  
in Asia-Pacific



Value-based  
Hospital of the Year  
in the Asia-Pacific



Endocrinology Service  
Provider of the Year  
in the Asia-Pacific



Diabetes Service  
Provider of the Year  
in the Asia-Pacific



Bariatric Service  
Provider of the Year  
in Asia-Pacific



Health Screening  
Provider of the Year  
in Asia-Pacific



Urology Service  
Provider of the Year  
in Asia-Pacific



**Gleneagles Hospital**  
KUALA LUMPUR

# Placing your well-being at the heart of everything we do

Gleneagles Hospital Kuala Lumpur has been delivering exceptional patient care since 1996. As a part of IHH Healthcare, we are one of the leading private hospitals in the metropolitan capital of Malaysia. Gleneagles Hospital Kuala Lumpur is highly respected for its excellent clinical outcomes and has become a reputable healthcare service provider in both Malaysia and the South East Asian region. Every year, we are caring and treating more than 50,000 international patients from over 120 countries in 40 clinical specialties.

## SPECIALTIES

We offer a comprehensive range of medical specialties through more than 200 qualified and experienced consultant doctors. Our medical professionals are committed to providing quality and personalised healthcare for inpatient and outpatient services.

- Allergy & Immunology
- Anaesthesiology
- Audiology
- Bariatric & Metabolic Surgery
- Breast & Endocrine Surgery
- Cardiology
- Cardiothoracic Surgery
- Dermatology
- Dental Surgery
- Ear, Nose & Throat Surgery
- Endocrinology & Metabolic Medicine
- Gastroenterology
- General Surgery
- Geriatrics
- Haematology
- Hand & Microsurgery
- Maxillofacial Surgery
- Medical Oncology
- Neurology
- Neurosurgery
- Nephrology
- Obstetrics & Gynaecology
- Ophthalmology
- Oncology
- Orthopaedics & Trauma Surgery
- Paediatrics
- Paediatric Surgery
- Pain Specialist
- Pathology
- Palliative Medicine
- Internal Medicine
- Plastic & Reconstructive Surgery
- Psychiatry
- Psychology
- Radiology
- Rehabilitation Medicine
- Respiratory Medicine
- Rheumatology
- Thoracic Surgery
- Urology
- Vascular Surgery

## AWARDS & ACCREDITATION

Gleneagles Hospital Kuala Lumpur is one of the first private hospital in Malaysia to be accredited by US-based Joint Commission International (JCI); while locally we are accredited with the Malaysian Society for Quality in Health (MSQH). In addition, other notable awards that attest to the quality of care at GKL included:

- Hospital of the Year in Malaysia, Customer Care Service Provider of the Year in Asia-Pacific, Endocrinology Service Provider of the Year in Asia-Pacific, Gastroenterology Service Provider of the Year in Asia-Pacific, ICU Service Provider of the Year in Asia-Pacific, Neurology Service Provider of the Year in Asia-Pacific, and Prostate Care Service Provider of the Year in Asia-Pacific at Global Health Awards 2023
- 2023 Malaysia Hospital Customer Value Leadership Award by Frost & Sullivan
- Reader's Digest Trusted Brand Award – 2023, 2022, 2018, 2017, 2016
- Hospital of the Year in Malaysia, Value-based Hospital of the Year in Asia Pacific, Bariatric Service Provider of the Year in Asia Pacific, and Endocrinology Service Provider of the Year at Global Health Awards 2022
- Value-based Hospital of the Year in Asia Pacific 2021, and Endocrinology Service Provider of the Year at Global Health Awards 2021
- Best Urology Service Provider and Health Screening Provider in Asia Pacific by the Global Health and Travel Awards 2019
- International Hospital of the Year award as well as a Highly Commended for Excellence in Customer Service award from the prestigious International Medical Travel Journal in 2018



Connect with us online

**Gleneagles Hospital Kuala Lumpur**

Number: 282, 286 & 288,

Block A, B & Medical Office Block (Ground Floor),

Jalan Ampang, 50450 Kuala Lumpur

Tel: +603-4141 3000 (General Line)

Email : my.gkl.inquiry@gleneagles.com.my

### Awards:



# *Congratulations*

to Gleneagles Hospital Singapore and  
Mount Elizabeth Hospitals on their stellar results  
at the GlobalHealth Asia-Pacific Awards 2023.

## **Mount Elizabeth Hospitals Singapore**



Advanced Cardiology  
Service Provider of the Year  
in Asia-Pacific  
(2022-2023)



Stroke  
Centre of the Year  
in Asia-Pacific  
(2020-2023)



Transplant Service  
Provider of the Year  
in Asia-Pacific  
(2021-2023)



Complex Paediatric Service  
Provider of the Year  
in Asia-Pacific



Hospital of the Year  
in Singapore  
(2018-2023)



Hospital of the Year  
in Asia-Pacific  
(2016-2023)

## **Gleneagles Hospital Singapore**



Spine Care Service  
Provider of the Year  
in Asia-Pacific  
(2021-2023)





Mount Elizabeth Hospitals win  
**Hospital of the Year**  
**in Asia-Pacific**  
for the eighth year  
2016 - 2023

*Warmest  
Congratulations*  
from GlobalHealth Asia-Pacific



# HOSPITAL OF THE YEAR IN THAILAND

## SAMITIVEJ HOSPITAL

### CAR T-Cell Therapy: Empowering Pediatric Cancer Treatment

Suradej Hongeng, M.D. on Jul 20, 2023

#### Highlights:

- **Harnessing the immune system:** CAR T-cell therapy empowers the immune system to target and eliminate cancer cells, offering a new approach to pediatric cancer treatment.
- **Successful outcomes:** Samitivej Children's Hospital has achieved remarkable success with CAR T-cell therapy, treating 10 patients, including 7 pediatric cancer patients, and delivering exceptional care and outcomes.
- **State-of-the-art facilities:** Samitivej Children's Hospital is equipped with advanced facilities, supporting the delivery of CAR T-cell therapy at the forefront of medical innovation.

Chimeric antigen receptor (CAR) T-cell therapy is an advanced form of immunotherapy that shows great promise in combating blood cancer. By modifying a patient's T cells and reintroducing them into the body, CAR T-cell therapy empowers the immune system to identify and attack cancer cells, offering hope for children with leukemia and potential treatments for other cancer types.

#### T-Cells

T-cells are special white blood cells that help our body fight infections and diseases such as cancer. They move around in our body to find and destroy bad cells. When we get sick, T cells are produced to fight the specific problem. They also remember the infections



Nicolas Leloup

they fight, so if we get reinfected with the same pathogen in the future they can quickly attack and stop it.

#### What is CAR T-cell therapy?

CAR T-cell therapy is an innovative cancer treatment that enhances the ability of T-cells to recognize and eliminate cancer cells. It involves genetically modifying T cells in a laboratory to express chimeric antigen receptors (CARs), which improve their targeting capabilities. This therapy addresses the challenge of distinguishing cancer cells from normal cells, offering a promising approach to cancer treatment.

#### How does it work?

CAR T-cell therapy works by genetically engineering T-cells to produce CARs, which are receptors capable of recognizing specific proteins on cancer cells. T-cells are collected from a parent or sibling and modified in a lab to express CARs, enabling them to bind to specific proteins on cancer cells. These modified CAR T-cells are then multiplied and infused into the patient's bloodstream.

CAR T-cell therapies are customized to target specific cancer antigens. For example, in certain types of leukemia and lymphoma, cancer cells have an antigen called CD19. CAR T-cell therapies are designed to bind to the CD19 antigen, but they are not effective for cancers that do not have this antigen.

Once in the body, CAR T-cells can recognize and target cancer cells more effectively. They initiate a powerful immune response, leading to the destruction of cancer cells. This personalized approach harnesses the patient's immune system to fight cancer, providing a targeted and potent treatment option. CAR T-cell therapy has demonstrated significant efficacy, especially in cases where other treatments have been unsuccessful. It has received USA FDA approval for the treatment of hematological malignancies like leukemia, lymphoma, and multiple myeloma, offering hope to patients facing these diseases.

#### What is the CAR T-Cell Therapy process?

- **Collecting the T-Cells:** The blood of

a parent or sibling is drawn from a vein and undergoes a process called apheresis, also known as leukapheresis, to remove T-cells, which takes about 2-3 hours, while the remaining blood is returned to the body.

- Engineering the T-Cells: T cells are sent to a laboratory where they are genetically modified by adding a manufactured CAR, allowing them to become CAR T cells. These cells are then multiplied in the lab for approximately 3-4 weeks.
- Preparing for CAR T Cells therapy: 1 - 2 weeks before CAR T-cell therapy, low-dose chemotherapy is given to prepare the patient's body and optimize the effectiveness of the treatment. This helps create space for the new CAR T-cells by reducing the number of other immune cells, enhancing their ability to fight cancer.
- CAR T-cells are infused into the patient's arm after an adequate quantity is produced. Hospitalization for 3-4 weeks is required to closely monitor the patient's condition during this time.

#### Who qualifies for CAR T-cell therapy?

CAR T-cell therapy is indicated for some children who have relapsed or to target refractory (R/R) blood cancers such as acute lymphoblastic leukemia (ALL), Large B cell non-Hodgkin's Lymphoma, and solid tumors like neuroblastoma that haven't responded to conventional treatments.

To determine if you qualify for CAR T-cell therapy, consult a pediatric oncologist who will assess your medical condition. Factors like cancer type, stage, previous treatments, and overall health will be considered. Seek expert advice and personalized guidance by scheduling an appointment.

#### What are the side effects of CAR T-Cell therapy?

- Cytokine release syndrome (CRS) is a serious complication characterized by fever, chills, muscle pain, nausea, and low blood pressure
- Nervous system problems can occur, leading to headaches, confusion, seizures, and difficulty speaking or balancing
- Other potentially serious side effects include abnormal blood mineral levels, allergic reactions, a weakened immune system, and low blood cell counts

Experienced doctors and nursing teams specialized in CAR T-cell treatment can promptly recognize and treat symptoms. Close monitoring and adherence to a standard of care are crucial during CAR T-cell therapy to address potentially serious side effects.

#### Advantages of CAR T-Cell Therapy at Samitivej Children's Hospital

- Expertise: Led by Professor Suradej Hongeng, M.D., our specialized team has extensive experience in CAR T-cell therapy, stem cell transplantation, and cancer treatment. Having treated over 1,000 pediatric oncology patients and successfully performed CAR T-Cell treatments in 10 patients, including 7 pediatric cancer patients, we deliver exceptional care and outcomes. Research Contributions: Professor Suradej Hongeng's groundbreaking work in CAR T-cell therapy, including the development of CD19 Chimeric Antigen Receptor (CAR) modified T-cells, has revolutionized the field. Learn more about his CAR T-cell therapy research here: <https://onlinelibrary.wiley.com/doi/epdf/10.1111/ajco.13474>. Explore other research articles by Professor Hongeng here: [https://pubmed.ncbi.nlm.nih.gov/?term=Hongeng+S&cauthor\\_id=36427475](https://pubmed.ncbi.nlm.nih.gov/?term=Hongeng+S&cauthor_id=36427475).
- CAR T-cell Manufacturing Facility:

Our partnership with Thailand's First GMP-certified for Cell and Gene Therapy manufacturing facility ensures international standards and advanced technology for CAR-T production. Patient safety is prioritized with rigorous quality testing. Our collaboration for top-quality CAR T-cell therapy is trusted and cost-efficient, with cost decreasing 5-fold compared to outsourcing the production abroad.

- Multidisciplinary Team: Our team consists of various specialists, including Pediatric Hematologists and Oncologists, Pediatric Pulmonologists, Pediatric Cardiologists, Pediatric Psychiatrists, Pediatric Dentists, Dietitians, Pharmacists, Ward Nurses, Lab and Blood Bank Unit Technicians, Infection Control Nurses and more staff, who collaborate closely to provide comprehensive and coordinated care to children undergoing CAR T-cell therapy.
- State-of-the-Art Facilities: Samitivej Children's Hospital is equipped with advanced facilities including private rooms, all of which have HEPA filters with positive pressure ventilation, supporting the delivery of CAR T-cell therapy with cutting-edge medical equipment.
- International Standard of Care: Samitivej Children's Hospital has been awarded the prestigious "Specialty Hospital of the Year" at the 2022 Healthcare Asia Awards. This accolade is a testament to our commitment to providing international standard care to patients across Asia. Our hospital strives for excellence in delivering exceptional healthcare services, ensuring the highest level of quality and safety for our patients.

# THOMAS MASTERSON HEALTHCARE PIONEER OF THE YEAR IN ASIA-PACIFIC

## DATO' DR JACOB THOMAS

Dato' Dr Jacob Thomas is the deserving winner of the Thomas Masterson Healthcare Pioneer of the Year in Asia-Pacific, a new award that aims to recognise the achievements of leading healthcare experts while honouring the memory of Thomas Masterson, the late founder of Global Health Asia-Pacific magazine.

Dr Jacob is a well-known and prominent healthcare leader who has been serving for many years in various capacities in both the Malaysian public and private healthcare sectors.

He firstly practised as a medical officer at the Casualty and Outpatient Departments at General Hospital, Klang. After a few years, the Ministry of Defence asked him to serve as a medical officer in the Malaysian Armed Forces. During his army service, he was required to be in active duty in "hot areas" (which were remote locations where operations were being carried out against communist guerillas). For his contributions to the Armed Forces and country during this difficult period in the history of Malaysia, he was conferred the prestigious Pingat Jasa Negara (PJN), or the National Bravery Award.

In 1985, a life-changing year for Dr Jacob, he decided to leave government service and enter the private healthcare sector, setting himself on a successful career path. He started off as a medical officer at the Subang Jaya Medical Centre (SJMC), a hospital that had just opened back then.

It took no time for his bosses to recognise Dr Jacob's good management skills and his ability to interact with



Dato' Dr Jacob Thomas

staff at all levels. As a result, he was promoted year after year culminating in 1998, when Sime Darby appointed him as the first Malaysian Executive Director of Subang Jaya Medical Centre.

He has also served as a Board Member of the Association of Private Hospitals in Malaysia (APHM) for over 20 years from 1997 until 2018. The last 10 years of that term was as the President. In this role, Dr Jacob worked very hard to improve the image of the private healthcare sector in Malaysia.

From 1998, he worked tirelessly interacting with the Ministry of Health, MATRADE, Tourism Malaysia, and the private hospitals in promoting

Malaysian healthcare abroad. He led numerous promotional visits to countries in the region "shouting out" about the high quality and yet affordable healthcare services available in Malaysian hospitals. His efforts were also largely responsible for the eventual formation in 2009 of the Malaysian Healthcare Travel Council (MHTC), the government agency that promotes the country's medical tourism sector.

Recognising his leadership in healthcare in the region and globally, Dr Jacob was invited by the Joint Commission International (JCI), an international hospital accreditation body based in the USA, to be a board member. In 2020 he took over as the Chairman of the board. A prestigious post he held for two years till 2022.

Dr Jacob continues to serve as the Group Medical Advisor for Ramsay Sime Darby Health Care.

On receiving the Thomas Masterson Healthcare Pioneer of the Year in Asia-Pacific award, he told Global Health Asia-Pacific: "I hope this award will inspire many more to come forward to take part in healthcare activities in the region and in medical tourism."

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THE SAKE  
OF YOUR  
COMPANY,

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For The  
OPTICS

# MEDICAL TOURISM HOSPITAL OF THE YEAR IN ASIA-PACIFIC

## MAHKOTA MEDICAL CENTRE

Mahkota Medical Centre (Mahkota), founded in 1994, is one of the largest and most comprehensive tertiary private hospitals in Southern Malaysia. The hospital is strategically located in the city centre of Melaka, a UNESCO World Heritage Site, with close links to the airport and ferry port. Mahkota's vision is to be the most reputable referral hospital in Southeast Asia by bringing together the most competent medical capabilities from within and outside of our hospitals.

The hospital offers state-of-the-art diagnostics and therapies, along with high-quality medical services with over 120 practising consultants across a wide range of medical and surgical disciplines. Through these specialised programmes, Mahkota strives to provide patient-focused care that integrates the expertise of a multidisciplinary team.

Mahkota continuously invests in the latest medical equipment to deliver the best clinical outcomes, such as PET-CT scan, Dual Source CT scan, the first and only High-Intensity Focused Ultrasound (HIFU) treatment in Malaysia and more. It is one of the most comprehensive hospitals, focusing on medical sub-specialties with high and unique surgical workloads. Some of the unique surgical procedures include the Heated Intraperitoneal Chemotherapy (HIPEC) and Pressurised Intraperitoneal Aerosolised Chemotherapy (PIPAC) for peritoneal cancers. The hospital is also one of the four that is licenced to conduct Kidney Transplants, and this year marked a significant milestone as the team of experts successfully



Stanley Lam

performed the first ABO - Incompatible Kidney Transplant.

Mahkota Medical Centre stands out not only for its continuous advancements in medical equipment but also for its unwavering commitment to upholding exceptional standards of care and service. This dedication is reflected in its latest achievements, where the hospital earned prestigious recognitions and global accreditations. In the first half of the year, Mahkota Medical Centre was reaccredited by the Joint Commission International (JCI) and received the Breast Cancer Clinical Programme Certification. Furthermore, it was

selected as one of the four finalists for the Flagship Medical Tourism Hospital Programme. Elevating its status further, Mahkota Medical Centre won the GlobalHealth Asia-Pacific award for Medical Tourism Hospital of the Year in Asia-Pacific in 2023. This esteemed recognition acknowledges the hospital's efforts in serving international patients and providing integrated services for a seamless international patient journey.

As one of the pioneer medical tourism players, Mahkota has enhanced its services by having a total of 17 Authorised Representative Offices (AROs) in Southeast Asia. This includes Indonesia, Singapore, Vietnam, Taiwan, and Bangladesh as we understand the challenge of travelling and we aim to facilitate and ease this process for patients. Mahkota also offers shuttle services, visa extensions, luggage storage services, and translation services for international patients. To optimise the process further, Mahkota set up an International Patient Centre (IPC) in April 2022 to provide a seamless patient experience and improve the healthcare journey of international patients (inpatient cases only). With open borders, more international patients are returning to Mahkota as their preferred healthcare facility to seek treatment. For more information, contact Mahkota at +606 285 2999 or WhatsApp +6010 228 8961.

# What is Breast Cancer Clinical Care Programme Certification (CCPC) ?



1

Mahkota's breast cancer care has met the **international standards.**



2

Our **breast care team** comprising of doctors and medical personnel **provide a holistic approach** to breast cancer treatment.



3

Our nurse navigator and breast care team members act as **trusted buddies** to provide transparent and comprehensive care as well as emotional support **throughout the journey.**



4

Mahkota is committed to the patient's health and well-being, and offers a **5-year follow-up program** to ensure that patients are receiving the care they need.

# CHAMPIONING EXCELLENCE: ISLAND HOSPITAL'S REMARKABLE WIN OF FOUR PRESTIGIOUS ACCOLADES

## A Stellar Triumph at the 2023 Global Health Asia-Pacific Awards

### Celebrating Excellence, Innovation, and Patient-Centric Care

The healthcare industry is a constantly evolving landscape where excellence, innovation, and a commitment to patient-centric care are paramount. In the heart of the Asia-Pacific region, Island Hospital has emerged as a beacon of brilliance, rewriting the norms of healthcare delivery. In a groundbreaking moment of recognition, the hospital has secured not one, but four prestigious accolades at the 2023 Global Health Asia-Pacific Awards. These wins not only celebrate the hospital's achievements but also underline its profound commitment to enhancing patient outcomes and transforming healthcare as we know it.

### An Emblem of Unwavering Excellence

With a rich history spanning over two decades, Island Hospital has become synonymous with unparalleled healthcare in the region. Its journey towards excellence began with a vision to put patients first, and this vision continues to guide its path to this day. Earning the coveted title of **Value Based Hospital of the Year in Asia-Pacific** is a testament to the hospital's unwavering commitment to striking a delicate balance between exceptional healthcare outcomes and cost-effectiveness. By meticulously optimising resource utilisation, embracing evidence-based practices, and nurturing a culture of continuous improvement, Island Hospital has



Lim Kooi Ling

set a new benchmark for healthcare providers worldwide.

### Revolutionising Healthcare with Innovation

Innovation lies at the core of Island Hospital's success story. The hospital's relentless pursuit of cutting-edge solutions has earned it the distinguished title of **Smart Hospital of the Year in Asia-Pacific**. With the digital revolution sweeping through the healthcare industry, Island Hospital has embraced technology to elevate patient care and operational efficiency. The seamless integration of electronic health records, telemedicine, and artificial intelligence has allowed the hospital to provide personalised and efficient care, ensuring that patients receive the

attention they need, exactly when they need it.

### Pioneering Diagnostic Excellence

Winning the **Diagnostic Imaging Centre of the Year in Asia-Pacific** award is a testament to Island Hospital's pioneering approach to diagnostic excellence. A significant contributor to this achievement is the hospital's groundbreaking Nuclear Medicine Centre, which has garnered widespread recognition for its exceptional imaging capabilities and cutting-edge technology.

At the heart of this success lies the Siemens Biograph mCT PET/CT Scanner, a state-of-the-art machine that has revolutionised the way physicians visualise and diagnose medical conditions. This advanced scanner combines the power of positron emission tomography (PET) and computed tomography (CT) to provide highly detailed images of the body's internal structures. The result is unprecedented accuracy and precision in detecting and staging various diseases, ranging from cancer and neurological disorders to cardiac conditions.

But Island Hospital's commitment to diagnostic excellence doesn't stop there. In addition to its Nuclear Medicine Centre, the hospital has recently established a cutting-edge Radiotherapy Centre equipped with the state-of-the-art TrueBeam® Radiotherapy System with HyperArc Technology. This remarkable machine represents a breakthrough in cancer treatment, bringing new hope to



patients facing complex tumors and challenging conditions.

Island Hospital's diagnostic prowess, bolstered by the Nuclear Medicine Centre and the Radiotherapy Centre, has set new standards in healthcare. The hospital's commitment to acquiring cutting-edge technology and investing in the professional development of its medical staff demonstrates its dedication to providing patients with the best possible care. By combining these innovative resources with its patient-centric approach, Island Hospital continues to make significant strides in improving patient outcomes and setting new benchmarks for diagnostic excellence in the Asia-Pacific region.

**Empowering Preventive Healthcare for a Healthier Future**

In the realm of healthcare, prevention has always been better than cure. Island Hospital's dedication to preventive healthcare has been aptly acknowledged with the award for **Health Screening Service Provider of the Year in Asia-Pacific**. By offering comprehensive health screening packages, the hospital empowers individuals to take charge of their health and well-being. Early detection of potential health issues allows for timely interventions and management, significantly reducing the burden of preventable diseases on the community.

**A Triumph Beyond Recognition: Inspiring the Future of Healthcare**

Island Hospital's exceptional achievement at the 2023 Global Health Asia-Pacific Awards goes beyond the recognition and applause. Through a steadfast commitment to patient-centric care, innovation, and continuous improvement, the hospital has showcased the positive impact that collective efforts can have on the healthcare industry. As healthcare providers in Asia-Pacific all come together to celebrate their individual



milestones, we are encouraged to join hands and collaborate, drawing inspiration from one another's success story to foster a culture of excellence and innovation in our shared pursuit of better healthcare outcomes for all. Together, we can raise the bar and shape a brighter future for patients, one that prioritises their needs and well-being above all else.

**A Future of Boundless Possibilities**

Island Hospital's resounding triumph at the 2023 Global Health Asia-Pacific Awards has not only earned it well-deserved recognition but also placed it on a pedestal as a true pioneer in the healthcare landscape. By championing

patient-centric care, adopting cutting-edge technologies, and prioritising preventive healthcare, the hospital has set an exemplary standard for the industry.

As the hospital charts its course for the future, it does so with a spirit of unwavering determination, fueled by the commitment to enhance healthcare delivery and make a lasting impact on the lives of patients. With its eyes set firmly on the horizon, the hospital is poised to embrace boundless possibilities, transforming healthcare and making a positive difference in the lives of countless individuals for years to come.



# Celebrating a Legacy of Excellence and Award-Winning Care



## Global Health Asia Pacific Awards 2023

- Diagnostic Imaging Centre of the Year in Asia-Pacific
- Health Screening Service Provider of the Year in Asia-Pacific
- Smart Hospital of the Year in Asia-Pacific
- Value Based Hospital of the Year in Asia-Pacific

**ISLAND HOSPITAL SDN. BHD.** (Company No. 199401038023)  
No. 308 Macalister Road, 10450 Penang, Malaysia.  
For information: **T:** +604 238 3388 **F:** +604 226 7989 **E:** info@islandhospital.com  
**f** **@** **▶** islandhospitalpenang [www.islandhospital.com](http://www.islandhospital.com)



We are ranked as one of the Best Specialized Hospitals for **Orthopaedics** and **Cardiology** in Asia Pacific by Newsweek



Finalist for the Flagship Medical Tourism Hospital Programme 2023-2025 by Malaysia Healthcare Travel Council (MHTC)



# AGILE-LIVING ELDERLY SERVICE PROVIDER OF THE YEAR IN ASIA-PACIFIC

## FARRER PARK HOSPITAL

### Agile-Living Elderly Wellness Service Provider of the Year in Asia-Pacific

As a tertiary hospital providing specialised care for chronically ill patients, Farrer Park Hospital (FPH) prioritises a holistic approach to patient care, recognising that the overall well-being and health of elderly persons go beyond specialised medical treatments. Adding an aging wellness residency at its adjacent location, FPH complements its specialised care capabilities with programs and resources to promote older adults' physical, mental, and emotional well-being.

The Agile47 program is an all-in-one living residency within a hospitality setting. Located within the One Farrer Hotel (OFH) adjacent to FPH, Agile47 is managed by PeppoMint and is a prime example of a place that supports aging wellness through its comprehensive offerings and commitment to the well-being of older adults. This unique combination features a wellness retreat with medical and health services that provide a fresh and holistic approach to wellness.

The concept is reflected in Agile47, "Ag" and "47" being Silver's atomic symbol and number, respectively. With the care principle of agility of the mind, body, and soul, Agile47 was developed specifically for the Silver Generation to feel "47" again!

The critical consideration is to ensure that it is an aging-friendly environment, one that is safe and accessible, with well-designed spaces that accommodate mobility aids, handrails for stability, spacious rooms,



Dr Timothy Low

and easy navigation throughout the premises to ensure comfort and convenience. In addition, activities and programs are specifically tailored to the needs of older adults and incorporate elements such as exercise classes, lifestyle workshops, cognitive stimulation activities, mindfulness sessions, and social engagement opportunities.

"Socialising with others provides an elderly person with mental and cognitive stimulation, which helps keep the brain active and healthy. It can be from engaging in conversations, discussions, or a game of mahjong. It gives them a purpose and a feeling of

being valued among peers," said Dr Timothy Low, CEO of FPH.

The program takes place within OFH, which houses a permanent collection of over 400 award-winning pieces of original contemporary abstract art from Greater Asia, 15 water and tropical gardens, and a fully operational vegetable and fruit growing facility called The Farm. Residents can explore these therapeutic elements freely at their own pace and time.

Lastly, the nutritious culinary program, a cooking class that provides a hands-on opportunity to create healthy meals, teaches residents how to recognise the importance of nutrition in healthy aging.

PeppoMint coordinates with FPH's dietitian and the hotel's culinary team to prepare nutritious and balanced meals using fresh and locally sourced ingredients. The menus are designed to meet the specific dietary requirements of older adults, promoting overall health and well-being.

By offering aging wellness services in addition to providing specialised care, FPH aims to promote a holistic approach to patient care, addressing the needs of an aging population while providing a continuum of care that emphasises preventive care and long-term health in collaboration with specialised practitioners. By integrating aging wellness into its services, the hospital can better meet the evolving needs of older adults and enhance the overall well-being of its patients.

# BRAIN AND SPINE SERVICE PROVIDER OF THE YEAR IN ASIA-PACIFIC

## KPJ AMPANG PUTERI SPECIALIST HOSPITAL

KPJ Ampang Puteri Specialist Hospital (KPJ APSH) began operations in 1995 as one of KPJ Healthcare Berhad's flagship hospitals. With a capacity of 200 beds, KPJ APSH serves approximately 200,000 patients annually. The hospital boasts a team of experienced and well-trained specialists and medical staff and is equipped with cutting-edge technology including Elektra Versa HD CT Scan, PET Scan, Mammogram, and Kinevo 900, PL3D. The equipment helps doctors enhance patient experiences and provide the best treatment outcomes.

We have received several international recognitions, including the 4th cycle of the Joint Commission International (JCI) as well as the Plantree Gold Certification, Asia Pacific Oncology Centre (Medical) of the Year Award in 2022, and IAEA Audit Test (Photon and Electron Beam) by IAEA. To be recognised as Brain and Spine Service Provider of the Year in Asia-Pacific by Global Health Asia-Pacific is truly a great honour, which further demonstrates our unwavering commitment to ensure that our services meet international standards.

As a result of these achievements and recognitions, KPJ APSH received more than 13,000 international patient visits in 2022, mainly from Indonesia, India Subcontinent, Somalia and ASEAN countries.

### Spine Surgery Services

With almost 28 years of experience in providing private health services in Malaysia, KPJ APSH has emerged as a trusted destination for spine



Pn Farahiyah Badri

surgery. Our team of four experienced orthopaedic specialists, supported by a dedicated medical team, provide comprehensive and personalised care. We specialise in various orthopaedic-related cases, including hand and microsurgery, joint surgery, spine surgery, sports medicine, pain management, and fracture & trauma surgery.

Our skilled orthopaedic specialists are Dato' Dr Abd Wahab Abd Ghani (Medical Director at KPJ APSH & Orthopaedic Surgeon), Dr Muhammed Ali Noor Ghani (Senior Specialist & Orthopaedic Surgeon), Dr Nurul Azwa Mohamad Nor (Orthopaedic

Surgeon), and Dr Kamalnizat Ibrahim (Orthopaedic Surgeon). These experts participate in various Live Spine surgeries with renowned international spine surgeons and continue to play vital roles in the development and advancement of the Orthopaedic Department at KPJ APSH.

To ensure the highest standard of care, our facility is equipped with state-of-the-art equipment that ensures patient safety throughout treatment. Some examples include the Orthopaedic OT Table – Diamond 6BLK, Athrex Orthopaedic Camera System IHD (Endoscopy Spine), Kinevo 900: Robotic Visualization System (Surgical Microscope), RF Pain Management System – Neurotherm RFT –NT-2000 (radio frequency system for pain) and the PL3D Machine for the minimally invasive treatment of the vertebral disc prolapse. Furthermore, our fully equipped rehabilitation centre assists patients in their post-operative follow-up treatment and recovery.

KPJ APSH actively participates in the Public Private Partnership Programme to support the government and alleviate patient loads. As a result, we have successfully treated a total of 16,164 orthopaedic cases, comprising 2,664 in-patient and 13,500 outpatient cases.

# AIR AMBULANCE SERVICES OF THE YEAR IN ASIA-PACIFIC

## ASH-CHARTER

Formed in 2013, ASH-Charter (AsiaHealth Network) is a Cambodian company owned by Cam-Jade Asia Co., Ltd. that transports more than 700 patients every year.

### SERVING THE HEALTHCARE NEEDS OF PATIENTS IN ASIA

ASH-Charter is a premium health network specially created to provide Cambodia access to an extensive network of top quality healthcare providers, both locally and in Asia. Currently, ASH-Charter is focussing on medical travels to Thailand, Malaysia, Singapore, Taiwan, Korea, Japan, and India for top quality healthcare.

### PROVIDING COMPREHENSIVE MEDICAL CARE

We provide a one-stop service for all medical inquiries, including inpatient, outpatient, emergency evacuation, and medical tours, for greater peace of mind. In the event of a medical emergency, evacuation services by private charter flight can be arranged to take patients to the right hospital and specialist. Our expert team can also help prepare travel documents in a timely fashion. To meet different needs and budgets, ASH-Charter allows patients to customise their choices. For example, they can choose between two basic public and private hospitals in the nearest and most convenient country. To ensure patients have complete peace of mind while receiving the best medical treatment, ASH-Charter offers professional medical consultations with a group of international specialists with



Pin Netra & Varun Panjwani

multidisciplinary skills, supported by a professional interpreter service for easy understanding of medical terminology and procedures and for facilitating accommodations and documentation.

### PROVIDE COMPREHENSIVE HEALTH EVENT MANAGEMENT

We also provide an event management programme for medical seminars, medical exchanges, and consumer awareness of the Cambodian healthcare system, including global health conferences and training programmes. ASH-Charter partners with many internationally accredited

medical institutions and specialists in Asia to serve our valued customers and membership patients with top quality healthcare at an affordable price and with greater convenience.

### Why you need ASH-Charter?

- Get the right specialist and hospital
- Proper medical consultations and financial plan
- Medical Professional and Accredited Hospitals
- Seek a second opinion before choosing the best
- Best doctor profile and experience
- Emergency medical escort and Medical Evacuation
- Accuracy and Price Transparency
- A better Healthcare experience

### When do you need ASH-Charter?

- When you need a good health screening
- When you have a medical problem and need a teleconsult
- When you need a procedure and medical advice
- When you don't know where to go for surgery
- When you want to know if a hospital or doctor is good for your medical problem
- When you need to know how much your medical bill will be
- Can your problem be solved without surgery?
- Need a 24 hour medical evacuation service
- Need a private charter flight
- Need medical travels

# SPECIALIST HOSPITAL OF THE YEAR & ADVANCED PAEDIATRICS SERVICE PROVIDER OF THE YEAR IN ASIA-PACIFIC

## THOMSON HOSPITAL ARA DAMANSARA

### Specialist Hospital of the Year: The Preferred Tertiary Healthcare Provider

Thomson Hospital Kota Damansara (THKD), the flagship hospital of TMC Life Sciences Berhad, is a multi-disciplinary tertiary care centre fully equipped with advanced medical technology and modern infrastructure to deliver quality healthcare solutions.

THKD's dedication to excellence and patient-centric approach shines through in providing specialised care across various medical disciplines, including obstetrics & gynaecology, paediatrics, oncology, and breast & oncoplastic surgery.

From complex surgeries to advanced diagnostics and specialised treatment protocols, THKD has consistently raised the bar in tertiary healthcare delivery.

The hospital unveiled its cutting-edge cancer facility, Oncology and Nuclear Medicine in March 2023, offering comprehensive diagnostic and therapeutic capabilities for cancer patients. The facility boasts the Asia-Pacific region's first tri-modality nuclear medicine imaging equipment, the Mediso AnyScan SPECT/CT/PET, alongside a range of state-of-the-art services, including cancer surgical, chemotherapy, radiosurgery, radiotherapy, nuclear medicine diagnostics, and theranostics, all conveniently housed under one roof.



TMC Fertility CEO Irene Kwan, THKD CEO Nadiyah Wan and THKD COO, Clinical Services Dr Sivakumaran Jayaraman

At the core of the hospital's success lies THKD's commitment to staying at the forefront of medical advancements. By investing in the latest technology and having a team of skilled specialists, THKD ensures the delivery of superior healthcare. Patients benefit from safe treatment plans, personalised attention, and access to comprehensive medical care.

This recognition solidifies our position as a leading specialist hospital, the hospital of choice for tertiary healthcare.

### Advanced Paediatrics Service Provider of the Year: Empowering Young Lives

With a deep understanding of the unique needs of young patients, THKD has advanced in the field of paediatric medicine, in line with the hospital's focus on women & children.

As part of TMC Life Sciences Berhad, a leading women & children's healthcare group, THKD is dedicated to achieving new milestones in paediatric and women's health.

THKD's paediatrics services encompass a range of specialties, including paediatric cardiology and paediatric surgery. The hospital is adept at diagnosing and treating heart problems in children and able to assist with neonatal intestinal obstructions, and in the areas of paediatric urology, paediatric oncology, paediatric gastroenterology, paediatric neurosurgery, thoracic care and more.

The hospital's multidisciplinary team of paediatric experts provide comprehensive and holistic care, ensuring optimal health outcomes for children. By embracing innovative technologies and treatments, THKD delivers effective healthcare that will positively impact the lives of children.

THKD's recognition as the Advanced Paediatrics Service Provider of the Year in Asia-Pacific underscores its commitment to quality paediatric care and its endeavour to celebrate life.

# BARIATRIC SERVICE PROVIDER OF THE YEAR IN ASIA-PACIFIC

## REGENCY SPECIALIST HOSPITAL

### Bariatric Surgery: Transforming Lives and Dispelling Myths

Bariatric surgery is revolutionising the lives of individuals struggling with obesity, offering a viable solution for sustainable weight loss and improved overall health. Regency Specialist Hospital (Regency) is at the forefront of this transformative approach, with surgeon Dr Lim Huay Cheen leading the bariatric and upper gastrointestinal surgery department. Through its comprehensive bariatric services, Regency is making a significant impact on the lives of patients and combating the prevailing obesity epidemic in Southeast Asia.

### Gaining a New Lease of Life: From 5XL to S

Muhammad Naim bin Ibrahim, a businessman, battled weight issues for years, experiencing fatigue, joint pain, and sleep difficulties due to snoring. With a weight of 130kg, he decided to seek help from Dr Lim and underwent a bariatric procedure following assessment and guidance by a multidisciplinary team of dedicated nurses and allied health professionals at Regency.



Before and after



Dr Lim Huay Cheen

After the procedure, Muhammad Naim's life underwent a remarkable transformation. With a commitment to a healthy diet and exercise regimen, he shed an astounding 42% of his weight, going from 5XL to S. This renewed his confidence and motivation, leading to a healthier and more active lifestyle.

### Dispelling the Myth

Bariatric surgery is often misconceived as a quick fix for weight loss. Dr Lim explains that it is a safe and effective intervention that can address and prevent various conditions such as heart disease, hypertension, type 2 diabetes, and sleep apnea. The surgery can even reduce the risk of premature death by 30% to 50%. However, it is essential to understand that weight loss after bariatric surgery is a gradual process that requires consistent healthy eating and regular exercise.

### Bariatric Surgery Options

Regency offers two primary types of bariatric surgery.

- **The sleeve gastrectomy** involves

removing a significant portion of the stomach, resulting in reduced food intake and appetite stimulation.

- **Intra-gastric balloon procedure** involves placing a deflated balloon in the stomach, which is then inflated to help patients feel full and facilitate weight loss.

### Eligibility and Life After Surgery

Bariatric surgery is indicated for individuals with Class II obesity (BMI of 32.0) and above who have pre-existing medical conditions and struggle with weight loss. At Regency, a multidisciplinary team, including cardiologists and aestheticists, supports patients throughout their recovery journey. Patients are required to make lifestyle changes, and regular follow-up appointments and consultations help guide them on their path to better health.

### The Path to Better Health

Regency prioritises public awareness of bariatric surgery and its benefits. By dispelling misconceptions and educating the public about the gradual weight loss process and necessary lifestyle changes, Regency aims to create a well-informed society. Through comprehensive treatment plans and a dedicated team of healthcare professionals, Regency empowers individuals to take control of their health and make informed decisions.

Regency's commitment to bariatric surgery is transforming lives and combating the obesity epidemic in Southeast Asia. Through personalised care, comprehensive treatment plans, and ongoing support, patients like Muhammad Naim have gained a new lease of life. By dispelling myths and promoting public awareness, Regency is revamping the perception of bariatric surgery and paving the way for a healthier future.



# OUTSTANDING UPPER GASTRO- INTESTINAL & BARIATRIC SURGERY

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# REVOLUTIONISING HEALTHCARE THROUGH INNOVATION

## IJN's journey of breakthroughs as a pioneering heart health specialist centre

In the fast-paced world of healthcare, change and evolution are imperative to improving people's lives. Amid this backdrop, Institut Jantung Negara (IJN) has emerged as a standout healthcare provider in the Asian region, boasting world-class facilities, a highly qualified team of medical experts, cutting-edge technology and patient-centric care.

IJN, or the National Heart Centre, was established in 1992 with the mandate to improve Malaysia's access to advanced cardiovascular and thoracic medical services. Since its inception, the centre has been at the forefront of delivering inventive and clinically proven therapies and techniques, from routine cardiology procedures to highly complex transplantation services. In just over three decades, the centre has amassed a slew of pioneering clinical milestones and become the largest independent heart specialist centre in Southeast Asia. To date, IJN has treated and cared for almost five million adult and child patients from Malaysia and beyond.

As evidenced by its long list of awards, IJN's achievements have gained worldwide recognition. At the GlobalHealth Asia-Pacific Awards 2023 held in Bali, Indonesia, last May, the centre swept up an impressive five accolades in a diverse range of categories, namely: Cardiology Service Provider of the Year in Asia-Pacific; Paediatric Cardiology Service Provider of the Year in Asia-Pacific; Diabetes Service Provider of the Year



Dr Leong Ming Chern & Pn Norul Fariah Muda

in Asia-Pacific; Emergency Care Service Provider of the Year in Asia-Pacific; and Most Innovative Hospital of the Year in Asia-Pacific.

"As Malaysia's premiere heart centre, we have to ensure that we're able to not just maintain our standard of services, but also continuously stay ahead of the curve — we've found that the best way to do this sustainably is through fostering a culture of constant innovation," said IJN Deputy Group Chief Executive Officer Dato' Akmal Arief Mohamed Fauzi. "We continuously strive to create an environment that champions collaboration, teamwork, and a shared

sense of purpose in bettering patients' lives."

The centre also looks to international benchmarks to ensure that its quality and patient safety measures are at optimum levels. In late 2022, IJN received the prestigious Gold Seal of Approval from the Joint Commission International (JCI), a worldwide leader in independent healthcare assessments. The Gold Seal of Approval is reserved for hospitals that meet the highest patient safety standards, and involves a rigorous review process. Healthcare organisations are measured by their assessment and care of patients; governance and leadership; facilities

management and occupational safety; as well as staff qualifications and education. IJN has been continuously re-accredited by JCI since undergoing its first accreditation process in 2009.

### Pioneering breakthroughs and cultivating collaborations

True to its spirit of innovation, IJN thrives on staying on top of the latest developments in cardiovascular and thoracic science. While the centre became a celebrated household name in Malaysia when its specialists carried out the nation's first heart transplant in 1997, the hospital has gone on to garner an impressive record of clinical milestones. From minimally invasive surgeries to novel therapies, IJN's commitment to medical advancements continues to offer transformative patient experiences.

In 2022, IJN was the first in Southeast Asia to introduce the POLARx Cryoablation System, an inventive ballooning device which improves treatment outcomes and reduces procedure times for atrial fibrillation. The centre was also the first in the region to treat 100 patients with the Micra AV pacemaker, the world's smallest pacemaker; IJN previously made history by being the first hospital outside the United States to implant the device in 2020, after being involved in the development and pre-clinical studies for the device.

Meanwhile, this year the centre marked a national milestone by being the first in Malaysia to debut the Navitor, the most advanced device for transcatheter aortic valve implantation (TAVI). TAVI is a minimally invasive procedure for patients with aortic stenosis who are deemed too risky for traditional open-heart surgery. This achievement once again builds on IJN's previous capabilities, as the centre was the first in Asia to introduce TAVI in 2009.

Dato' Akmal Arief explained that



Dato' Akmal Arief bin Mohamed Fauzi

the centre's unwavering focus on cutting-edge treatments has been further fueled by its openness to collaborating with other healthcare stakeholders. "Be it industry, academia, or non-profit organisations, we are keen on working with others who are interested in enhancing health outcomes for more people. Through such knowledge-sharing and skills exchange endeavours, we're able to leverage on our strengths to launch newer therapies and improve patient care," he said.

Among the latest in IJN's collaborative efforts is a first-of-its-kind partnership with Novartis Malaysia to further research and generate data on atherosclerotic cardiovascular disease (ASCVD). The collaboration builds on the centre's existing relationship with Novartis, having previously worked together to introduce the IJN-Acute Decompensated Heart Failure (ADHF) Registry and the IJN Heart Failure Clinic. Thus far, this new partnership has borne fruit with the launch of IJN's cardiovascular risk reduction clinic, which offers optimised ASCVD care led by a multidisciplinary team

of clinicians, pharmacists, nurses, dietitians, and physiotherapists.

### Specialised yet holistic medicine

A cornerstone to IJN's success has been its willingness to get to the 'heart' of patient care, by both developing a deep expertise within the realm of cardiology and employing a holistic view of healthcare.

While the centre generally specialises in cardiovascular medicine, it encourages medical practitioners to further sub-specialise in various related fields. At present, IJN has doctors in a range of subspecialties including heart failure, transplantation, emergency care, and congenital heart diseases, imaging, and respiratory care — with many of these experts being leaders in their field of specialty.

This is further enhanced by the centre's multidisciplinary teams, encompassing specialist nurses, imaging experts, dietitians, and paramedics. By offering this vast range of expertise, IJN is able to address a myriad of heart-related conditions, making innovation an integral part of each patient's healthcare journey.

"We empower our medical experts with the support and tools they need to push the boundaries of medicine, be it through training and research opportunities, state-of-the-art equipment, as well as ongoing education. They are the lifeblood of our operations, and we are keen on helping them achieve excellence in respective fields of work," added Dato' Akmal Arief.

At the same time, IJN also seeks to empower patients by employing an integrative approach to health. Rather than solely focusing on eliminating disease and specific symptoms, the centre seeks to address patients' well-being as a whole. Through its focus on precision medicine, IJN also tailors its prevention and treatment plans to suit specific patients' needs to improve

their long-term outcomes.

Recognising that heart diseases often do not occur in isolation — with many patients having multiple other risk factors such as diabetes and hypertension — the centre has built-up a range of support services to help patients address potential root causes of their heart issues. These include IJN's dedicated clinics offering niche services such as diabetes management, smoking cessation, and sleep assessments.

### Caring for young lives

A remarkable example of the way IJN merges specialised and comprehensive care can be seen in its Paediatric and Congenital Heart Centre (PCHC). While IJN has provided inventive treatments for paediatric and congenital heart patients since its inception, the PCHC was officially set up in 2012 to further streamline the delivery of care in these specialties. Having established itself as a reputable brand in its own right, the PCHC is currently Malaysia's go-to referral centre for complex heart surgery in paediatric patients, and offers proven clinical services for paediatric heart rhythm issues.

With congenital heart disease as its main focus, the PCHC's team of medical professionals comprises highly-skilled specialists, including paediatric cardiologists, congenital cardiac surgeons, adult congenital cardiologists, paediatric nurses, as well as counsellors. This range of expertise reflects the continuum of care often needed by congenital heart patients as they grow from infancy to adulthood. As continuous follow-ups are common for those with congenital heart disease, the PCHC provides ongoing care to ensure such patients are able to maintain an optimal quality of life as they age.

In addition to an array of simple and complex interventional services, including balloon dilation and pulmonary artery stenting, the PCHC also provides a comprehensive range of specialised services that are customised



to suit younger patients. Its Paediatric Arrhythmia and Pacemaker Clinic for instance, offers targeted diagnostic tools and pacemaker analysis for children who need implanted cardiac devices. Meanwhile, the Foetal Cardiac Clinic is equipped to safely perform echocardiography scans on pregnant mothers to assess their unborn child's heart. Mothers with heart disease can also benefit from the Combined Cardio-Obstetric and Gynaecology Clinic, which provides comprehensive care from pre-pregnancy counselling to labour and post-delivery management.

### Forging new frontiers

Looking ahead, IJN is keen on harnessing the power of technology to raise the bar of healthcare provision and standards. This includes leveraging digitisation to further advance its delivery of precision medicine and widen healthcare accessibility. By embracing emerging technologies and leading the way in medical interventions, the centre aims to reshape the landscape of healthcare, ensuring patients will benefit from its pioneering spirit.

At present, the centre is in the midst of adopting the latest digital tools to improve collaboration between medical workers, leverage data-driven insights,

and enhance patient experiences.

“We hope to continue refining our services by utilising the best in artificial intelligence, telemedicine, and robotics, as these point to the future of healthcare,” explained Dato' Akmal Arief. “With the accelerating pace of change in the healthcare world today, IJN remains true to our relentless pursuit of innovation so that we can evolve with the times.”

Ultimately, this technological focus is aimed at realising IJN's goal of becoming a smart hospital by 2028, complete with Leadership in Energy and Environmental Design (LEED) Platinum certification — one of the most prestigious green-building credentials in the world. That said, Dato' Akmal Arief is quick to point out the human element at the heart of IJN's ambitious roadmap into the future. “Our achievements are grounded in the strength of our talent — and this in turn is driven by our desire to serve our patients. We're keen on continuing our role in reshaping the healthcare landscape and improving the well-being of our communities,” he said.

# ANOTHER MILESTONE ACHIEVED

We are honoured to be granted these prestigious awards at The GlobalHealth Asia-Pacific Healthcare and Hospital Awards 2023.



2016 | 2017 | 2018 | 2019 | 2020 | 2021 | 2022

Cardiology Service  
 Provider of the Year  
 in Asia Pacific



2018 | 2019 | 2020 | 2022

Paediatric Cardiology  
 Service Provider of the Year  
 in Asia Pacific



2022

Emergency Care Service  
 Provider of the Year  
 in Asia Pacific



2022

The Most Innovative  
 Hospital of the Year  
 in Asia Pacific



2023

Diabetes Service  
 Provider of the Year  
 in Asia Pacific



★★★★★  
**BEST  
 SPECIALIZED  
 HOSPITALS  
 ASIA PACIFIC**  
 CARDIOLOGY  
 2023  
**Newsweek**  
 POWERED BY  
 statista  
**INSTITUT JANTUNG  
 NEGARA**

Internationally Accredited Heart Centre

# CHILD DEVELOPMENT AND PAEDIATRIC SERVICE PROVIDER OF THE YEAR IN ASIA-PACIFIC

## PARKCITY MEDICAL CENTRE

ParkCity Medical Centre is revolutionizing child healthcare with its state-of-the-art facilities and a dedicated team of experts committed to providing exceptional care for children, including those with special needs. With a holistic approach and a wide range of services, this one-stop facility aims to ensure children thrive from their developmental years to adulthood.

The core of ParkCity Medical Centre's success is its team of highly experienced and specialized paediatricians with diverse specializations including general and development paediatricians, nurses, child and adolescent psychiatrists, a clinical psychologist, and skilled allied health professionals. This powerhouse of expertise collaborates seamlessly to support children's health, addressing their unique requirements at every stage of development. Complementing this core team are dedicated professionals such as speech-language therapists, audiologists, occupational therapists, and dietitians, who provide invaluable assistance to children with special needs.

We believe in the importance of involving parents in their child's care. The medical team works closely with parents to understand their children's needs, and they collaborate with the children's community and school, ensuring that children grow up in an environment that nurtures both their physical and psychological development. At the centre, we also organise several activities for our patients to give parents and their kids



Bee See Wei, Peter S. Kasinathan & Zoe Wan

the chance to mingle with our team, occasions that help kids feel at ease.

The facility is designed to be soothing and child-friendly, with natural elements and lush greens to create a comfortable and calming setting tailored to enhance children's well-being. The dedicated hospitality team caters to the diverse needs of families, providing language interpreters, special hospital tours/visits, doctor referrals and appointments, and other relevant arrangements for a hassle-free experience.

Recently, the centre expanded and officially launched its paediatric wards, known as the i-Kiddo ward, equipped with cutting-edge room capabilities driven by Internet of Things (IoT) technology for automation and

surround control. The 35 rooms within the i-Kiddo Ward create a home-like environment within the hospital setting, allowing patients to customize their in-patient environment, enhancing their comfort and well-being during their hospital stay.

The hospital's warm and welcoming environment fosters healing and enhances well-being. Patients receive personalized attention, compassionate care, and a strong support system throughout their medical journey, ensuring improved health outcomes and overall satisfaction.

ParkCity Medical Centre has been recognized as the "Comprehensive Medical and Surgical Specialists Provider of the Year in Asia-Pacific," affirming its exceptional standards of care and the dedication of its highly skilled medical professionals. The centre's patient-centric approach, advanced medical technologies, and a wide range of specialties cater to patients of all ages, from infants to the elderly, with a focus on providing seamless and integrated care across multiple disciplines.

Receiving the prestigious award further cements ParkCity Medical Centre's position in the healthcare industry. The recognition celebrates the centre's unwavering commitment to excellence, innovation, and patient-centered care, solidifying its reputation as a beacon of excellence in child healthcare and a comprehensive medical and surgical specialist provider in the Asia-Pacific region.



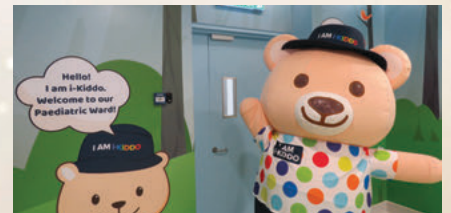
ParkCity Medical Centre



# We are proud to be the **WINNER** of



- **Child Development and Paediatrics Service Provider of the Year in Asia-Pacific**
- **Comprehensive Medical and Surgical Specialists Provider of the Year in Asia-Pacific**



**Thank you to all our staff, doctors and community for your amazing support.**



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# DENTAL SERVICE PROVIDER OF THE YEAR IN ASIA-PACIFIC

## BANGKOK INTERNATIONAL DENTAL HOSPITAL (BIDH)

Bangkok International Dental Hospital (BIDH) is Thailand's official specialized dental hospital. As a specialized hospital, BIDH abides by hospital-based in-patient and out-patient service standards whilst it focuses its expertise only within the area of dentistry. BIDH is part of Thailand's largest and most established dental network clinic group, Dental Corporation PLC, listed on the stock exchange of Thailand. Dental Corporation has a history of over 20 years in the dental services industry. The hospital therefore applies patient safety and best practices combining its core strength as a dental center of excellence.

The team at BIDH is specialized in full jaw/full mouth rehabilitation with dental implants, restorative crowns, porcelain veneers and orthodontic braces. Its team of dentists comprises leading dental specialists, many of whom are American or overseas board certified, international speakers, professors and/or past lecturers at top dental universities. The hospital's high caliber team of specialists and on-site digital dental lab experts ensures that patients receive proper and successful treatments both on a medical and aesthetic levels.

What sets BIDH apart from other dental clinics is its sedative dentistry offering along with its specialty operating theatre specifically designed for dental and oral surgery. BIDH dental hospital is one of the few providers in Thailand that provides monitored and safe anti-anxiety options for individuals with dental anxiety or



Dr. Paworn Pornkittitheerakul DDS

dentophobia. Using American-based ASA anesthesia standards, BIDH provides safe dental sedation options that include oral sedation, nitrous oxide (laughing gas), intravenous (IV) sedation, general anesthesia, and total sleep dentistry.

Patient are able to opt for teeth extraction, dental implant, jaw surgery and major oral surgery under general anesthesia without any re-collection of dental treatments. Moderate to deep sedation using IV is also possible for patients who want a confident new smile with crowns and veneers but are anxious about their visit to the dentist. With advanced technologies

and improved non-invasive techniques, patients can now receive dental services faster and more comfortably without fear.





# Award-Winning Bangkok International Dental Hospital (BIDH)

- Advance Dental Implants
- All-on-4 Immediate function Implants
- All Ceramic Crowns & Bridges
- Ultra-thin Porcelain Veneers
- Smile Makeover with Digital Smile Design
- Invisalign Diamond Provider

Winner



2019 Aesthetic Dental Service Provider Asia Pacific  
2021 - 2022 Dental Provider of Year Asia Pacific



**BIDH**  
DENTAL HOSPITAL

**DENTAL**  
Corporation

## THAILAND'S SPECIALIZED DENTAL HOSPITAL

Bangkok International Dental Hospital (BIDH) is a top dental aesthetic dental hospital in Thailand. Comprising of a team of highly skilled and well-experienced aesthetic dental specialists and prosthodontists, many of our dentists are American board certified, international speakers and professors at dental universities. BIDH Dental Hospital uses digital dentistry and DSD smile design concepts that customizes each individual smile. BIDH provides a one-stop dental service for both in-patient and day care dental service provision.

## THAILAND'S LARGEST DENTAL GROUP NETWORK

Dental Corporation Public Co., Ltd is Thailand's leading dental group network with brands Bangkok International Dental Hospital (BIDH), with brands BIDH Dental Hospital, Bangkok International Dental Center (BIDC), Chiangmai International Dental Clinic (CIDC), Phuket Dental Signature and Smile Signature dental clinics. The dental group has a team of over 100 dentists and has advanced technologies including 3D CT-Scan, endodontic microscope, CAD/CAM digital impressions taking.

### Treatment Enquiries

[www.DentalHospitalThailand.com](http://www.DentalHospitalThailand.com)  
[www.BangkokDentalCenter.com](http://www.BangkokDentalCenter.com)

In alliance with



# ENT SERVICE PROVIDER OF THE YEAR IN ASIA-PACIFIC

## AVISENA SPECIALIST HOSPITAL (ASH)

Avisena Specialist Hospital (ASH) is a modern and elegant facility located in Shah Alam's vibrant city centre. With 120 beds, 36 consultation suites, 4 operating theatres, and advanced imaging and rehabilitation services, ASH offers a wide range of medical specialities to meet your health needs. Whether you need care for breast and endocrine disorders, heart and lung diseases, neurological conditions, kidney and urinary problems, digestive issues, weight management, eye diseases, ENT, facial and dental surgery, skin conditions, orthopaedic and plastic surgery, you can trust our experienced and dedicated team of specialists to provide you with the best possible care. ASH is one of the few hospitals in the area that offers some of these specialised services, making us a leader in healthcare excellence.

ASH is a hospital led by clinicians who have always strived to serve people, no matter how much we have grown and changed over the years. We achieved this by focusing on delivering excellent medical results with care that is compassionate and patient-focused. Our main strength comes from the dedication and professionalism of our skilled medical associates, clinical staff, and non-clinical personnel, who have consistently demonstrated their values and work ethic, and have made a lasting positive impact on our patients.

Avisena Specialist Hospital is an accredited hospital by Malaysian Society for Quality in Health (MSQH). We uphold the highest standards of patient safety and experience in our services. Our hospital offers more than



Dr Razman Abd Karim & Dr Ravi Shrestha

30 specialties and over 70 consultants to support them. We aim to grow our subspecialty services by hiring more subspecialist providers, clinical nurse specialists and getting the latest medical equipment for our patients. We are also expanding our facilities by adding 275 beds, 80 clinics, 9 operating theatres including a modern Hybrid Interventional OT and 20 day-care beds. We have plans to improve our Oncology, Rehabilitation services and Integrated Aesthetic Centre as well. Additionally, we want to enhance our partnership with TrueCare2U (telehealth) by offering online medical treatments and providing professional

home-based care.

Finally, our recent recognition as the leading ENT Service Provider in the Asia-Pacific region at the esteemed Global Health Awards 2023 solidifies our unwavering dedication to our vision and mission. This accolade serves as an endorsement from our patients, who have expressed their satisfaction with the level of care provided by our healthcare professionals and staff. The award acknowledges our excellence in delivering comprehensive and high-quality ear, nose, and throat (ENT) services. Within our distinguished ENT unit, a team of highly qualified and experienced ENT specialists, audiologists, and speech therapists collaborate to diagnose and treat a wide range of ENT conditions. Equipped with cutting-edge technology and facilities, we offer a comprehensive range of medical and surgical procedures, catering to both simple and complex cases, to improve the health and well-being of our cherished patients.



# UNDERSTANDING **SLEEP APNEA**

A potentially serious sleep disorder where your **breathing repeatedly stops and starts** while sleeping. Common symptoms are **loud snoring & feeling tired** even after a good night's rest.

## **TYPES OF SLEEP APNEA**

### **1. OBSTRUCTIVE SLEEP APNEA**

where your airway is blocked due to soft tissue at the back of your throat.

### **2. CENTRAL SLEEP APNEA**

where the brain fails to signal the muscles to breathe.

For further info, call us at +603 5515 1888 or visit our website [www.shahalam.avisena.com.my](http://www.shahalam.avisena.com.my) or email to [careline@avisena.com.my](mailto:careline@avisena.com.my)

**Connect with us online at:**



# FERTILITY SERVICE PROVIDER OF THE YEAR IN ASIA-PACIFIC

## TMC FERTILITY

### Leading the Way in Global Health and Travel Fertility Services

TMC Fertility is proud to be named the Fertility Service Provider of the Year in Asia-Pacific by Global Health Asia-Pacific. This esteemed recognition showcases our unwavering commitment to excellence, innovative approaches, and compassionate care, solidifying our position as the region's premier fertility service provider.

At TMC Fertility, we are passionate about revolutionizing the fertility landscape and helping couples turn their dreams of parenthood into reality. With our headquarters in Kuala Lumpur, Malaysia, we have assembled a world-class team of specialists, embryologists, and healthcare professionals who are at the forefront of reproductive medicine. Through their expertise and commitment, we consistently achieve exceptional outcomes for our patients.

What sets us apart is our steadfast commitment to maintaining the highest standards of medical care and ethical practices. We understand the importance of staying abreast of the latest advancements in assisted reproductive technology, which is why we continuously invest in cutting-edge techniques and state-of-the-art facilities. By utilizing the most innovative treatments available, we ensure that our patients have access to the best possible chances of success on their fertility journey.

We recognize that fertility treatment is not solely about medical interventions. We genuinely care about the well-being of our patients, both



Irene Kwan & Dr Ravi Shrestha

physically and emotionally. Infertility can be an emotionally challenging experience, which is why we provide comprehensive counselling and psychological support services. Our compassionate team is dedicated to nurturing and supporting our patients throughout their journey, ensuring they receive the emotional care they need during this transformative time.

TMC Fertility's impact extends beyond the clinic walls. We actively engage in research and academic collaborations, driving advancements in reproductive medicine on a global scale. By sharing our knowledge and expertise, we contribute to the growth

of the field and strive to improve patient outcomes not only in Asia-Pacific but across the world.

At TMC Fertility, we are also very much focussed in medical tourism, attracting patients from all corners of the globe. Our commitment to providing world-class care knows no boundaries, and we have established a dedicated international patient team to assist with travel arrangements and accommodations. Our goal is to make the journey as seamless as possible, ensuring that patients receive the same exceptional care and support, regardless of their geographic location.

Being awarded the Global Health Asia-Pacific Fertility Service Provider of the Year in Asia-Pacific is a testament to our tireless pursuit of excellence and our dedication to transforming lives. We are immensely grateful to our incredible team of experts and professionals who continuously strive to push boundaries and deliver outstanding results. We would also like to express our deepest gratitude to our patients for placing their trust in us and allowing us to be part of their journey towards parenthood.

As we move forward, TMC Fertility will continue to set the standard for global health and travel fertility services, empowering individuals and couples to fulfil their dreams of starting a family.



**TMC FERTILITY**

*from*  
**HOPE**  
*to*  
**JOY**



## OUR AWARDS



FERTILITY SERVICE PROVIDER OF THE YEAR IN ASIA PACIFIC



IVF SERVICE PROVIDER OF THE YEAR IN ASIA PACIFIC



WOMEN'S HEALTH AND WELLNESS SERVICE PROVIDER OF THE YEAR IN ASIA PACIFIC



FERTILITY SERVICE PROVIDER OF THE YEAR IN ASIA PACIFIC



WOMEN'S HEALTH AND WELLNESS SERVICE PROVIDER OF THE YEAR IN ASIA PACIFIC



FERTILITY SERVICE PROVIDER OF THE YEAR IN ASIA PACIFIC



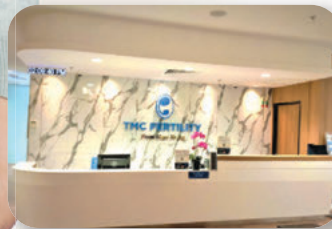
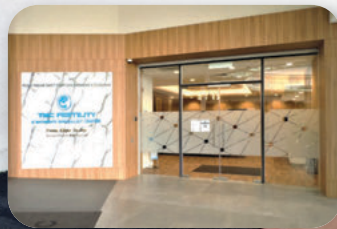
WOMEN'S HEALTH AND WELLNESS SERVICE PROVIDER OF THE YEAR IN ASIA PACIFIC



FERTILITY SERVICE PROVIDER OF THE YEAR IN ASIA PACIFIC



FERTILITY SERVICE PROVIDER OF THE YEAR IN ASIA PACIFIC



**BOOK AN APPOINTMENT**  
with us today



### TMC Fertility and Women's Specialist Centre

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EMAIL [ivf.info@tmclife.com](mailto:ivf.info@tmclife.com) @tmc fertilitycentre

[tmc fertility.com](http://tmc fertility.com)

# HEALTHCARE AUTOMATION PROVIDER OF THE YEAR IN ASIA-PACIFIC

## OMNI-HEALTH

Omni-Health, as a leading provider of automation, robotics, and AI solutions, is tirelessly fuelling organisational growth and delivering a new paradigm of efficiency in the healthcare industry. Our passion lies in empowering operational productivity, and we take pride in providing our clients with top-tier solutions, meticulously designed to ignite their expansion and elegantly streamline their processes.

For 15 transformative years, Omni-Health has made a significant imprint on the Asia-Pacific healthcare landscape, becoming a household name for institutions seeking the most advanced and reliable solutions. Recently, we have broadened our impact by venturing into the Automation & Robotics domain within the Supply Chain and Logistics sectors, marking our foray into a diverse range of industries.

Our goal transcends merely assisting organisations in augmenting their operational efficiency. We see robotics, automation, and AI as powerful tools for stimulating organisational growth across multiple sectors. We unlock potential and create opportunities for expansion that even extend into automating workflows in warehouses, thereby significantly boosting efficiency and reducing operational costs.

The power of AI also offers vast potential for improving customer service in various settings, from nursing homes to hospitality organisations. For instance, in nursing homes, our solutions enhance care by providing routine support, monitoring health, and enabling more effective communication,



Niiru Baran

thereby increasing resident safety and satisfaction. Similarly, within the hospitality sector, our Robotic-based customer service solutions have been instrumental in creating personalized guest experiences, improving service efficiency and driving customer loyalty.

Omni-Health's unique edge lies in harnessing the power of the latest technology in workflow management, coupled with our in-house ability to customise solutions to an organisation's specific needs. Our use of robotics and AI not only turbocharges productivity but also mitigates human error, a critical factor in improving safety across all industries.

Collaborating with our principal partners, Omni-Health offers an innovative and modern approach to consulting services. We serve as a bridge between end-users and technology providers, continually pushing the boundaries to exceed client expectations through unparalleled

customer service, organisational flexibility, and superior value add.

Our team, comprised of professionals marked by their practical know-how and technical proficiency, guarantees that our clients receive the most efficient and professional service. Their hands-on experience with AI and automation technologies has been instrumental in guiding a variety of sectors to improve safety, reduce costs, and enhance workflow. Through continuous research and development, our team stays at the forefront of emerging trends and innovations, guaranteeing that our clients always benefit from the latest solution. We pride ourselves on being proactive problem solvers, ready to adapt and refine our solutions as industries evolve.

Our influence spans across the Asia-Pacific, and through our global partnerships, we are poised to make an impact on a worldwide scale. As we continue to expand our reach, our commitment to our mission of being the leading integrator of automation, robotics, and AI solutions remains steadfast. We are dedicated to powering organisational growth and efficiency, aiming to revolutionise industries with cost-effective, safe, and technologically advanced solutions. We actively engage with thought leaders, industry experts, and regulatory bodies to ensure compliance and best practices, prioritizing safety and security in all our offerings. With a customer-centric focus, we pride ourselves on providing seamless implementation and ongoing support, nurturing long-term partnerships and becoming a trusted advisor to organizations worldwide.

# Omni-Health<sup>®</sup>

Revolutionising  
Healthcare: Unleash  
cost savings and  
unparalleled efficiency  
through Automation,  
AI & Robotics



Automated Medication  
Dispensing Cabinet



OmniKart



Delevery Robot

Enhancing Patient Care Through  
Operational Efficiency



[www.omnihealthtech.com](http://www.omnihealthtech.com)  
[info@omnihealthtech.com](mailto:info@omnihealthtech.com)

# HOSPITAL DESIGNER OF THE YEAR IN MALAYSIA

## SHAHNAZ HEALTHCARE INTERIORS

When Shahnaz Healthcare Interiors started out as a healthcare interior design company, we wanted to achieve the impossible by creating a positive difference in the healthcare industry. With a dare-to-soar attitude, we believed that nothing is impossible.

Healthcare interior designs now offer patients a range of facilities to make them comfortable and relaxed, such as dimmed lights in patients' wards to reduce anxiety, soundproof wall for privacy, and a space for family areas in patients' wards and waiting areas.

Shahnaz Healthcare Interiors has a powerful, passionate, and experienced team with the right strength, knowledge, courage, and will to achieve our potential as one of the top local healthcare interior designers.

As a healthcare interior design company in the post-Covid-19-era, we are fully aware that our services must be fully scalable to suit the various needs of our clients, from single hospital projects to nationwide design applications. We are at the forefront of the healthcare planning field, developing new innovative solutions for architecture and interior design, and striving to provide high-quality services.

We have managed to create an excellent track record of successfully serving over 25 hospitals in Malaysia, including KPJ Manjung, Selgate Rawang Hospital, Pusat Darah Wilayah Utara, Ara Damansara Medical Centre, Nilai Hospital and Pendang Hospital. We are currently in the process of working with Baling Hospital, Seberang Jaya



Puan Nisah & Cik Nazrin Shahnaz

Hospital, and Kota Bharu Hospital.

Through our vision, dedication, and determination, Shahnaz Healthcare Interiors has not only succeeded in creating medical offices and spaces but it also went one step ahead by providing world-class services and creating places of well-being, purpose, and comfort.

As an interior design company, we believe our job is not just about the planning and drawings but also about helping our clients build stronger and better businesses that improve patient care and create a positive patient experience. We can discern quickly the clients' needs and move efficiently to

provide smarter healthcare through better healthcare interior design.

Shahnaz Healthcare Interiors is driven by a mission to create designs and environments that help healthcare professionals make patients feel better. Our main objective is to create a healing environment for everyone, including stakeholders, patients, staff, and visitors. People come to the hospital with various emotions like anxiety, fear, shock, and lack of hope. Interior design is also the art of achieving comfort and instilling positive feelings, which contribute to the healing process.

Our commitment to excellence remains unchanged and our enthusiasm is still the nurturing force that fuels our dream of standing tall, making Shahnaz Healthcare Interiors one of the top market leaders in healthcare interior designs.

In the near future, we hope to provide the latest technology to create awareness, connect people, and most importantly, empower the healthcare business.

At Shahnaz Healthcare Interiors, our commitment to excellence is not just a goal but also a promise. Though we are grateful for our accomplishments so far, we are always going to keep thinking big and set higher goals.

After all, as they say, the sky's the limit!





SHAHNAZ  
interiors

SHAHNAZ  
HEALTHCARE.  
COM

# BUILDING SMARTER HEALTHCARE THROUGH BETTER HEALTHCARE INTERIOR DESIGN

## Innovative Design, Stylish Ideas.

Perfection is achieved, not when there is nothing more to add, but when there is nothing left to take away.

Shahnaz Interiors is a greatly respected, award-winning interior consultant and contractor which specialize in healthcare projects

## Designing Elements, Your Need, We Create.

- KKM compliance.
- Creative meets compliance.
- Designing done right for caregivers and patient.
- Redefine healthcare spaces.
- Reshaping healthcare concepts.

 Nazrin Shahnaz Peer Mohamed



SHAHNAZ INTERIORS

016 – 446 3669

# IVF SERVICE PROVIDER OF THE YEAR IN ASIA-PACIFIC

## ALPHA IVF GROUP

### Pioneering the Future of Fertility

In a landmark achievement for the field of fertility services, Alpha IVF Group which constitutes Alpha IVF & Women's Specialists in Kuala Lumpur, alongside Genesis IVF & Women's Specialists in Penang and Alpha IVF Centre & Alpha Women's Specialists in Singapore has been crowned as the "IVF Service Provider of the Year in Asia-Pacific." This prestigious recognition is a testament to their unwavering commitment to fostering growth and constantly pushing the boundaries of innovation within the realm of fertility treatments.

### Innovating for a Better Future

The foundation of this award-winning group of IVF clinics is rooted in the relentless pursuit of progress and innovation. Their ethos revolves around transforming challenges into opportunities, and they have consistently demonstrated a proactive approach in redefining the IVF landscape in the industry. By embracing cutting-edge research and fostering a culture of continuous learning, they have positioned themselves at the forefront of fertility services in the region.

### Research & Development: The Catalyst for Success

Their commitment to pushing the boundaries of scientific understanding and refining existing techniques has led to groundbreaking advancements in IVF treatments. Collaborating with leading experts, they have undertaken clinical studies and trials to enhance



Dato' Dr Colin Lee

the efficacy and success rates of various fertility procedures.

To date, the group has produced over 200 scientific papers, with one of the most recent and notable achievements being their collaboration with Life Whisperer, which led to the paper ("An artificial intelligence model correlated with morphological and genetic features of blastocyst quality improves ranking of viable embryo") that WON the Reproductive BioMedicine Online Robert G. Edwards Prize Paper Awards 2022.

Furthermore, their emphasis on personalized treatment plans for each patient, tailored to their unique medical needs, has contributed significantly to their success. By investing in R&D, these clinics have provided hope to countless couples

struggling with infertility, offering them renewed optimism on their path to parenthood.

### Empowering Patients with Advanced Technologies

Their foresight in adopting state-of-the-art equipment and software has substantially elevated the patient experience. From diagnostic tools and treatment equipment to data management systems, every aspect of their service is powered by cutting-edge technology.

For instance, they have pioneered the use of Artificial Intelligence in their time-lapse imaging systems that monitor embryo development, allowing embryologists to be empowered with more comprehensive data in assessing and grading the embryo. This breakthrough innovation has significantly improved embryo selection and overall success rates by providing an unbiased approach that doesn't depend on the embryologist opinion.

The journey to becoming the "IVF Service Provider of the Year" has been paved with innovation, research, and a commitment to excellence in patient care. Alpha IVF Group has established themselves as pioneers in the field by continuously raising the bar and embracing advanced technologies to optimize the IVF journey for every patient.

As they continue to lead the way in transforming the lives of hopeful parents, their legacy serves as a beacon of hope for couples seeking the gift of parenthood.

**5** CONSECUTIVE  
**YEARS**  
**WINNER!**



IVF Service Provider of  
the Year in the Asia-Pacific



Fertility Service Provider of the Year in the Asia-Pacific



Outstanding Fertility Medical Group of the Year in the Asia-Pacific  
Fertility Service Provider of the Year in the Asia-Pacific



Best Fertility – Excellence in Technology Service Provider  
of the Year in the Asia-Pacific  
Fertility (IVF) Service Provider of the Year in the Asia-Pacific



Fertility Service Provider of the Year in the Asia-Pacific

## FOR BEING:

**A Fertility group with sustainable evidence-based pregnancy results in all their 3 centres.**

**Leaders in innovative & effective IVF technologies e.g.: OVA-PRP, ENDO-PRP, AI-Enhanced Embryo Selection, Saviour Sibling Programme.**

**Pioneers in collaborative works with other international IVF centres on Endometrial Receptivity Analysis, and Genetic Artificial Intelligence in IVF.**



# ALPHA IVF GROUP



PENANG



KUALA LUMPUR



SINGAPORE

[www.alphaivfgroup.com](http://www.alphaivfgroup.com)

# HEALTH AI SERVICE PROVIDER OF THE YEAR IN ASIA-PACIFIC

## FARRER PARK HOSPITAL

Farrer Park Hospital (FPH) continues to harness the power of artificial intelligence (AI) in healthcare to move the field of diagnosis forward, enhancing accuracy and treatment outcomes. This is even more relevant than before as Singapore's general population ages and there is a higher demand for healthcare services. AI can assist healthcare professionals by processing and interpreting medical images, such as X-rays, CT scans, and MRIs, to detect abnormalities or signs of diseases. It helps in early detection and timely intervention, leading to better informed personalised treatment decisions, outcomes, and improved quality of life for patients' postoperative recovery.

"It also enables patients to recover more quickly and return to their normal daily activities, including work, reducing the risk of economic burden caused by the loss of income due to advanced stages of the disease, long-term complications, or disability," said Dr Timothy Low, CEO of Farrer Park Hospital.

This may positively impact a patient's quality of life.

FPH added an AI-assisted screening tool for more accurate polyp detection in their colonoscopy procedures. Every frame captured during the colonoscopy will be assessed and processed using AI technology that can immediately alert doctors performing the procedure if polyps and lesions are detected. Studies have shown that higher polyp detection rates protect patients more effectively from colorectal cancer.

The hospital piloted the service



Dr Ravi Shrestha & Dr Timothy Low

as a trial on March 1, 2022, in conjunction with Colorectal Cancer Awareness Month. This officially concluded on April 30, 2022, and saw 360 colonoscopies successfully conducted by the hospital's practicing Gastroenterologists and General Surgeons. FPH introduced the service on May 1, 2022, and since then, the number of gastroenterology screenings has increased.

FPH completed the trial of an AI-supported MRI screening tool for dementia at its diagnostic imaging center at the end of 2022. Traditional diagnosis for dementia involves combining the data from several

components, including medical examination, memory assessment tests, mental ability tests, laboratory results, and MRI brain scans. Using an AI-supported MRI brain volumetric software tool, the scan report quantifies brain tissue volume and compares it to standard norms based on age, gender, and cranial volume. With these tools, patients receive more succinct clinical follow-up and assessment results. It also guides the patient and their caregivers to make significant lifestyle changes to slow brain degeneration.

"A key benefit from the service is that it can alleviate the burden on caregivers who provide support and assistance to dementia patients, which means less intensive care and support from their caregivers. This can result in decreased caregiver stress, fewer caregiving responsibilities, and a reduced need for additional professional caregiving services, which can be costly," he added.

Integrating AI in healthcare diagnosis at FPH changes patient care experience and how our healthcare professionals approach treatments today. AI offers more accurate diagnoses, expedites treatment initiation, and, more importantly, enhances personalised treatment plans for patients. As a result, FPH has plans to explore further deployment of AI for diagnostic purposes to advance its patient care quality.

# INTEGRATED HEALTHCARE ECOSYSTEM CENTRE OF THE YEAR IN ASIA-PACIFIC

## BUNDA HOSPITAL

### The Effectiveness and Efficiency of Robotic Surgery in Indonesia

Bundamedik Healthcare System (BMHS), a holistic healthcare ecosystem in Indonesia that manages Bunda Hospitals, has helped provide patients in Indonesia with comprehensive medical treatment. Robotic Surgery is one of the top procedures offered at one of its hospitals, Bunda Jakarta General Hospital.

By being the first hospital to offer Robotic Surgery technology in Indonesia in 2012, Bunda Jakarta General Hospital has contributed to upgrading medical services in the country, successfully conducting over 700 robotic surgeries.

This procedure can address and treat a wide variety of diseases, including thyroid cancer, benign tumors, uterine cancer, digestive or gastrointestinal issues, prostate cancer, and ENT (ear, nose, and throat) problems.

“As we understand the patients’ need, we are proactively advancing the quality of our medical personnel and services. Furthermore, we want to use robotic technology in a wider field of specializations,” said Dr Amiruddin Hamigu, MM, MARS, Hospital Director of Bunda General Hospital Jakarta.

The use of modern medical technology and computerized systems like robotic surgery have enabled doctors to treat their patients more effectively, reducing the side effects of traditional surgery including noticeable scarring, substantial surgical risks, and protracted healing times.



(Dr Ivan Rizal Sini, MD, FRANZCOG, GDRM, MMIS, Sp.OG performs robotic obstetric surgery on a foreign patient)



(Dr Agus Rizal A.H. Hamid, Sp.U(K), PhD and his team have successfully performed a robotic radical prostatectomy, or prostate removal procedure using robotic technology)

In its early stages of development, robotic surgery was used in oncology to treat early-stage prostate cancer, with patients benefiting from minimally invasive surgery and fast recovery, but over time surgeons have also used it to remove kidney tumours.

Dr Agus Rizal A.H. Hamid, Sp.U(K), PhD, a urologist at Bunda General Hospital in Jakarta, explained that renal and urinary tract reconstruction cases have also been treated with robotic surgery, which is being tested as a treatment for kidney transplant as well.

In October 2022, Bunda General Hospital Jakarta successfully performed the first robotic ENT surgery for cancer patients. The operation went smoothly because of the surgeons’ skills and the care the patient received from licensed medical professionals.

Fast recovery is one of the advantages of robotic surgery in ENT.

In vocal cord tumor cases, for instance, patients usually stay in the hospital one or two days after surgery because robotic surgery doesn’t require a neck incision like traditional open surgery but it can be carried out through the oral cavity, Dr Noval Aldino, Sp.THT-BKL, remarked.

In comparison to other Southeast Asian nations, robotic surgery expenses in Indonesia are relatively reasonable, with patients able to save up to 50/60 percent. As a prominent healthcare provider in Indonesia, Bunda General Hospital Jakarta is always committed to the best and advanced services because our patients’ health and comfort are our first and foremost priority. For more information about robotic surgery, please visit our website <https://onebunda.com/>

# MOST SUSTAINABLE HEALTHCARE INSTITUTION OF THE YEAR IN ASIA-PACIFIC

## KPJ HEALTHCARE BERHAD

As an established healthcare provider, KPJ Healthcare Berhad (KPJ Healthcare) understands that our actions have a significant impact on the health and wellbeing of the planet. Thus, we strive to minimise our negative impacts through effective environmental and social practices. We believe that by connecting with our patients and the environment we can provide the best possible care for our community, thereby creating a sustainable healthcare system that upholds the health and wellbeing of our people and the planet.

In 2022, we took a significant step in our sustainability journey by revising our Sustainability Framework. Our approach is designed to establish a three-year roadmap which measures and takes action to deal with material matters, and ties back to addressing risks and leveraging opportunities identified by the Group. Our goal is to build a sustainable future while creating long-term value for our stakeholders. Through this approach, we aim to minimise our environmental impact, enhance social and community benefits, and strengthen governance practices.

By incorporating sustainability into our business practices, we aim to accomplish our long-term objectives while simultaneously tackling the global issues of climate change and social responsibility. Our refreshed Sustainability Framework is a key driver in achieving our mission to become a leader in sustainable business practices.

Our KPJ Specialist Hospitals throughout Malaysia serve close to 2



KPJ Healthcare Berhad Team

million domestic and international patients annually. Recognising the usage of water throughout our hospitals is extensive, to ensure cleanliness not only for medical purposes but also for general public consumption. In line with this, KPJ Healthcare introduced a Water Harvesting Initiative to support our hospital's daily operations while pursuing the Company's goal of performing as a steward of our natural environment.

This system can range from simple rain barrels to more elaborate structures with pumps, tanks, and purification systems, which can then be used to irrigate landscaping, flush toilets, or launder clothes, and the water can even be purified for human consumption. However, we currently

focus on water harvesting in routine daily work for our hospitals whereby this method indirectly saves 50% of the monthly cost of water energy.

To date, our KPJ Bandar Dato Onn Specialist Hospital has recorded the highest total storage of rainwater harvesting among our southern region hospitals, with the capacity of 239,600 litres. This initiative is also being used at our latest hospital, Damansara Specialist Hospital 2 (DSH2) with the capacity of 85,600 litres of rainwater for the harvesting system.

While we look forward to an exciting future at KPJ Healthcare, we remain committed to growing responsibly to ensure that our operations and business activities do not harm people or the planet. We will continue to step up our climate action and give back to the community by improving access to affordable healthcare. We will continue to invest in innovation and technology to elevate the standards of our healthcare services. We will also continue to keep our people safe, physically and mentally, to retain our talent as we expand our business to provide better quality healthcare to the community.



# CONGRATULATIONS!

KPJ Healthcare Berhad is committed to providing best-in-class patient services and care across our network of hospitals nationwide. We strongly believe that operational excellence and patient safety are integral components of quality healthcare, and are therefore extremely honoured to receive these awards which is a testament of KPJ Healthcare's commitment in being at the forefront of healthcare in the nation.

Congratulations **#TeamKPJ!** To our doctors, nurses, as well as all other medical and non-medical staff: Thank you for your unwavering dedication in reaching greater heights.



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# ONCOLOGY (MEDICAL) SERVICE PROVIDER OF THE YEAR IN ASIA-PACIFIC

## KPJ JOHOR SPECIALIST HOSPITAL

As the leading tertiary care hospital in Johor Bahru, KPJ Johor has been delivering quality clinical care for more than 40 years since opening its door to the public in May 1981, consistently earning the trust of both local and international patients by maintaining its reputation as the leading cancer treatment centre in the region. We have been recognised multiple times by various institutions and accreditation bodies for our excellence in oncology care. Indeed, KPJ Johor was recently awarded the 'Best Oncology (Medical) Service Provider of the Year in Asia-Pacific' recognition at the Global Health Asia-Pacific Healthcare and Hospital Awards 2023.

This recognition is the embodiment of our ongoing commitment in being the catalyst for the advancement of the cancer sector in Malaysia. Backed by 268 licensed beds, 12 cancer treatment bays, 80 consultant specialists and over 900 medical and administrative staff, our facility is outfitted with cutting-edge medical equipment to meet the ever-evolving needs of both our local and international patients who seek world-class healthcare treatments.

### Redefining Healthcare through Modern Technologies

At KPJ Johor, we provide a holistic and compassionate approach to cancer care, from diagnosis to treatment and recovery in line with our promise to 'Care for Life.'

KPJ Johor's CEO Haliza Khalid said the award is a reflection of the hard work and dedication of KPJ Johor's team of oncology specialists, nurses and other healthcare professionals



KPJ Johor Team

who remain dedicated to provide personalised care to each patient.

In line with the Group's 'Care for Life' promise, the introduction of new treatments based on advanced technology is a testament to KPJ Healthcare's commitment to delivering world-class healthcare services and end-to-end patient experience. This anchors our ambition to continuously elevate our standards through the innovative use of technology, thus ensuring patients receive the best care and treatment at our hospitals.

"We are the first hospital in the southern region to offer the PET-CT Scanner, a machine used to diagnose cancer and plan treatments for patients," said Haliza Khalid. Additionally, KPJ Johor also offers Nuclear Medicine, Biological Targeted Therapy, Hormonal Therapy, and boasts the Elekta Synergy with VMat Technology, Versa HD and an Oncology Day Care Centre.

KPJ Johor's Cancer Centre is staffed with experienced specialists and well-

qualified medical teams specialising in Chemotherapy, Nuclear Medicine and Radiotherapy.

### Oncology Team and Oncology Centre

In addition to our excellent clinical care, we offer a variety of supportive services to help patients cope with cancer. These services include palliative care, cancer and nutrition counselling, Radiotherapy, Biological Targeted Therapy and Hormonal Therapy. KPJ Johor also became the first private hospital in the state to have a special support group for cancer patients called 'Johor Specialist Support Group' (JSSG) in October 2022. JSSG was established to provide cancer patients with emotional and social support as well as to increase awareness and education on cancer.

"Sometimes, support from family members may not be enough, which is why we established JSSG to help cancer patients overcome trauma and provide information, motivation and safe guidance," said Haliza Khalid.



# INTERVENTIONAL CARDIOLOGY SERVICE PROVIDER OF THE YEAR IN ASIA-PACIFIC

## FARRER PARK HOSPITAL

Interventional cardiology has revolutionised the treatment of cardiovascular diseases (CVD), offering minimally invasive procedures that significantly improve patient outcomes and quality of life.

Farrer Park Hospital (FPH) envisioned educating the public, patients, and their caregivers about heart health, from preventive screening and diagnosis to various treatments and post-treatment care. Over the years, the hospital has consistently demonstrated its commitment to interventional cardiology, completing numerous firsts of complex interventional cardiology for its patients.

The latest is the HeartMate device implant for advanced heart failure in patients needing short- or long-term mechanical circulatory support. The procedure was conducted in March 2023 on a 41-year-old patient who had two heart attacks and other comorbidities. The device is a left ventricular assist device, or LVAD, that works essentially as a pump in the heart and can be used as a temporary measure while waiting for a heart transplant. Implanting an LVAD can also be used as a therapeutic measure in patients who don't need a heart transplant. After implantation, patients can fully recover with blood normally flowing through the heart.

Another first for FPH was to offer the Farapulse Pulsed Field Ablation (PFA) system to treat atrial fibrillation (AF) and other cardiac arrhythmias. PFA is an emerging field that has the potential to alter the future of ablation



Dr Ravi Shrestha & Dr Timothy Low

therapy and improve the safety of cardiac ablations for patients. A total of ten procedures have been performed at FPH since December 2022.

During the procedure, electrodes are placed on the patient's chest and back. These electrodes deliver pulsed electric fields to the heart, effectively ablating (destroying) the cells that generate irregular rhythms. The procedure aims to restore the heart's normal rhythm by eliminating or significantly reducing the abnormal signals. An advantage of Farapulse PFA is its non-invasive nature.

Besides LVAD and PFA, FPH has had other notable interventional cardiology achievements over the

years. For example, in 2017, the hospital implanted the World's Smallest Cardiac Pacemaker. In 2020, the hospital also gained recognition for the implantation of the AngelMed Guardian System, designed to monitor and detect symptoms of an impending heart attack, enabling timely medical intervention. In 2021, FPH provided Transcatheter Aortic Valve Implantation (TAVI) as an alternative treatment option for patients with aortic valve stenosis.

These complex heart procedures require high technical expertise, state-of-the-art facilities, and a multidisciplinary approach.

FPH's cardiovascular clinical team includes skilled medical technologists, highly experienced radiographers, and nurses. Plus, an advanced Cardiovascular Suite (CVS) with three operating theatres and a catheterisation laboratory.

FPH understands that each patient is unique and deserves personalised attention, empathy, and respect. By continuously pushing the boundaries of medicine, the hospital reaffirms its position and focuses on interventional cardiology. Their achievements in these complex procedures provide improved treatment options and better outcomes for patients suffering from cardiac conditions.

In addition, by fostering collaboration and knowledge-sharing, FPH aims to improve cardiovascular health at a broader level and prioritises the safe recovery of its patients.

# NUCLEAR MEDICINE SERVICE PROVIDER OF THE YEAR IN ASIA-PACIFIC

## PENANG ADVENTIST HOSPITAL

Penang Adventist Hospital (PAH) is honoured to be awarded the Nuclear Medicine Service Provider of the Year 2023 in Asia-Pacific by Global Health Asia-Pacific. This recognition is a testament to our commitment to providing exceptional healthcare services and our continuous efforts to be in the forefront of advanced medical technology. As the first private hospital in Northern Malaysia to establish a comprehensive nuclear medicine centre, we are proud to offer a wide range of diagnostic and therapy procedures for the benefit of our patients.

This state-of-the-art centre was launched on 13th March 2022 and provides both diagnostic and therapeutic services; it caters to a multitude of diseases, including cancer and non-cancer-related conditions such as hyperthyroidism, thyroid cancer, lymphomas, bone pain, renal problems, and more. Our centre has become a referral centre for doctors in the region as we are able to provide sought-after services that lead to optimal care for patients.

The Adventist Nuclear Medicine Centre is equipped with cutting-edge technology, including the first SPECT-CT and then latest of its kind scanner installed in a private healthcare setting in Northern Malaysia. This scanner enables us to offer a wide range of health services to patients of all ages, gender and diseases, as ischemic heart disease, kidney disorders, bone and breast tumors, hyperthyroidism, hyperparathyroidism, and many others.



Ronald Koh

We also take pride in our dedicated radioactive isolation rooms which are equipped with the most advanced radioactive disposal and monitoring system in Malaysia. This state-of-the-art system is the first of its kind installed in the country. The radioactive isolation rooms are primarily utilised for therapeutic purposes in the treatment of thyroid cancer patients. These installations embody our commitment to ensure our patients receive the best treatment in a safe and efficient manner.

We have installed a new digital PET-CT scanner in the third quarter of 2022. This significant investment has made

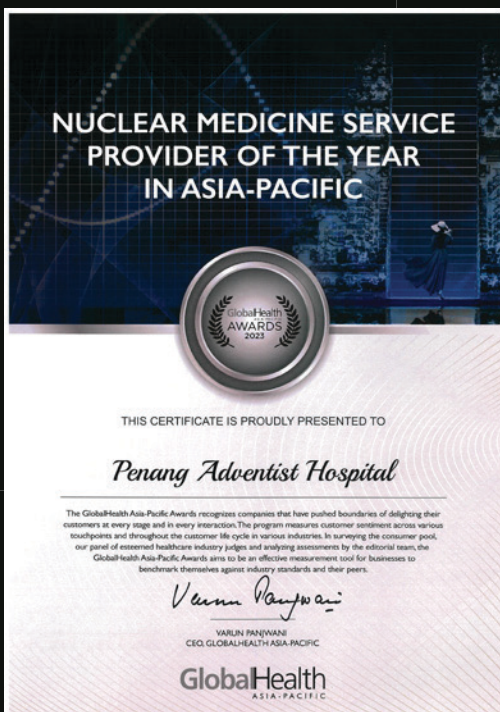
Penang Adventist Hospital the first hospital in Northern Malaysia to have a Digital PET-CT scanner. This cutting-edge technology revolutionizes PET-CT imaging with superior imaging, higher sensitivity and specificity, low radiation exposure, faster scan, and better patient comfort. The introduction of the Digital PET-CT scanner will definitely benefit patients by providing doctors with crucial diagnostic information that can help select the best treatment options.

We extend our heartfelt congratulations to our exceptional Nuclear Medicine team for this remarkable achievement. Their expertise and dedication have truly made a difference in the field of healthcare. We remain committed to advancing our nuclear medicine services and continuing to provide the highest quality of care to our patients.

# GlobalHealth Asia-Pacific Awards 2023

**Penang Adventist Hospital** is honoured to be awarded the Nuclear Medicine Service Provider of The Year in Asia-Pacific by GlobalHealth Asia-Pacific.

Being the first private hospital in Northern Malaysia to establish a comprehensive Nuclear Medicine Centre, we are committed to offering a wide range of diagnostic and therapy procedures to benefit our patients. Soon we will be operating the first Digital PET-CT scanner in Northern Malaysia, which is beneficial for patients in detecting the early onset of disease and monitoring patient's response towards oncology treatment.



# OBSTETRICS AND GYNAECOLOGY SERVICE PROVIDER OF THE YEAR IN ASIA-PACIFIC

## AVISENA WOMEN'S & CHILDREN'S SPECIALIST HOSPITAL

Avisena Specialist Hospital (ASH) is a modern and elegant facility located in Shah Alam's vibrant city centre. With 120 beds, 36 consultation suites, 4 operating theatres, and advanced imaging and rehabilitation services, ASH offers a wide range of medical specialities to meet your health needs. Whether you need care for breast and endocrine disorders, heart and lung diseases, neurological conditions, kidney and urinary problems, digestive issues, weight management, eye diseases, ENT, facial and dental surgery, skin conditions, orthopaedic and plastic surgery, you can trust our experienced and dedicated team of specialists to provide you with the best possible care. ASH is one of the few hospitals in the area that offers some of these specialised services, making us a leader in healthcare excellence.

ASH is a hospital led by clinicians who have always strived to serve people, no matter how much we have grown and changed over the years. We achieved this by focusing on delivering excellent medical results with care that is compassionate and patient-focused. Our main strength comes from the dedication and professionalism of our skilled medical associates, clinical staff, and non-clinical personnel, who have consistently demonstrated their values and work ethic, and have made a lasting positive impact on our patients.

Avisena Specialist Hospital is an accredited hospital by Malaysian Society for Quality in Health (MSQH). We uphold the highest standards of patient safety and experience in our services. Our hospital offers more than



Siti Tettie Hidayati Mohyi

30 specialties and over 70 consultants to support them. We aim to grow our subspecialty services by hiring more subspecialist providers, clinical nurse specialists and getting the latest medical equipment for our patients. We are also expanding our facilities by adding 275 beds, 80 clinics, 9 operating theatres including a modern Hybrid Interventional OT and 20 day-care beds. We have plans to improve our Oncology, Rehabilitation services and Integrated Aesthetic Centre as well. Additionally, we want to enhance our partnership with TrueCare2U (telehealth) by offering online medical treatments and providing professional

home-based care.

Finally, our recent recognition as the leading ENT Service Provider in the Asia-Pacific region at the esteemed Global Health Awards 2023 solidifies our unwavering dedication to our vision and mission. This accolade serves as an endorsement from our patients, who have expressed their satisfaction with the level of care provided by our healthcare professionals and staff. The award acknowledges our excellence in delivering comprehensive and high-quality ear, nose, and throat (ENT) services. Within our distinguished ENT unit, a team of highly qualified and experienced ENT specialists, audiologists, and speech therapists collaborate to diagnose and treat a wide range of ENT conditions. Equipped with cutting-edge technology and facilities, we offer a comprehensive range of medical and surgical procedures, catering to both simple and complex cases, to improve the health and well-being of our cherished patients.

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**AVISENA**  
WOMEN'S & CHILDREN'S SPECIALIST HOSPITAL

# ENHANCING ONCOLOGY CARE AT PANTAI HOSPITAL KUALA LUMPUR

## A Look into the Comprehensive Treatment Options for Oncology Patients

Following the challenging period of the COVID-19 pandemic, disruptions were seen across different facets of the world's economy; entertainment, travel, retail, hospitality, and healthcare, above all. Having altered the oncology care landscape, the pandemic has also changed the way patients are managed. The impact of COVID-19 on people's experience of oncology care will continue to be profound. Having been the first of Malaysia's private healthcare providers to offer cancer care facilities in the Klang Valley area since 1981, our Pantai Hospital Kuala Lumpur (PHKL) has, over the years, recognised the need for oncology care, which led to the department being relaunched as Cancer Centre @ PHKL in 2018.

As the hospital underwent several phases of rebranding and upgrading, activities went to enhancing its services and facilities. The Centre of Excellence in Cancer Care in particular, which is the Cancer Centre @ PHKL, continues to stand strong to this day. Most notably, the Cancer Centre @ PHKL recently garnered the prestigious Cancer Centre of the Year in Asia-Pacific award at the 2023 GlobalHealth Asia-Pacific Healthcare & Hospital Awards. This accolade recognises that the healthcare professionals at our Cancer Centre are exceptionally committed and dedicated to providing quality cancer care to patients.

While their consultant surgeons remain among the best in the country,



Erica Lam

PHKL also strives to continuously equip them with the latest innovations in cancer treatment technology. The Cancer Centre @ PHKL was one of the first hospitals in APAC to utilise the Leksell Gamma Knife®, which dramatically improved the success rates of brain stereotactic radiosurgery. The team at the Cancer Centre @ PHKL is also well versed in Nuclear Diagnostics and Therapeutics (or Medicine), meaning that they are proficient in safely utilising radioactive substances to carry out precise, non-invasive diagnosis and treatment.

With a line-up of treatment options that range from screening and diagnostics, surgery and therapy as

well as post-treatment care, patients are able to find comfort and solace in getting all of them done in one clinic. Furthermore, the Cancer Centre @ PHKL has continued to provide state-of-the-art equipment such as the Gamma Knife, PET-CT scans, and MRIs, which help doctors provide an accurate diagnosis and high-quality cancer treatment for patients. In addition, in today's cancer care, a patient's diagnosis and treatment journey are unique and precise treatments are an important part of their routine care. Hence, this makes it beneficial to house such treatments into two categories: Clinical Oncology and Surgical Oncology.

In Clinical Oncology, a big part

of treatment and patient prognosis lies within a non-surgical route that includes radiotherapy and systemic therapies. In essence, clinical oncology can be beneficial by focusing on the techniques that manage cancer. Thus, this makes the process of clinical oncology broad and continuous due to its focus on targeted chemotherapy and targeted radiotherapy. At present, PHKL offers an array of anti-cancer treatments that are generally associated with improved overall results and minimised side effects:

- Chemotherapy – Oral & Intravenous (IV)
- Immunotherapy
- Personalised Medicine
- Targeted Therapy
- Intrathecal Chemotherapy
- Ommaya Reservoir Chemotherapy
- Intra Arterial Chemotherapy
- Subcutaneous Chemotherapy
- IM Chemotherapy
- Trans Arterial Chemoembolisation

When it comes to treating cancer tumours through surgical means, Surgical Oncology would generally be used to treat most forms of cancer. In the Cancer Centre @ PHKL, surgery remains the main cancer treatment option for diagnosis, staging and providing symptom relief. As a cancer management method, surgical oncology involves the removal of cancerous tumours from a specific area of the body. Currently, the centre offers surgical treatment options in the following areas:

- Breast Surgery
- Colorectal Surgery
- Ear, Nose and Throat Surgery
- Head and Neck Surgery
- Hepatobiliary and Liver Surgery
- Neurosurgery
- Onco-Gynaecology Surgery
- Orthopaedic Surgery
- Thoracic Surgery
- Upper Gastrointestinal Surgery

In recognising that cancer and its treatment affect the lives of those close to our oncology patients, PHKL offers counselling services for their family members to help them stay prepared for the next steps towards recovery. By offering counselling



services to family members, the centre aims to strengthen the support system that extends beyond the immediate care setting. This includes the Patient Navigation team, which is a complementary and complimentary service that is supplemented by the centre's healthcare professionals. From referral process to cancer treatment programmes, the team works closely with the centre's oncology patients, providing personalised support and guidance every step of the way.

At PHKL, we pride ourselves on offering exceptional patient care throughout the entire treatment journey, from diagnosis to post-treatment recovery. Our commitment



to our patients' well-being is unwavering, and we strive to provide top-notch patient education and counselling services.

Whether you are just embarking on your treatment journey or entering the post-treatment phase, our dedicated team of healthcare professionals is here to support you every step of the way. We understand the importance of having a comprehensive understanding of your condition and treatment options, which is why we provide extensive resources and counselling to ensure you and your family are well-informed and empowered to make the best decisions for your health.

At PHKL, our focus extends beyond medical treatments; we also place great emphasis on holistic care, addressing not only the physical aspects of your health but also the emotional and

psychological well-being. Our goal is to create a nurturing and supportive environment that fosters recovery and enhances the overall quality of life for our patients.

Rest assured that you are in capable and caring hands at PHKL. We are dedicated to your health and well-being, and we will be with you every step of the way on your journey to recovery and beyond.

#### **Determine the Best Treatment at Pantai Hospital Kuala Lumpur**

With the rapid advancement in medical technology, the field of cancer treatment has witnessed remarkable progress. This is evident at PHKL, where patients can benefit from the hospital's comprehensive range of treatment options for cancer. Having debuted the Cancer

Centre @ PHKL in 2018, the team of healthcare professionals is committed to delivering the highest standards of treatment for every single patient.

In order to determine the best course of treatment for your specific cancer type, the Cancer Centre @ PHKL is here to help you through the process.

Please reach out to the Cancer Centre @ PHKL 03-2296 0800 or [my.phkl.infocancer@pantai.com.my](mailto:my.phkl.infocancer@pantai.com.my)





# THANK YOU

to our surgeons, physicians, physicists, radiography therapists, pathologists, specialised nurses, patient navigators, dieticians, and pharmacists for our recent awards from GlobalHealth Asia-Pacific.

- 🏆 **Cancer Centre of the Year APAC**
- 🏆 **Comprehensive Hand & Microsurgery Service Provider of the Year APAC**
- 🏆 **Heart & Vascular Service Provider of the Year APAC**
- 🏆 **Respiratory Medicine Service Provider of the Year APAC**
- 🏆 **Robotic Rehabilitation Service Provider of the Year APAC**

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Pride of Malaysian Healthcare

# OPHTHALMOLOGY SERVICE PROVIDER & PAEDIATRIC OPHTHALMOLOGY SERVICE PROVIDER OF THE YEAR IN ASIA-PACIFIC

## EAGLE EYE CENTRE

“Helping the blind to see and restoring vision to many. There’s no higher calling for me.” That’s according to Dr Julian Theng, Founder and Medical Director of Eagle Eye Centre Singapore. “I was taught at a young age by my parents to administer daily insulin jabs for my grandmother who had diabetes. I have a soft spot for old folks and it warms my heart to bring joy to them. That’s probably what led me to practise medicine, a field where genuine love and care for others is pivotal.”

Dr Theng saw the world of opportunities for holistic eye care more than 17 years ago. “I and Dr Lim Wee Kiak, my best friend, co-founder of Eagle Eye and fellow practicing ophthalmologist, saw many new emerging technologies in the world, especially for presbyopia, or what we call “lau hua yan”. Most doctors at that time hardly thought of making patients independent of reading glasses. We felt that we could gather the right team and help embrace these technologies more promptly and thus founded Eagle Eye Centre in 2006 to provide the best comprehensive and patient centric eye care in Singapore and the region with advanced technologies,” added Dr Theng.

In the 17 years since its inception, Eagle Eye Centre (EEC) has seen a year on year growth of about 15-25 percent. Currently, the centre treats almost 8,000 patients a month.

Beyond LASIK and Presbyopia, EEC has expanded to 9 branches in Singapore with 18 eye doctors who are specially trained in different



Dr Julian Theng

subspecialties in order to provide comprehensive eye care services. EEC’s senior consultant surgeons are specialised in the following areas:

- Corneal Services and Transplants
- LASIK & Refractive Surgery
- Medical and Surgical Retina Services
- Uveitis, Ocular Inflammation & Immunology
- Oculoplastics, Orbit & Lacrimal Services
- Paediatrics Ophthalmology & Adult Strabismus
- Neuro Ophthalmology
- Comprehensive & Complex Cataract Services

EEC is able to handle complex cases as multiple specialists can

come together to discuss what is the best solution for the patient. These services are spread out over 8 clinics in Singapore, with branches at Mount Alvernia Hospital, Parkway East Hospital, Mount Elizabeth Hospital at Novena, Mount Elizabeth Hospital at Orchard, Royal Square Medical Centre at Novena, Westgate Mall, and King Albert Park Residences Mall, and StarMed Specialist Centre.

Dr Theng and Dr Lim are driven by the same motivation to help as many people as possible through their work. “I am humbled and grateful that we have many patients who have placed their trust in Eagle Eye Centre and have become like family to us,” said Dr Theng. “They advocate our warm and heartfelt services so much that over 80% of our patients come in through strong word-of-mouth referrals, knowing that Eagle Eye is a one-stop-shop centre where patient-care always comes first.

“I would like to express my sincere thanks to everyone who has contributed to our success. Eagle Eye Centre’s mission of improving lives through better vision will continue to guide us, and this award strengthens our resolve to make a meaningful impact in the field of ophthalmology,” said Dr Theng.



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## One-Stop Eye Care Centre

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Singapore 598332  
TEL: (65) 6475 1000

Royal Square @ Novena  
101 Irrawaddy Road  
Royal Square @ Novena  
#11-07 to 13  
Singapore 329565  
TEL: (65) 6456 1010

StarMed Specialist Centre  
12 Farrer Park Station Rd  
StarMed Specialist Centre  
#05-03  
Singapore 217565  
TEL: (65) 6229 6555



# SPORTS REHABILITATION AND PHYSIOTHERAPY SERVICE PROVIDER OF THE YEAR IN ASIA-PACIFIC

## ARA DAMANSARA MEDICAL CENTRE

In a world where physical health and wellness are paramount, the significance of sports rehabilitation and physiotherapy services cannot be overstated. They hold the key to transforming lives, restoring strength, and unlocking boundless potential.

Winner of the prestigious Global Health Award for Sports Rehabilitation and Physiotherapy Service Provider of the Year in Asia-Pacific, Ara Damansara Medical Centre is a tertiary care hospital strategically located a stone's throw away from Sultan Abdul Aziz Shah airport and the thriving township of Ara Damansara.

Ara Damansara Medical Centre has a dedicated one-stop rehab facility, named "Rehabcentric," that provides comprehensive rehabilitative services following injury and illness to patients of all ages. Our approach to sports rehabilitation and physiotherapy encompasses compassionate care, advanced techniques, and a dedicated team of experts. We understand that each individual's journey is unique, and our personalized treatment plans reflect that understanding.

Embracing a wide array of services, the center caters to athletes, sports enthusiasts, and individuals from all walks of life. From acute injuries, chronic conditions injury to prevention of injury, maintenance and enhancement of sports performance, we offer a comprehensive range of therapies tailored to meet specific needs:

1. Sports Injury Rehabilitation: Our specialized sports injury rehabilitation programs target



Miranda Harumal

athletes and sportspeople recovering from strains, sprains, fractures, and ligament tears. Utilizing state-of-the-art equipment and evidence-based techniques, we expedite the recovery process, restore optimal function, and facilitate a safe return to peak performance.

2. Physical Therapy: Our physiotherapy services focus on restoring mobility, strength, and flexibility for patients with various musculoskeletal issues.
3. Sports Performance Enhancement: Not limited to rehabilitation, we also take pride in our sports performance enhancement programs. Tailored to suit individual athletic goals, we provide specialized training, injury prevention strategies, maintenance of the musculoskeletal system and performance optimization techniques.
4. Musculoskeletal Pain Management:

For those suffering from chronic and acute musculoskeletal pain, our pain management therapies combine innovative treatments and holistic approaches to alleviate discomfort and enhance quality of life.

Our center boasts a team of skilled physiotherapists, Rehabilitation and Sports Physicians as well as Sports Cardiologist specialists and nutritionists who collaborate to provide comprehensive and integrated care.

Over the years, we have witnessed countless success stories, each one a testament to the transformative power of healing and empowerment. Our patients not only recover physically but also experience newfound confidence, resilience, and a determination to achieve their goals.

Receiving the Global Health Award for Sports Rehabilitation and Physiotherapy Service Provider of the Year in Asia-Pacific is an extraordinary honor, one that reaffirms our dedication to elevating lives through compassionate care and innovative practices.

As we move forward, we remain committed to setting new benchmarks in sports rehabilitation and physiotherapy. Our mission is to continue championing health, empowering lives, and fostering a world where individuals can excel, unburdened by physical limitations.

For more information and for appointments reach us at +603 7839 9854 / 9850 or WhatsApp +6019 219 1616



Ara Damansara  
Medical Centre



**REHABCENTRIC**  
by ADMC

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## SERVICES WE OFFER

*At Rehabcentric, our treatments can improve your fitness,  
function and overall quality of life.*



### REHAB SERVICES

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- Cardiopulmonary Rehab
- Chest Physiotherapy
- Cognitive Therapy
- CVI (Cerebral Visual Impairment) Therapy
- EIP (Early Intervention Programme)
- Hand Therapy & Fine Motor Training
- Neuro Rehab
- Occupational Therapy (Adult/Child)
- Retraining of ADL (Activities of Daily Living)
- Sensory Integration Therapy
- Speech & Language Therapy- Communication, Feeding, Swallowing, Oro-Motor training & voice assessment
- Splinting & Adaptive devices
- Vestibular Rehab
- Weight Loss Management (AD Shed The Pounds Programme)



### SPORTS REHAB

- Alter G (anti-gravity treadmill)
- Conditioning & Performance Enhancement
- Core Strengthening Program
- Exercise Therapy
- Hydrotherapy (with warm water)
- IASTM (Instrument Assisted soft tissue manipulation)
- Manual Therapy, including Sports Massage
- Pain Management (Using electrotherapy equipments eg. INDIBA Radio frequency, Laser, Ultrasound, Muscle stimulation, etc)
- Sports Taping for facilitation of muscles
- Strength, agility & balance training

## WHERE TO FIND US



### Ara Damansara Medical Centre

Lot 2, Jalan Lapangan Terbang Subang,  
Seksyen U2, 40150 Shah Alam, Selangor,  
Malaysia

Rehabcentric +603 7839 9850 / 9854  
24 Hours Careline +603 5639 1888

✉ [admc.rehab@rsdhealth.com](mailto:admc.rehab@rsdhealth.com)



**For Consultation  
Appointment**

Part of Ramsay Sime Darby Health Care Group

Ara Damansara Medical Centre | Subang Jaya Medical Centre | ParkCity Medical Centre | Bukit Tinggi Medical Centre

+603 5639 1888

# ONCOLOGY MEDICAL CENTRE OF THE YEAR IN ASIA-PACIFIC

## ARC HOSPITALS

### Elevating Healthcare: Access to Advanced Oncological Services in Cebu

ARC Hospital's oncological services in Lapu-Lapu City mark a significant advancement in the local healthcare landscape. The introduction of specialized and advanced oncology services demonstrates the hospital's commitment to providing comprehensive cancer care for patients battling cancer.

Here are key highlights of ARC Hospital's pioneering oncological services:

- 1. Advanced medical technology:** ARC Hospital has invested in cutting-edge medical technology to enable precise diagnosis, including imaging equipment, radiation therapy machines and surgical tools. Targeted treatments for cancer patients are determined through the collaboration with experts from Singapore for digital pathology. These include next generation sequencing, complex surgical oncology procedures and access to advanced treatment, such as immunotherapy and targeted biologics.
- 2. Multidisciplinary Oncology Team:** It is headed by Dr Alex E. Alegrado, a medical oncologist trained at Johns Hopkins Singapore. ARC Hospital has a multidisciplinary team of highly skilled and experienced oncologists, surgeons, radiologists, nurses, and support staff, working collaboratively to deliver comprehensive care tailored to each patient's unique needs.
- 3. Comprehensive Cancer Treatment:** ARC Hospital offers a full spectrum of



Arc Hospitals

- cancer treatments, including medical oncology, surgical oncology, radiation therapy, and palliative care. These ensure that patients receive a well-coordinated and holistic approach to their cancer journey.
- 4. Patient-Centered Care:** ARC Hospital places the patient at the center of its care approach, emphasizing empathy, compassion, and personalized attention throughout the cancer treatment process. Support services, such as counseling and survivorship programs, are offered to address the emotional and psychological aspects of cancer care.
  - 5. Oncology Research and Clinical Trials:** ARC Hospital actively participates in cancer research and clinical trials. Its participation contributes to advancements in cancer treatment and offers patients access to novel therapies and treatment options through partner institutions like Farrer Park Hospital Singapore, Singapore General Hospital and Curie Oncology Singapore.
  - 6. Community Outreach and Education:** ARC Hospital takes an active role

in raising cancer awareness in the local community through educational initiatives, public awareness campaigns, and support groups. By fostering early detection and prevention, the hospital aims to reduce the impact of cancer on the community. Referral to social workers is possible for mental, spiritual and financial assistance. Patients at the terminal stage of their illness are accepted and provided with caregiver training.

- 7. Accreditation and Recognition:** ARC Hospital and its oncological services have earned recognition from reputable healthcare organizations and regulatory bodies, further affirming its commitment to delivering high-quality cancer care.

The unit has received accolades. It was featured by Health Management Asia in 2020 for continuing medical care and chemotherapy of patients in a Resort Facility near the hospital while the COVID-19 pandemic was spreading across the world. This led to the survival of patients and preserved the livelihood of both health-related and non-healthcare workers.

ARC Hospital is setting a new standard for oncology services with its advanced treatments, expertise and compassionate care. With access to these oncological services, ARC Hospital will have a positive and profound impact on the lives of cancer patients in the local communities of Lapu-Lapu City, Cebu Province and surrounding regions. It is also a very welcome addition to the global fight against cancer.



Together.

You are not alone.

At Allegiant Regional Care Hospitals (ARC), you get the full support of our medical community when it comes to cancer treatment and care. ARC is a collaborative effort by a team of local and international medical professionals, advancing healthcare delivery in the Philippines. This approach provides the framework for a facility that delivers efficient and quality health services to the region.



**Allegiant  
Regional  
Care  
Hospitals**

# NEW PAEDIATRIC HOSPITAL OF THE YEAR IN CAMBODIA

## MAXICARE HOSPITAL

Maxicare Children Hospital was found in 2018 as a private clinic by a team of professional doctors and businessmen. The doctors have strong track records in the pediatric field, both on national and international stages. They are also well known by patients since they have been practicing in public hospitals and private clinics.

Maxicare is a private clinic registered by the Ministry of Health of the Kingdom of Cambodia. Since its inception in 2018, the clinic has treated about 60,000 children from Phnom Penh and other provinces around the country. In January, Maxicare became the first private pediatric hospital approved by the Ministry of Health of Cambodia.

The board of Maxicare Children Hospital aims to solve children health's issue in Cambodia through the implementation of high healthcare quality standards.

This commitment is translated into the implementation of national quality standard requirements in healthcare accreditation.

We are committed to continuously improving health and medical care to sustain and further improve clinical outcomes, patient safety, and patient satisfaction. Our vision is to become a leading private children hospital in Cambodia by providing the best healthcare services and complying with the highest standards of care and safety.

Maxicare Children Hospital is the First Choice for all children:

The hospital is open every day, providing general pediatric



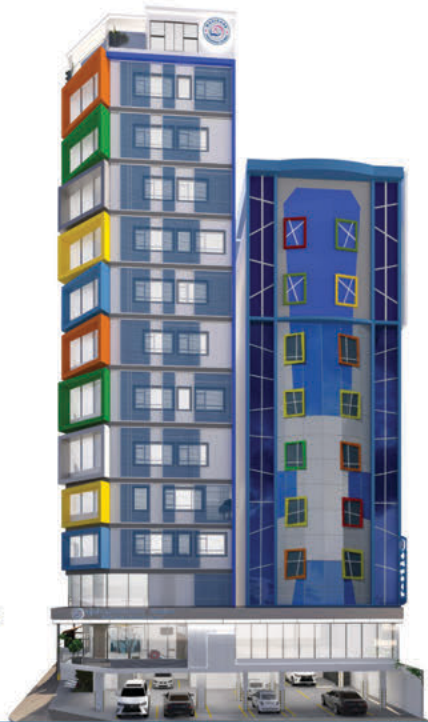
Dr Van Sokchea

consultations and emergency services with advanced resuscitation equipment and professional doctors and nurses experienced in managing patients who require emergency care. All physicians graduated in France or Australia and they have many years of experience working as pediatricians in Cambodia. Patients who need to be hospitalised will be admitted to the private rooms with friendly decoration for kid (all rooms are private). The hospital has its own laboratory where expert staff can perform a lot of tests for patients who require further investigation. The lab has advanced technology that leads to accurate results. For example, the staff can perform X-Ray and general ultrasound tests. In case patients need

to undergo surgery, our surgeons can operate on them in our operation theater, which is equipped with modern medical machine and systems such as: Anesthesia machine, cautery machine and the internal negative pressure system to protect patients from contamination and germs. We have vaccination centres separated from other departments. Patients who check in at our facility will be taken care of because our vaccination centres are staffed with receptionists and nurses taking vital signs. Before getting vaccinated, children will also be checked by our doctors to make sure their general health is good. The centres can also boast a playground for kids.



# MAXICARE CHILDREN HOSPITAL GLOBAL HEALTH AWARD 2023



We Care for Your Child with Our Heart!



General Pediatric Consultation



International Standard  
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General Pediatric Surgery



Emergency and In-Patient  
Department

Contact us:

-  092 590 555 / 093 590 555
-  Email: maxicarechildrenhospital@gmail.com
-  Maxicare Children Hospital
-  Maxicare Children Hospital
-  Address: #49, St.368 & 95, Sangkat Boeung Kengkang III, Khan Boeung kengkang, Phnom Penh.

# WOMEN'S HEALTH & WELLNESS SERVICE PROVIDER OF THE YEAR IN ASIA-PACIFIC

## KPJ DAMANSARA SPECIALIST HOSPITAL

KPJ Damansara Specialist Hospital (KPJ DSH) is extremely honoured to be recognised as the Women's Health & Wellness Service Provider of the Year in Asia-Pacific for the second year in a row. It has always been our aim from the beginning to provide women with the best care, experience, and health outcomes in the areas of fertility, obstetrics and gynaecology, breast and endocrine care, geriatrics, clinical oncology, and radiotherapy. In addition, we provide value-added services which include virtual consultations, home care, Infant CPR, Parentcraft classes, health talks, community engagements as well as home medicine delivery.

Our experienced specialists and embryologists at the KPJ Damansara Fertility Centre offer basic screening and comprehensive treatments, including in vitro fertilisation (IVF) with Preimplantation Genetic Testing for Aneuploidies (PGT-A), Preimplantation Genetic Diagnosis (PGD), Egg and Embryo Freezing, Semen Analysis, Surgical Sperm Retrieval, Frozen Embryo Transfer (FET), and Intrauterine Insemination (IUI).

We are proud to have renowned consultant specialists who are Key Opinion Leaders (KOLs) engaging with the community via mainstream and social media platforms, sharing valuable insights on current topics relating to women's health and wellness. Among our experts, we have a Gynae-Oncologist, and the esteemed Dr Imelda Nasreen Nasruddin @ Balchin, a celebrity doctor.

Dr Imelda is one of the doctors in Malaysia who performs the Shirodkar Cerclage procedure, an advanced



KPJ Damansara Team

technique that involves the placement of an encircling "tape" ligature at the level of the internal cervix to support and maintain the integrity of the cervical canal. The Shirodkar Cerclage procedure is done to treat cervical insufficiency which typically occurs in the second trimester when the cervix cannot hold a pregnancy.

Our commitment to Women's Health is further strengthened by our team of experienced specialists and supporting medical team who address various conditions, including breast cancer, cervical cancer, and fibrosis to name a few. KPJ DSH is equipped with 3D Mammograms, 4D Ultrasounds, 3D Laparoscopies, HD Colposcopies, Breast Ultrasounds, Pelvic Floor Muscle Tighten Machines, CT scans, and Linear Accelerators (LINAC).

At the KPJ DSH Rehabilitation Centre, we provide specialised women's health care for incontinence, defecation dysfunction, pelvic pain, and other pelvic floor issues. Our well-trained physiotherapists utilise the MAPLe device, which offers targeted biofeedback of individual muscles on different sides and depths in the pelvic

floor. After a thorough evaluation, many evidence-based treatments for pelvic floor conditions are used, including behavioural strategies, biofeedback, manual therapy, neuromuscular electrical stimulation, patient education, relaxation techniques, and tailored exercise regimens.

Acknowledging our responsibility towards the lower-income communities, KPJ DSH collaborates with Yayasan Warisan Anak Selangor (YAWAS), a State Government Agency via the MammoSel Programme. Since 2015, we have provided free mammograms to more than 2,000 women, contributing to their early detection and improved health outcomes.

KPJ DSH is a 232-bedded hospital with close to 120 highly skilled consultant specialists and over 700 dedicated nurses and paramedics from all medical fields. In 2022, KPJ DSH has served approximately 150,000 patients including 12,359 health tourists from countries including Indonesia, India, China, the Middle East, and India.

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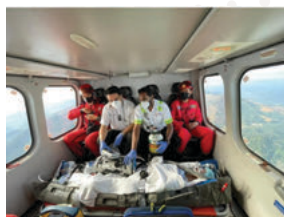
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# PAEDIATRIC SERVICE PROVIDER OF THE YEAR IN ASIA-PACIFIC

## KPJ PUTERI SPECIALIST HOSPITAL

When you think of a children's ward, what do you imagine? The chances are you imagine a space filled with bright colours, walls plastered with cartoon characters from well-known films and TV shows, and playrooms full of toys and games. Such is the atmosphere in KPJ Puteri Specialist Hospital (KPJ Puteri), a leading provider of paediatric care in Malaysia with over 30 years of history providing high quality care to children.

At KPJ Puteri, we understand the importance of creating a child-friendly environment. Our children's wards are designed with bright colours, adorned with cheerful decorations to make the little patients feel at home, at ease, and less afraid. We understand that caring for a sick child can be stressful for parents too, and we aim to provide support and reassurance throughout the entire process.

When parents seek medical answers, it can be overwhelming and at times daunting — especially if it has to do with their child's health. That is why our team is here to leverage the full strength of KPJ Healthcare's expertise, research and innovation for every child who needs our help.

Being named as the Paediatric Service Provider of the Year in Asia-Pacific is a true testament to our dedication to being at the forefront of children's healthcare in the region, further establishing Malaysia as a world-class medical hub.

Commitment to excellence is at the heart of our mission at KPJ Puteri. Our hospital has a team of experienced paediatricians who are dedicated to ensuring personalised care to each patient. Our state-of-the-art paediatric



KPJ Puteri Team

centre is equipped with the latest technology for accurate diagnosis and effective treatment outcomes.

Our paediatric centre exemplifies our 'Care for Life' philosophy and represents our commitment towards achieving holistic patient care. By integrating digitalisation and disruptive technological innovation, we answer to the current healthcare trends, whilst meeting the ever-evolving healthcare needs of our community by harnessing the power of technology to accelerate health solutions.

Our Paediatric Centre of Excellence (COEs) encompasses various subspecialties such as paediatric neurology, paediatric surgery, and paediatric neonatology. We are proud to be the only healthcare provider in the southern region of Malaysia to offer expertise in Paediatric Neurology.

Paediatric surgery is a relatively new and growing specialty in Malaysia.

KPJ Puteri is at the forefront of this field, offering both general paediatric surgery and endoscopic paediatric surgery. We are especially proud of our reputable paediatric surgeon, Dr Razali Zakaria, who specialises in gastrointestinal transit study and anorectal manometry in children.

In addition to our excellent clinical care, KPJ Puteri also offers a variety of supportive services to help children and their families cope with illnesses. This includes nutrition counselling and speech therapy services.

High quality paediatric care will continue to be the core focus of our KPJ Puteri COE. Whether you are looking for the right answer, or your child has a condition that requires additional expertise, our multispecialty teams will come together and pool our collective knowledge to help you identify solutions for your little ones.

# WOMEN & CHILDREN SERVICE PROVIDER OF THE YEAR IN ASIA-PACIFIC

## THOMSON MEDICAL SINGAPORE

Since 1979, Thomson Medical Centre (TMC) has partnered countless mothers-to-be on their maternity journey, providing high-quality maternity care and a variety of pre and postnatal services. Recognising this special period for mothers-to-be, TMC wants to help them feel confident and focus on the joy of welcoming a new life into the world.

Recognising that every birth experience is unique, TMC tailors its services to meet the individual preferences of every mother. TMC offers a myriad of birthing options and is the only private hospital in Singapore that offers water birth in addition to vaginal delivery and C-section. Beyond traditional pain management such as epidural and laughing gas, TMC also offers natural pain relief options such as hypnobirthing and hydrotherapy. Exercise balls to alleviate contraction pains are also equipped in the delivery suites. To help reduce anxiety experienced during delivery, TMC also offers lavender-scented aromatherapy with soothing music upon request.

As a speciality women's and children's hospital, TMC is one of the few private hospitals in Singapore with its operating theatre right next to the Delivery Suite by design. Separated by only a door, the proximity to key clinical services prioritises the safety of all babies, especially in the event of an emergency, where every minute is crucial.

Post-delivery, TMC offers all mothers a variety of room options ranging from well-equipped 4-bedded ones to luxurious suites. Every room



Dr Daniel Lee & Goh Gek Tiang

is air-conditioned with an ensuite bathroom and a range of amenities to ensure a comfortable stay. Listening to the growing needs of our updated mothers, TMC has further innovated our room options and launched a new Deluxe Family Room designed to provide a relaxing stay for mothers and their families. This suite-sized room is ideal for their spouse and one child (aged 1.5 - 6 years old), allowing the whole family to enjoy a private and comfortable space with a unique boutique ambience.

Emphasising on the nutritional needs of mothers, TCM has continued to serve healthy and nourishing meals that are specially curated by a team of lactation consultants, Traditional Chinese Medicine physicians and dietitians. This helps mothers to recover well and to nurse their babies.”

TMC continually innovates our

nutrition proposition by partnering gourmet food brands to enhance the freshness and quality of our meals. Our inpatient meals are served with Kinmemai Japanese Rice, which contains more vitamins and dietary fibres but lower calories and sugars compared to conventional rice. In addition, we also prefer to use local produce in our meals to ensure freshness and nutritional benefits are passed on to our patients. For example, patients can opt for locally farmed Kühlbarra's barramundi, which is free of antibiotics and growth hormones while containing five times higher brain-boosting Omega-3 than regular fish.





# *Caring for* **Generations & Beyond**



As a trusted brand with more than 40 years of experience in caring for women's and children's health, Thomson Medical continues to focus on our core services and is growing to provide a complete range of services for mother, child and the whole family. As we move ahead into the future, Thomson Medical is evolving to bring our brand of healthcare closer to our community of patients, and we look forward to your continued support.



# WOMEN FERTILITY AND PARENTING OF THE YEAR IN ASIA-PACIFIC

## BUNDA MORULA NUSA DUA

### Morula IVF Indonesia Emerges as Leading Fertility Center in Southeast Asia

Morula IVF Indonesia, a leading and market-leading IVF clinic for assisted reproductive technology (ART) services in Indonesia, has announced its 25th-anniversary celebration themed “25 Years of Nurturing Love, Hope & Miracles for Wonderful Families.” This event marks Morula IVF’s journey in assisting hundreds of thousands of families in achieving happiness through assisted reproductive technology, commonly known as in-vitro fertilization (IVF). Morula IVF Indonesia has emerged as a gem in the field of IVF services in Southeast Asia, surpassing centers in Malaysia, Singapore, and Thailand in terms of the number of IVF procedures conducted each year. In 2022, Morula IVF Indonesia conducted nearly 6,000 cycles of IVF procedures, with approximately 10-15% of the patients being domestic or international medical tourists. Some patients are from distant countries such as China, France, the Netherlands, Russia, the United States, Japan, and Australia.

In the last 25 years, Morula IVF Indonesia has witnessed the birth of more than 10,000 babies through its IVF programs. Dr Ivan R. Sini, GDRM, MMIS, FRANZCOG, Sp. OG, the CEO of PT. Morula Indonesia, emphasized: “Morula IVF Indonesia ensures quality services that are on par with or even superior to international clinics. We are committed to continuously enhancing our high-quality services, adopting the latest technological innovations, and providing hope to couples facing



Morula Indonesia’s CEO, Dr Ivan Rizal Sini, GDRM, MMIS, FRANZCOG, Sp. OG with Board of Directors attending Morula Homecoming and Community Event at Tangerang

difficulties with natural conception. Morula IVF Indonesia celebrates its role in fulfilling families’ dreams and solidifies its position as a market leader in the reproductive and fertility industry in Indonesia, extending its reach even to foreign markets within Southeast Asia.”

Morula IVF Indonesia has proven its excellence in delivering high-quality services and emotional support to couples in need. One of its key strengths lies in its team of well-trained and skilled fertility doctors with both national and international experience, ensuring a success rate of over 75% in IVF procedures for patients under 35 years old through the utilization of cutting-edge technology. With the international certification standard R-TAC (Reproductive Technology Accreditation Certification) from Australia, couples can rest assured that the expertise and competency of these doctors are on par with those practising abroad.

Patients at checking in at Morula

IVF Indonesia can benefit from Pre-Implantation Genetic Testing, a technology that detects chromosomal abnormalities in embryos to prevent miscarriages. “This technology benefits couples who have undergone multiple IVF cycles without success, those with a history of recurrent miscarriages, couples with a history of inherited pregnancy disorders, and couples over 38 years old,” explained Dr Ivan.

In the last 25 years, Morula IVF Indonesia has achieved remarkable success, making it the top choice for couples seeking assistance in realizing their dream of having a child. Dr Ivan expressed gratitude, stating: “We are incredibly thankful for the support and trust given to us by our patients, not only from within the country but also internationally, over the past 25 years. We celebrate our achievements in helping couples realize their dreams of having children, and we hope to continue providing hope to those in need.”



# NEW HOSPITAL OF THE YEAR IN ASIA-PACIFIC

## KPJ DAMANSARA SPECIALIST HOSPITAL 2

As the preferred healthcare provider in Malaysia with more than 40 years of experience and 29 hospitals in its network, KPJ Healthcare is poised to play a role in redefining how healthcare services are provided to patients. We are taking our 'Care for Life' promise to the next level through the use of technology and digitalisation, with several plans in the pipeline.

The official launch of Damansara Specialist Hospital 2 (DSH2), our flagship hospital, in May 2023 marks our first stride in this direction. At DSH2, we offer advanced treatments across major clinical specialties, coupled with the highest level of patient comfort, care and safety. Our world-class infrastructure, use of cutting-edge medical technology and AI-driven tools alongside an integrated digitalised system for improved clinical and patient management, set a new benchmark for people-first care.

At DSH2, we are working towards redefining healthcare through our focus on People First, Preventive Care, being Technology Driven, aiming for Integrated Clinical Excellence and extending Collaboration with many more partners to introduce more innovations in the future.

Due to our commitment to excellence, we know that outstanding care involves more than good medicine. That is why our concern extends to the patient's entire journey with us, which has been carefully considered and designed to be welcoming, informative, hassle-free and reassuring. The hospital has modern and comfortable



KPJ Damansara 2 Team

facilities that create a relaxing and calming ambiance. Our modern and spacious executive suites feature smart touchscreens with the latest streaming apps, while also storing real-time patient data and treatment protocols.

Since its soft opening in September 2022, DSH2 has been steadfast in prioritising our patients' needs, preferences, values, and goals in receiving healthcare services. This means ensuring their entire experience at our hospital is seamless, through open communication in all aspects, respecting their culture, hearing their concerns or grievances to make sure all their needs are addressed during their stay with us.

We also ensure that our hospital and services are convenient and accessible to all. Operating hours are extended to include evening clinics for specialist consultants; therefore, appointment bookings can be made between 8.00

am till 9.00 pm. Elective surgeries are performed seven days a week, with no additional cost, even on public holidays.

As we move towards the future of healthcare, we provide highly specialised treatments for complex medical conditions by incorporating precision medicine, which uses genetic testing and other advanced technologies to tailor treatments to individual patients. This personalised approach to healthcare ensures that patients receive the best possible treatment for their specific medical conditions.

DSH2 offers a complete range of integrated services under one roof via our Specialty Service Centres, acting as a one-stop centre for all your healthcare needs. These include preventive care, health and wellness management, emergency services, chronic disease management and intricate surgical procedures. Our Centres comprise: Brain Centre, Nerves & Spine Centre, Heart & Lung Centre, Bone, Joint & Spine Centre, Advanced Laparoscopic Surgical Centre, and Interventional Radiology Centre.

Being recognised as the 'Best New Hospital in Asia-Pacific' by Global Health Asia-Pacific affirms KPJ Healthcare's commitment to lead healthcare in Malaysia and the region, solidifying the country as a world-class medical hub.

# NEW HOSPITAL OF THE YEAR IN INDONESIA

## MURNI TEGUH TUBAN BALI HOSPITAL

### Murni Teguh Tuban Bali general hospital brings healthier tomorrow

Established on December 12, 2021, Murni Teguh Tuban Bali Hospital (MT) aims to become a high-quality and modern general hospital. Located in the heart of Tuban, Kuta, and close to Bali International airport, MT general hospital strives to serve the community regardless of ethnicity, religion, race and class. The hospital is part of the expanding hospital network PT Murni Sadar Kasih Abadi, which is based in Medan, Indonesia. The company's name in the Indonesian Stock exchange is "MTMH" and it has seven general hospitals in Sumatra, Jakarta, Tangerang and Bali.

Considered as the Best New Hospital in Indonesia, MT general strives to support government programs to expand and improve public health, especially in Bali and its neighboring areas like the island of Lombok. MT general Bali has comprehensive and advanced medical equipment to support multi-disciplinary specialists and subspecialists. MRI 1,5 Tesla is the new addition to its wide range of advanced diagnostic equipment, which includes digital x-ray, 128 slices CT scan, and 4 Dimension ultrasound. In addition, endoscopy and extracorporeal shock wave lithotripsy (ESWL) are now available for diagnostic and treatment interventions at the hospital.

MT general Bali hospital has over 100 beds for admission, isolation wards with negative air pressure, 4 operating theaters equipped with C-arm that allow surgeons to perform over 150 surgeries for



Dr I Gusti Ngurah Wardana, MPH

multiple conditions per month as well as a 24-hour emergency room, an ambulance, in-house laboratory, and a blood bank. The hospital also provides COVID-19 screening and can boast Intensive Care Units (NICU/PICU). Integrated polyclinic rooms for a wide range of disciplinary specialists and subspecialists are available to ensure better treatment outcomes. Critical illness management in Cardiology, Oncology and Neurology is conducted at the hospital centres of excellence, where a Cath Lab and experienced medical specialist are available. In addition, the hospital has a physiotherapy department.

Since Bali is a tourist destination and many people are willing to travel for medical care, the hospital offers aesthetic services like plastic surgery and affordable dental treatment. A special ward staffed with English speaking nurses and doctors is dedicated to international patients to ensure safe and professional care. The hospital partners with international health and travel insurances to provide international patients with cashless medical services.

The new hospital will contribute to improving the health of both the local and international communities in Bali. Ultimately, MT general hospital will lead Bali to a healthier tomorrow.

# GHQI

ACCREDITATION

Welcomes



## Onco Life Centre

Personalized Oncology. Healing Touch.



as a member and recognizes **Onco Life Centre** embarking towards Clinic Accreditation with ACHS.



### Hospital Accreditation

GHQIA provides hospitals access to the well-established standards of ACHS International, with notable added advantages to the accreditation process.



### Clinic Accreditation

With specialist clinics taking on an increasingly critical role in the patient journey, the accreditation serves as a tool to help clinics communicate their commitment to care excellence.



### The Centre of Excellence

Accreditation is a global first-to-market initiative allowing GHQIA members to undertake accreditation in areas of clinical expertise.





# World-Class Cancer Treatments with Malaysia Healthcare

## Discover World-Class Oncology in a Tropical Haven, Malaysia

Malaysia has earned widespread recognition as one of the top tourism destinations in Southeast Asia, captivating tourists with its fascinating local cuisine, historical and natural wonders, and diverse cultural experiences. Beyond its appeal as a tourist hot spot, Malaysia is also recognised as one of the top-notch destinations for medical tourism in the world, particularly for world-class oncology treatments.

## Globally Acclaimed Cancer Centre of Excellence

Over the years, Malaysia has established a proven track record in palliative care expertise for end-stage cancer, and rehabilitation for cancer survivor. Home to an abundance of world-class hospitals that have garnered global recognition, Malaysia is also gaining international reputation as the Cancer Care Centre of Excellence, ranked third in the Asia-Pacific region in the fight against cancer by The Economist's Economist Intelligence Unit (EIU).

Notably, several of Malaysia's private hospitals have earned prestigious rankings, including recognition as top hospitals for various treatments, particularly oncology, in Newsweek's Best Specialised Hospitals Asia Pacific 2023 survey.

## Highly Accredited Facilities with Comprehensive Oncology Services

Malaysia's capabilities span a comprehensive range

of oncology services, from screenings and preventive measures to complex treatments and post-surgery care. Malaysia is home to 146 medical and clinical oncologists, with 62 oncology sub-specialists under gynaecology, radiation and paediatric, in both the public and private sectors. Furthermore, out of 96 Malaysia Healthcare Travel Council (MHTC) member hospitals, more than 30 member hospitals focus on multiple types of cancer, including breast, lung, nasopharyngeal, colorectal, and lymphoma. These hospitals are accredited by local and international bodies, committed to delivering high-quality healthcare services.

## End-to-end Seamless Healthcare Journey

Beyond medical expertise, Malaysia Healthcare takes pride in providing an end-to-end seamless healthcare journey for healthcare travellers. Upon arrival at the airport, healthcare travellers are welcomed by Malaysia Healthcare's Concierge and Lounge personnel, who provide assistance through immigration clearance, baggage claim, and host them at the lounge until it is time for their next destination.

## Captivating Tropical Healthcare Travel Escape

Capitalising on these strengths, Malaysia Healthcare invites healthcare travellers to embark on a unique journey that combines the best of both worlds — a captivating tropical escape and world-class healthcare, especially in the area of oncology.

**Over the years, Malaysia has established a proven track record in palliative care expertise for end-stage cancer, and rehabilitation for cancer survivor.**

# Congratulations

## MHTC Member Hospitals on the well-deserved recognitions received at the GlobalHealth Asia-Pacific 2023



- MF Service Provider of the Year in Asia-Pacific



- Sports Rehabilitation and Physiotherapy Service Provider of the Year in Asia-Pacific



- ENT Service Provider of the Year in Asia-Pacific



- Obstetrics and Gynaecology Service Provider of the Year in Asia-Pacific



- Customer Care Service Provider of the Year in Asia-Pacific
- Endocrinology Service Provider of the Year in Asia-Pacific
- Gastroenterology Service Provider of the Year in Asia-Pacific
- Hospital of the Year in Malaysia
- Medical Tourism Hospital of the Year in Asia-Pacific
- Neurology Service Provider of the Year in Asia-Pacific
- Prostate Care Service Provider of the Year in Asia-Pacific
- ICU Service Provider of the Year in Asia-Pacific
- Spine Care Service Provider of the Year in Asia-Pacific



- Healthcare Group of the Year in Asia-Pacific



- Cardiology Service Provider of the Year in Asia-Pacific
- Emergency Care Service Provider of the Year in Asia-Pacific
- Diabetes Service Provider of the Year in Asia-Pacific
- Most Innovative Hospital of the Year in Asia-Pacific
- Paediatric Cardiology Service Provider of the Year in Asia-Pacific



- Diagnostic Imaging Centre of the Year in Asia-Pacific
- Health Screening Service Provider of the Year in Asia-Pacific
- Smart Hospital of the Year in Asia-Pacific
- Value Based Hospital of the Year in Asia-Pacific



- Brain and Spine Service Provider of the Year in Asia-Pacific



- Women's Health & Wellness Service Provider of the Year in Asia-Pacific
- New Hospital of the Year in Asia-Pacific



- Most Sustainable Healthcare Institution of the Year in Asia-Pacific



- Oncology (Medical) Service Provider of the Year in Asia-Pacific



- Paediatric Service Provider of the Year in Asia-Pacific



- Medical Tourism Hospital of the Year in Asia-Pacific



- Cancer Centre of the Year in Asia-Pacific
- Comprehensive Hand and Microsurgery Service Provider of the Year in Asia-Pacific
- Heart and Vascular Service Provider of the Year in Asia-Pacific
- Respiratory Medicine Service Provider of the Year in Asia-Pacific
- Robotic Rehabilitation Service Provider of the Year in Asia-Pacific



- Child Development and Paediatric Service Provider of the Year in Asia-Pacific
- Comprehensive Medical and Surgical Specialist Service Provider of the Year in Asia-Pacific



- Nuclear Medicine Service Provider of the Year in Asia-Pacific



- Orthopaedic Service Provider of the Year in Asia-Pacific



- Bariatric Service Provider of the Year in Asia-Pacific



- Advanced Genetics Service Provider of the Year in Asia-Pacific
- Digestive Health Service Provider of the Year in Asia-Pacific
- Interventional Radiology Service Provider of the Year in Asia-Pacific
- Multi Disciplinary Oncology Service Provider of the Year in Asia-Pacific
- Paediatric Oncology Service Provider of the Year in Asia-Pacific
- Standout Jury Award - Hospital of the Year in Asia-Pacific



- Advanced Paediatrics Service Provider of the Year in Asia-Pacific
- Specialist Hospital of the Year in Asia-Pacific
- Women & Children Service Provider of the Year in Asia-Pacific



- Fertility Service Provider of the Year in Asia-Pacific

#experienceMalaysiaHealthcare

# It's best to seek care in accredited clinics and medical centres

*It's a strong sign the highest standards of care are being followed, such as through the new GlobalHealth Quality and Innovation Accreditation*



**The best way is to look for a quality hallmark that assures them their choice healthcare provider has instituted processes, procedures, and standards that meet the following criteria and are constantly monitored for improvement.**

Choosing the right doctor and hospital can often be a tough call for patients as they struggle with questions of safety, cost, and expertise.

One simple thing to look for is the type of healthcare accreditation your doctor or hospital has. This is a key parameter that can reassure people they're going in the right direction.

Luckily in Asia, we have a number of quality improvement consultation and accreditation services that set the standards for specialist clinics in the region, providing a rigorous framework that guides the delivery of safe, high-quality, and innovative healthcare.

Driven by high rates of economic and population growth, healthcare demand in Asia has been soaring, with many new providers springing up throughout the region to cater to the surging number of patients. As a result of this growth, increased oversight of clinical practices will become a top priority, especially at a juncture when digitised medicine and new technologies are transforming the patient experience and informed patients are now having more say in their

treatment options.

When choosing a healthcare provider, patients are no doubt looking for the best and most trusted. But how do they know if a hospital or specialist clinic deserves their confidence?

The best way is to look for a quality hallmark that assures them their choice healthcare provider has instituted processes, procedures, and standards that meet the following criteria and are constantly monitored for improvement:

- **Meet quality and safety standards:** The provider's service conforms to global standards, best practices, and local regulatory requirements.
- **Responsible staff:** The provider's staff are accountable for the patient's safety and care.
- **Appropriate care:** The provider will respond to the patient's needs with appropriate care to ensure the best possible outcome.
- **Patient collaboration:** The provider will keep the patient informed and involved in their healthcare planning.

- **Data security and privacy:** The patient's healthcare data is secure, and patient privacy is maintained.
- **Patient safety:** The provider places utmost priority on minimising errors and overall patient safety.
- **Safe and effective medication:** Prescribed medication is within guidelines. There is no over- or under-treatment.

With these criteria as a guide, accreditation then can cement trust in medical institutions by facilitating the following goals:

#### Improve patient outcomes

- Strive for error-free healthcare operations with accreditation. It's not just about following processes and meeting standards. It's also about self-examination and continuous improvement.
- Gain access to expert consultation and independent assessments in setting up better structures, implementing standard operating procedures, and streamlining processes, allowing the clinic to minimise variability, mitigate risk, and reduce overall costs.
- These efficiencies translate to greater patient engagement, better treatment, and improved outcomes, strengthening the community's trust in healthcare providers.

#### Innovate for the future

- In today's intelligence age, falling behind in technology adoption can be unforgiving. Accreditation helps members keep up with the transformation of healthcare delivery. Through clear advice and guidance, accreditation inspires and supports efforts to innovate.

#### Having a competent team and confident leadership

- Empowers to improve care delivery. With every employee aligned with the standards, it can boost teamwork, communication, and productivity.
- Staff will take pride in knowing that the organisation is working according to international best practices.

#### Access to resources and expert network

- Steers the practice in the right direction by examining itself against established global standards within an identified clinical specialty. Helps a clinic identify areas of improvement and monitor its progress.
- Benefit from discussions with advanced industry experts and tap into a broader expert network, sharing best practices and forging collaborations with fellow providers.

#### Strengthen recognition and reputation

- Healthcare accreditation helps the clinic communicate information focused on patient safety, quality of care, and commitment to continuous innovations.
- Strengthen the community's trust in providers.



#### A new accreditation player for healthcare providers in Asia

*Global Health Asia-Pacific* has recently launched a parent company that will help medical institutions improve their standards of care by providing quality improvement consultation and accreditation services.

Named GlobalHealth Quality and Innovation Accreditation (GHQIA), the new company is a licensed partner of Australia Council on Healthcare Standards (ACHS) International and aims to set the standards for healthcare institutions in Asia by providing a rigorous framework to guide the delivery of safe, high-quality, and innovative healthcare in the region.

The company offers hospitals access to the well-established standards of ACHS International and assigns a local partner to offer localised feedback and guidance as well as the option to conduct regular mock assessments of procedures to gear up for the actual audit.

Specialist clinics can benefit from the accreditation programme by tapping into the vast GHQIA member network, a platform that facilitates knowledge and best practices sharing among providers in the region, potentially paving the way for win-win collaborations.

The company also provides accreditation services for centres of excellence, giving providers the chance to get recognised for care quality in niche areas of medicine. GHQIA will apply the ACHS International standards in a focused manner, conducting a deep-dive assessment of the organisation on those selected fronts.



GlobalHealth  
Quality and  
Innovation  
Accreditation  
(GHQIA)



ACHS International  
Accreditation

# LEADER IN AESTHETIC BREAST SURGERY OF THE YEAR IN ASIA-PACIFIC

## SLC HOSPITAL

SLC Hospital stands as a pioneer in the field, being awarded the prestigious “Leader in Breast Surgery of the Year in Asia-Pacific.” This accolade guarantees the success of elevating Thai plastic surgery to international standards. Not only do we strive for continuous improvement in quality and service, but we also focus on the development of new technologies and innovations.

Our expertise in breast augmentation has gained remarkable recognition and trust from both local and international patients. Furthermore, SLC Hospital firmly stands with a clear vision: to relentlessly pursue development, maintain excellent standards, and elevate our services to meet global benchmarks. We possess comprehensive expertise in all aspects, including the refinement of surgical techniques for optimal results, instilling confidence in our clients, whether it be through cosmetic breast augmentation or the treatment of abnormalities to enhance quality of life.

The success is further exemplified by the award as the Top Medical Mesh’s User Award in 2021, which was given by Keyman International Channel Limited to recognise us as the leading medical institution specializing in breast surgery in Thailand. This award reinforces our commitment to being the true experts in breast augmentation.

The Signature Mesh is a synthetic mesh made from Polypropylene coated with titanium and possesses properties that provide excellent weight support



Dr Kris Anantakool, Dr Thirachai Warunyooratana, Dr Sivata Luanraksa & Dr Kampanart Tangamatakul

without adverse reactions to the body. Primarily utilized in breast cancer patients undergoing reconstructive surgery, the mesh aids in the creation of new breasts. It provides support to the silicone implant, allowing it to be positioned appropriately. Surgeons at SLC Hospital pioneered the application of medical mesh in breast lift surgery using the Secret Lock™ technique. This technique addresses issues such as sagging, asymmetry, implant migration, wrinkling, and postoperative breast deformities.

SLC Hospital offers a wide range of surgeries, in addition to the aforementioned procedure. Among these sought-after procedures are breast augmentation, buttocks augmentation, Sexy line surgery, Six pack surgery, Victorian waist surgery™, and Diamond shape™, etc. However, it is imperative to underscore the pivotal

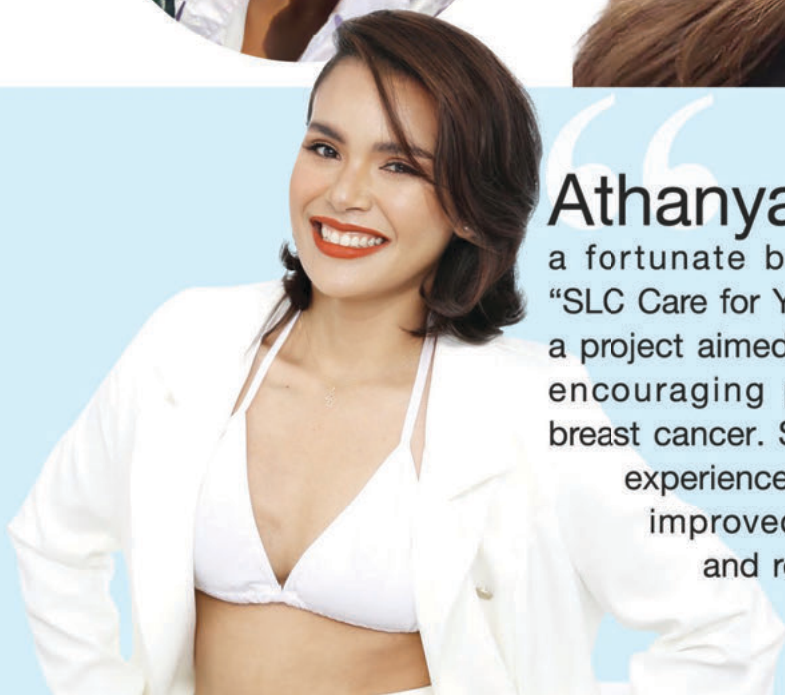
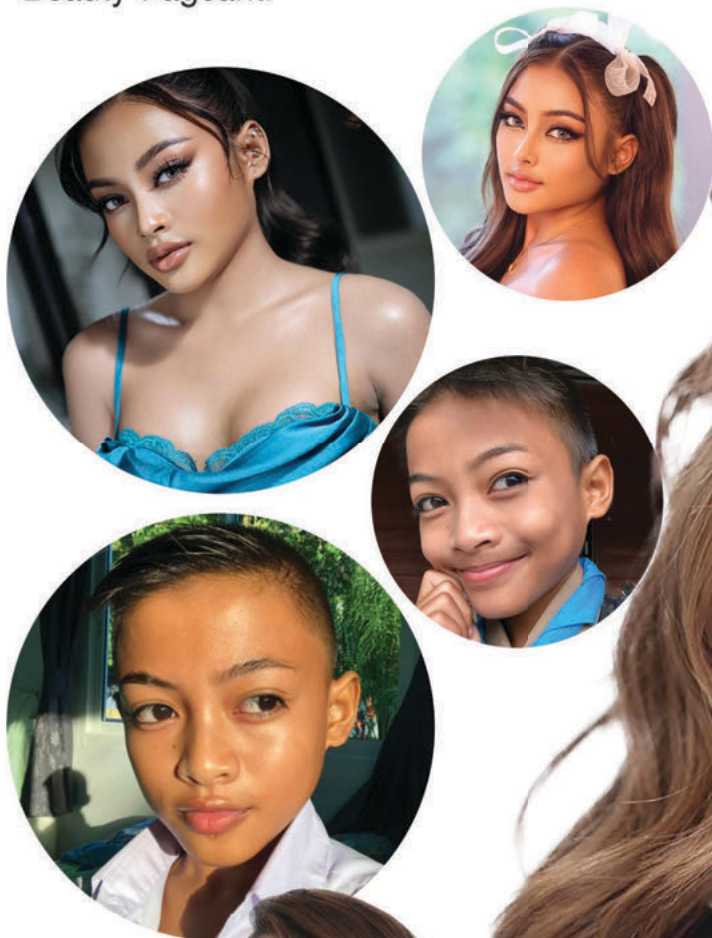
role that highly skilled plastic surgeons assume in delivering optimal results with utmost safety. In this regard, SLC Hospital boasts a comprehensive solution, combining the expertise of proficient plastic and reconstructive surgeons, state-of-the-art technology, and a dedicated team of professionals.

The acknowledgement bestowed upon SLC Hospital by Global Health Asia-Pacific represents a profound honor and serves as a catalyst to further elevate our commitment to excellence in patient care. In recognition of this accolade, SLC Hospital firmly pledges to continually enhance our standards by investing in state-of-the-art medical equipment, fostering groundbreaking innovations, and implementing cutting-edge medical technologies, all aimed at delivering the utmost quality of care to our valued patients.



## Nesty Spicy,

Thai famous influencer and celebrity who achieved success at the age of 12, made a decision to transform herself through breast augmentation and rhinoplasty in order to pursue her dream of competing in the Miss Tiffany Beauty Pageant.



## Athanya Thonginpun,

a fortunate beneficiary of the “SLC Care for Your Breast Cancer”, a project aimed at supporting and encouraging patients battling breast cancer. Since then, she has experienced a fresh start, with improved mental well-being, and regained self-assurance.



# LEADER IN COSMETIC AND PLASTIC SURGERY OF THE YEAR IN ASIA-PACIFIC

## SLC HOSPITAL

### SLC Hospital Wins 2 Outstanding Achievement Awards

Once again, the pinnacle of success has been achieved as SLC Hospital has received consecutive awards for the second year at the GlobalHealth Asia-Pacific Healthcare & Hospital Awards 2023. Those who led the team were Dr Thirachai Warunyooratana (Chief Medical Officer), Dr Siwat Luanraksa (Medical Director), Dr Kampanart Tangamatakul (Plastic and Reconstructive Surgeon), and Dr Kris Anatakool. These representatives of SLC Hospital proudly accepted the prestigious accolade of “Leader in Cosmetic and Plastic Surgery of the Year in Asia-Pacific.”

The impact of these awards carries significant weight as it exemplifies the unwavering commitment and dedication of the medical team at SLC Hospital in elevating the standard of Thai surgery to an international level. With a remarkable track record of over 18 years in the cosmetic and aesthetic industry, SLC Hospital has pioneered a distinctive technique that has garnered global recognition.

SLC Hospital, a renowned boutique hospital in Bangkok, Thailand, offers an exceptional and personalized experience for individuals seeking plastic and cosmetic surgery. With the growing demand for these procedures, it's unfortunate that the number of unsatisfied patients receiving treatments from unverified clinics and hospitals has increased. However, at SLC Hospital, customer safety and satisfaction are of utmost importance. Our hospital is certified



Dr Siwat Luanraksa

by the Ministry of Health, and all surgeries are performed by highly qualified and board-certified plastic surgeons, supported by experienced anesthesiologists, registered nurses, and a professional staff. Choosing SLC Hospital guarantees patients the highest medical standards and services providing peace of mind throughout their journey.

SLC Hospital offers full-service cosmetic and plastic surgery procedures. Every surgical procedure is tailored to enhance natural beauty and to help patients feel more confident and be their best self. In doing so, SLC has always been alert and ready to lead the beauty trends by creating signature techniques that have become viral across continents such as Foxy Eyes Original™, Black Swan Eyes Surgery™,

Total 3D Facelift™, and Victorian Waist Surgery™, etc. And this is the forte of SLC which makes SLC Hospital stand out from other hospitals.

Lastly, SLC Hospital's enduring success stands as a testament to the irrefutable fact that true achievements are not attained through shortcuts, but rather through unwavering dedication and relentless effort. The accolades bestowed upon SLC by Global Health Asia-Pacific signify yet another remarkable milestone in the hospital's journey, affirming the excellence of Thai surgery on the international stage. Thus, our unwavering commitment remains resolute in delivering the highest level of care and achieving excellence in the field of cosmetic and plastic surgery.

An 18-year-old girl, suffered a nasal deformity due to a childhood accident, which resulted in facial irregularities and a lack of self-confidence in leading her life. Finally, she made the decision to undergo life-changing experience to enhance her nose, aiming to eradicate the emotional burden imposed by societal judgment and embrace a renewed existence.



Having once possessed an enviable figure that succumbed to the physical toll of motherhood, struggling through various methods to regain her former physique to no avail, she stumbled upon the popular surgical procedure at SLC Hospital known as **Mommy Makeover**.

This transformative surgery, specifically tailored for postpartum mothers, offered a new lease on life. Let it be known that the results following the procedure surpassed all expectations, leaving her with a more toned figure than ever before.



SLC  
HOSPITAL



Creating a stir in the field of facial reconstruction, the captivating surgery garnered over 1.7 million views. Former renowned actress **K.Kwanpirom Lin, now 55 years old**, underwent a transformative surgical procedure that encompassed a comprehensive facial makeover consisting of more than seven aspects. This innovative approach aimed to restore youthfulness and instill confidence from every perspective, employing cutting-edge wound healing techniques to achieve seamless beauty, imperceptible to the discerning eye.



**Elsa**, Kodchakorn Kortrakoon, a courageous young woman driven by her powerful passion, aspired to achieve national-level beauty recognition. Consequently, she made the bold decision to undergo a complete body transformation to boost her self-assurance. Ultimately, her determination paid off as she secured a spot in the Top 10 of Miss Grand Thailand 2023, marking a remarkable triumph.

# REGENERATIVE CLINIC OF THE YEAR IN ASIA-PACIFIC AND INTEGRATED HEALTHCARE CLINIC OF THE YEAR IN ASIA-PACIFIC

## AS CLINIC

### Dr Shorubben Chinetamby

Dr Shorubben is a medical practitioner with years of experience in Cellular, Regenerative & Preventive Medicine. He obtained his medical degree from The Crimea State Medical University, Ukraine and has dedicated his time and efforts to the field of Regenerative Medicine for almost 10 years.

In 2021, he co founded AS Clinics & Lifestyle Centers, a hybrid concept comprising medical, aesthetics and wellness segments. Dr Rubben has treated many patients from all over the world, using personalized and carefully curated treatment protocols, mainly focusing on Regenerative and Cellular Medicine. His belief is that no two people are alike when it comes to health, hence any treatment provided should be customized to suit their personal requirements.

In 2022, Dr Rubben also founded Cell 101 International, a cellular biotechnology company that focuses on the research, development and application of cellular products. He garnered some of the most prominent and experienced professionals in this industry, and has ensured tremendous growth within the last year. Currently, he is focused on steering Cell 101 towards gaining international recognition in the medical & scientific fields.

With a deep passion in solving complex problems, Dr Rubben has dedicated his time and effort in seeking for optimal solutions to overcome health related problems that are constantly evolving in today's new world. He believes that the healthcare industry has ample space to improve,



Adrienne Song and Dr Rubben

and hopes to be a pivotal part in the enhancement and optimization of healthcare, globally.

### Ms Adrienne Song

Founded in 2021, by Ms Adrienne Song and Dr Shorubben Chinatamy, the AS Clinics & Lifestyle Centers is a group of hybrid healthcare centers that focuses on regenerative and integrative healthcare solutions. With 2 branches in Malaysia currently, one in Bangsar, Kuala Lumpur and another in Penang, AS Clinics & Lifestyle Centers has strived to provide the best & most effective treatment programmes for our customers.

Our team now comprises more than 10 doctors, from different specialties, and we have also forged good working relationships with many medical institutes to ensure optimal therapies can be provided for specific health problems. Currently, we are also building international working

relationships, and would like to emphasize more on medical tourism.

Together with our sibling company, Cell 101 International, which hosts advanced medical grade laboratories and educational facilities, AS Clinics & Lifestyle Centers is able to provide the ultimate Regenerative & Cellular treatment programmes, like none other. Our resources enable us to fulfill the highest safety protocols with the most effective treatment plans, making us a one-stop center of excellence for regenerative treatments.

As a hybrid medical service provider, AS Clinics & Lifestyle Centers offers medical screening and health evaluation to identify any potential health risks, issues, and conditions so that appropriate interventions, treatments, and therapies can be initiated. It also provides regenerative treatments to repair or regenerate damaged or diseased tissues and organs (using stem cells and growth factors), and individualized weight loss programmes to meet the specific needs and goals of each person. Male patients can benefit from men's health treatment, same goes for women's health and therapies to improve their quality of life, reduce symptoms, and prevent serious health complications. Aesthetic treatments and therapies are also offered after a detailed and careful understanding of individual needs that will improve not only your appearance but also your self-confidence and lifestyle. We are constantly improving and enhancing our services, and aim to set the benchmark for Regenerative & Integrative Medicine internationally.



We are here  
with you  
**every step**  
of the way..



Musculoskeletal



Neuro Rehab



Paediatrics  
Rehab



Cardiorespiratory



Women's Health



Vestibular  
Rehab

### Why Pantai Integrated Rehab ?

- 22 years of care
- Competent and experienced Physiotherapist
- Evidence-based Practice
- Multi-disciplinary approach
- Client-centred care & personalised care
- Cutting edge technology, state-of-the-art rehabilitation equipment and facilities

## About Us

**Pantai Integrated Rehab** with slogan of "...a step to better health", has a chain of Physiotherapy Centres operating at IHH Malaysia Hospitals, while embarking into providing Rehabilitation & Physiotherapy services beyond hospital boundaries, through setting up stand-alone rehabilitation centres (and more to come)



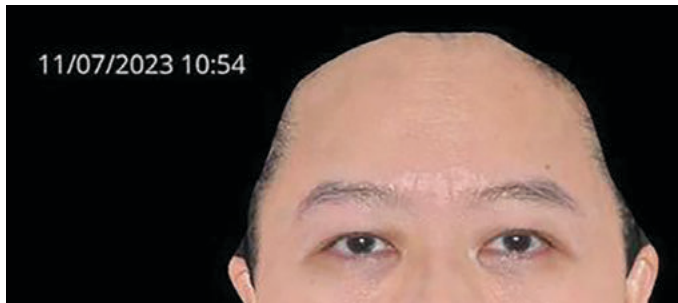
Pantai Integrated Rehab



+6017 770 8969

For any inquiries or  
appointment booking

# Upper Facial Lines: The Dynamic Versus Static Lines



**T**he external signs of aging vary widely among individuals. Major determinants of facial aging are genetics, smoking, sun exposure and muscle activity. As the skin ages and the support of the underlying structures is lost, more wrinkles and folds will develop. The orientation and depth of these folds and lines are greatly influenced by underlying muscle activity. Both fixed structures and the slowly changing structures together contribute to the physical features of an individual. With aging, upper facial lines appear and develop progressively. These result in part from repeated contracture of underlying musculature and are among the most visible signs of aging.

Contraction of facial muscles causes facial movement and also creates transient wrinkles and furrows perpendicular to the direction of muscle contraction. When facial lines form only with muscle contraction, they are called dynamic facial lines. Frequent formation of dynamic facial lines can lead to the creation of facial lines even without muscle contraction, or static facial lines.

The interpretation of facial expressions is an integral component of interpersonal communication. It is primarily universal and constant across time and cultures. An individual with the brows depressed, furrows between the brows, lines on the forehead and a downward turning mouth is universally interpreted to be angry or displeased. However, when these lines become permanent, their presence in the face at repose incorrectly signals an emotion that is not felt. These facial miscues create a mismatch between an individual's emotion and the societal interpretation of the implied facial expression, which can lead to miscommunication. For individuals with facial lines that transmit facial miscues, the inability to convey accurately their emotions with their facial expression may be equally frustrating. For example, an ingrained glabellar crease alone on the face may incorrectly be interpreted as signalling anger, anxiety or irritation. For some individuals, the negative impact of their facial

lines will drive them to seek treatment, frequently with minimally invasive procedures. In my practice, I often find this to be a common motivation for patients dropping in for a visit.

Treatment of the upper face lines are very individualised and there is no one single rule or code that fits everyone. Personalised assessment of the experienced eyes on the muscle bulk and hyperactivity, positioning of the transverse forehead lines height from the orbital rim and its depth, eyebrow height and positioning, upper eyelid droop, double eyelid positioning, downward turn of the lateral canthus and the association of the muscle activity with the formation of the lines are of paramount importance when it comes to treating upper face lines.

Use of neuromodulator injections continue to be the most popular procedure mainly for the dynamic lines however when it comes to the management of the static lines with dermal fillers in the forehead region which is always perceived as dangerous zone in view of vascular occlusion incidences, choosing the right product and staying in the safe depth of the skin determines the outcome of the results. In Figure 1, this very expressive beautiful lady was treated with Xeomin® (incobotulinum toxin A) and Belotero® Soft (hyaluronic acid dermal filler) by Merz Aesthetics (Vanguard Aesthetics) and the results achieved were two (2) weeks post procedure.



**Dr Usha Hoh is the CEO, Senior Medical Director of MX Clinic and APAC Trainer & International Speaker for Merz Aesthetics in Malaysia.**



96

MHTC  
Members

22 ELITE  
members

61 ORDINARY  
members

13 AFFILIATE  
members

MHTC Elite Members



MHTC Ordinary Members

- ALPS Medical Centre
- ALTY Orthopaedic Hospital
- Artius Dental Specialist Center
- Aurelius Hospital Nilai
- Avisena Specialist Hospital
- Avisena Women's & Children's Specialist Hospital
- Bagan Specialist Centre
- Beacon Hospital
- Borneo Medical Centre
- Borneo Medical Centre (Miri)
- Bukit Tinggi Medical Centre
- Columbia Asia Hospital - Bukit Rimau
- Columbia Asia Hospital - Iskandar Puteri
- Columbia Asia Hospital - Petaling Jaya
- Damansara Specialist Hospital 2
- Ever Link Fertility Centre
- Gleneagles Hospital Kota Kinabalu
- Gleneagles Hospital Medini
- Golden Horses Health Sanctuary
- Hospital Pusrawi
- International Specialist Eye Centre (ISEC)
- Jesselton Medical Centre
- KL Fertility Centre
- KPJ Klang Specialist Hospital
- KPJ Miri Specialist Hospital
- KPJ Pasir Gudang Specialist Hospital
- KPJ Perlis Specialist Hospital
- KPJ Pusat Pakar Mata Centre for Sight
- KPJ Puteri Specialist Hospital
- KPJ Sabah Specialist Hospital
- KPJ Sentosa KL Specialist Hospital
- KPJ Seremban Specialist Hospital
- KPJ Pahang Specialist Hospital
- KPJ Penang Specialist Hospital
- KPJ Perdana Specialist Hospital
- Life Care Diagnostic Medical Centre
- Metro IVF Fertility Centre
- Metro IVF @ Setiawalk
- MSU Medical Centre
- National Sports Medicine Centre (PPSN)
- Normah Medical Specialist Centre
- OasisEye Specialists
- Optimax Eye Specialist Centre
- Oriental Melaka Straits Medical Centre
- Pantai Hospital Ayer Keroh
- Pantai Hospital Penang
- Pristine Dental Centre
- Putra Specialist Hospital (Melaka)
- ReGen Rehab Hospital
- SabahCare Fertility Centre
- Sri Kota Specialist Medical Centre
- Sophea Fertility Centre
- Sunway Medical Centre Velocity
- Tawakkal Health Centre
- The Tun Hussein Onn National Eye Hospital (THONEH)
- TMC Fertility & Women's Specialist Centre (HQ)
- Topvision Eye Specialist Centre
- Tung Shin Hospital
- UCSI Hospital
- UKM Specialist Centre
- UM Specialist Centre (UMSC)

MHTC Affiliate Members

- Bringthere Global Holdings Sdn Bhd
- GC Butler Travel & Events Sdn Bhd
- GOTZ Travel & Tours Sdn Bhd
- IMM Carehub
- International SOS
- Mayflower-My 2nd Home (Mm2h) Sdn Bhd
- Mount Trusmadi Travel & Tours Sdn Bhd
- Overseas Living (MM2H) Sdn Bhd
- PERKESO Rehabilitation Centre
- Resorts World Tours Sdn Bhd
- TRAINEE
- Travelvago Sdn Bhd
- WP Travel Sdn Bhd

The information above is correct as of August 2023.

For the full list of MHTC Members and for more details, visit [www.mhtc.org.my/healthcare-providers](http://www.mhtc.org.my/healthcare-providers)